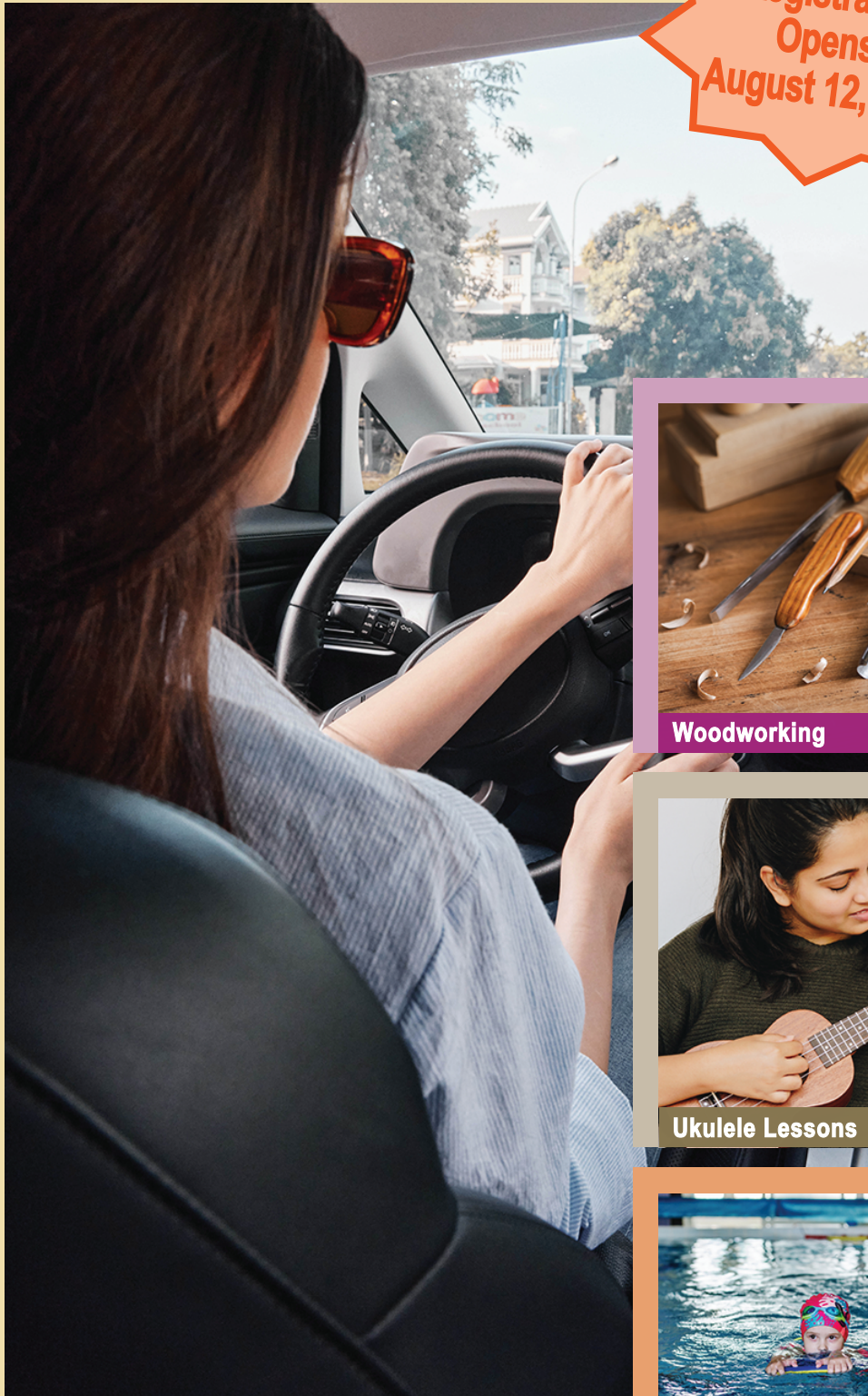


Fall 2026

Registration
Opens:
August 12, 2026



Woodworking



Ukulele Lessons



Swim Lessons

Driver Ed.

Happy Learning!

rhnet.org/ceregister
585-359-7805

COMMUNITY PROGRAMS
at Rush-Henrietta

What you'll find inside

Aquatics: Swim Lessons, Family Open Swim.....	6-7
Business & Career.....	10
CPR.....	14
Crafts	4
Cub Care Zone, Even Start.....	11
Culinary Delights	3
Driving/Driver Education (DTSE).....	12-13
Fine Arts	3
Health & Wellness, Physically Fit	8,9
Hobbies	5
Home & Garden.....	5
Languages	11
Money Matters	10
Music & Dance	9
Sewing	5
Sports.....	8
You & Your Family.....	11

Welcome

R-H Continuing Education is excited offer a variety of traditional in-person courses. We look forward to seeing you in class this fall. Sign up today!

Bonnie Coddington
Coordinator, Community Programs

Happy Learning!

Refund Policy

Community Programs Courses:

If we cancel a course for any reason, you will receive a full refund for that course.

If you need to withdraw from a course, please notify us at 359-7805.

- If you notify us at least one full week prior to the course start date, your entire course cost will be refunded.
- Notification received less than one full week prior to the course start date will be subject to a \$10 processing fee.
- If you notify us on or after a course start date, a refund will not be issued for that course.
- Refunds for supply fees will be issued based on whether course supplies were purchased before you withdrew.

Cub Care Zone:

- With the required two week notice, and after the last day of attendance is confirmed, you will receive a refund for paid services less a \$20 processing fee.
- There will be no refund given without the required two week notice.
- The \$25 annual registration fee is not refundable.

Refunds take several weeks to process.

Registration Info & Options

Register Online and Pay with



Registration begins online at rhnet.org/ceregister

August 5, 2026, for Fall Driver Ed

August 12, 2026, for Fall Community Programs courses

Registration for 2026-2027 Cub Care Zone now open

Who can register and attend?

Registration is open to district and non-district residents. Minimum age for participants in all courses, unless otherwise noted, is 21 years. Children may not accompany adults unless specified in the course description.

R-H Continuing Education office:

R-H Senior High School, 1799 Lehigh Station Road, 14467

Monday–Friday, Daytime, 9:00 A.M.–3:30 P.M.

Monday-Thursday, Evenings, by phone, 5:30–8:30 P.M.

The office is closed for school holidays; published hours may change at any time due to school events.

Online Registration at ... rhnet.org/ceregister

Call 585-359-7805

Mail checks, payable to R-H Schools, to the R-H Community Programs office

SCBC

- Rush-Henrietta District residents aged 65 and older are entitled to a *Senior Citizen Benefit Card* (SCBC). Holders of this card may receive a discount on the cost of many courses offered by Continuing Education. To obtain a card, present proof of age and residency to the receptionist at the R-H Administration Building, 2034 Lehigh Station Road.
- Senior Citizens with an SCBC: call the Community Programs office before first time registering online.
- Non-resident senior citizens pay the full registration cost shown in the brochure.
- All senior citizens are responsible for full textbook and supply fees.

Fine Arts

Pencil Drawing Beginning-Advanced

Darlene J. Zoricak

Beginners, learn to shade and contour, draw still-life, make objects appear to be three-dimensional; also learn proper techniques to draw the human face, the human form, and one- and two-point perspectives. Discover different types of pencils and the techniques to use them. Advanced students may choose to use: pastels, pencil, colored pencil, or pen and ink. Receive individual instruction throughout the course. Bring your drawing supplies* to the first night.

8 Wednesdays Starts 9/16 7:00–9:00 P.M.
R-H Sr. High, Room B-118 Cost: \$129
FA431 SCBC Cost: \$115

Oil or Acrylic Painting

Darlene J. Zoricak

Choose your medium! Whether you've been painting on your own or never put a brush to canvas, join us for one-on-one instruction as you work from a photo or picture of your choice. Learn proper brush use and techniques, how to set up your painting, and analyze and mix color. Bring your painting supplies* to the first night. Additional supply fee: \$4.00, payable to the instructor at the first class.

8 Wednesdays Starts 9/16 5:00–7:00 P.M.
R-H Sr. High, Room B-118 Cost: \$129
FA211 SCBC Cost: \$115

Ceramics Intro

Gregory Lawson

Do you enjoy building with your hands? Then this course is for you! In this three-dimensional art course, you will explore clay functions and basic techniques from hand-building to throwing on the wheel. Receive instructor demonstrations as well as one-on-one instruction tailored to your learning needs. You will create a pinch pot, coil pot, slab bowl, and a thrown pot. If time allows, you may complete more pieces for an additional cost for materials. Wear old clothes and/or an apron to class.

8 Thursdays Starts 9/24 6:00–8:00 P.M.
There will be no class held on 10/22
R-H Sr. High, Room B-118 Cost: \$119
FA311 SCBC Cost: \$99
Supply fee due with registration: \$35

Culinary Delights



Wine Making Made Simple

Wines By Design Staff

Looking for a unique way to spend time with family or an evening out with your friends? Then Wines By Design is the perfect place for you! It's easy and fun!

Learn the process of making wine and get a hands-on experience to create your very own wine. The cost includes instruction and materials to make ten bottles of wine per person or per pair. Choose the wine you want to make; then, at each class, take the next step in the process. Make all ten bottles of wine by yourself or sign up and share the experience and product with a friend. You will work together to make the wine base, but wine can be individualized on the final day of class. Create your own labels to further personalize your ten bottles of wine.

In addition to wine making instruction, various discussions and samples of wine pairings will be held, e.g., cheeses, chocolates, and wine sauces.

Minimum age for participants: 21 years.

Course cost is for 1 or 2 adults 21 years of age or older. If a second adult is attending with you, after registering online, please call the Continuing Education office, 359-7805, to inform us of that person's name.

4 Tuesdays 9/15, 10/6, 10/20, 10/27
Wines By Design 6:00–7:00 P.M.
3392 Buffalo Rd, Roch. 14624 Cost: \$119
CD901 SCBC Cost: \$119

4 Wednesdays 9/23, 10/14, 10/28, 11/4
Wines By Design 6:00–7:00 P.M.
3392 Buffalo Rd, Roch. 14624 Cost: \$119
CD902 SCBC Cost: \$119

*Need a course supply list?
Go to rhnet.org/conted

Culinary Delights

Sourdough 101

Kate Snyder



Discover the art and science of sourdough bread making in this hands-on class with Sourdough Mama, Kate Snyder. Whether you are a beginner or experienced baker, this class covers everything you need to know to create delicious, homemade sourdough bread. During this experience, Kate will walk you through the entire process and show you how to feed and maintain a sourdough starter, mix and shape dough through its various stages, and score your loaf for beautiful, professional results. Each participant will start their own dough during the class to take home and bake the next day. All supplies will be provided and yours to keep: proofing basket, cheesecloth, spatula, jar, bread lame, sourdough starter, information packet and loaf of bread. As a bonus-sourdough scones will be provided during a snack break! Bring an apron. For ages 21 and older.

1 Saturday 9/26 10:00 A.M.–12:00 P.M.
R-H Sr. High, Room C-103 Cost: \$75
CD401 SCBC Cost: \$75

**Rush-Henrietta
Central School District**

rhnet.org

The district website is
designed to provide
residents with the most
up-to-date information.

Stop by often!

Crafts

Card Making Workshop

Debra True

Learn basic card making techniques while crafting four greeting cards. Explore design layouts, specialty papers, die cut stamped images, embossing, and embellishments. Bring to class: a pair of scissors and a small liquid craft glue such as Elmer's or Tombow. There is a \$10- supply fee payable, in cash, to the instructor at the class, to cover the cost of other materials.

I Wednesday 9/23 6:00–8:30 P.M.
R-H Sr. High, Room B-119 Cost: \$39
CR01CI SCBC Cost: \$29

Jewelry Date Night:

Chainmaille Bracelet

Arc and Flame



Twist, weave and connect together! In this hands-on chainmaille class, you and a partner will create your own stylish bracelets using the classic European four-in-one weave. Guided step

by step, you'll learn how to link rings with precision and transform them into wearable art, all while enjoying a fun, social, and creative evening. By the end, you'll each have a beautiful bracelet and a shared memory forged in metal. Please note: The course fee includes 1 couple or two students. All safety equipment, tools and materials are included.

I Friday 10/16 6:00–9:00 P.M.
Roc Arc & Flame, 125 Fedex Way Cost: \$150
CR98I SCBC Cost: \$150

The Rush-Henrietta School District does not offer or provide medical insurance for Community Programs participants. Participants are responsible for their own injury protection as well as protection of their personal belongings.

Crafts

Glass Fusing Sampler:

Halloween Ornament

Arc and Flame

Get into the Halloween spirit as you create your own one-of-a-kind fused glass ornaments in this fun and creative sampler class! You'll learn basics of glass fusing as you safely cut, layer, and design colorful glass into festive Halloween decorations perfect for your home, tree, or seasonal display. With plenty of colors, shapes, and spooky embellishments to choose from, you'll bring your imagination to life while discovering the magic of transforming glass into art. Please note: Because glass must anneal to avoid damage, projects will be ready for pickup within 2 weeks after the class. All safety equipment, materials, and tools are provided.

I Saturday 10/10 9:00 A.M.–12:00 P.M.
Roc Arc & Flame 125 Fedex Way Cost: \$89
CR92HI SCBC Cost: \$89



Family Glass Fusing:

Name/Number Plate

Arc and Flame

Bring the whole family out for a memorable event, learning how to make your own glass art! Using colorful sheet glass, noodles, pebbles and frit, participants will learn how to cut and arrange flat glass. Family members will work together to create their own design which will then be fired in a kiln. This rewarding and fun experience is great for both beginning and experienced artists! No experience is necessary. Please note: Because glass pieces must anneal to avoid damage, projects will be ready for pickup within 2 weeks after the class. All safety equipment, materials, and tools are included. Course cost covers up to four family members ages 5+. Children must be accompanied by an adult.

I Sunday 9/13 9:00 A.M.–12:00 P.M.
Roc Arc & Flame 125 Fedex Way Cost: \$225
CR92BFI SCBC Cost: \$225

Crafts



Glass Flameworking Sampler

Arc and Flame

Discover the magic of molten glass in the Rochester Arc + Flame Center's exciting flameworking sampler! Using a torch and borosilicate glass rods, you'll learn the basics of shaping, melting, and controlling glass in the flame. With guided instruction, you'll create up to three unique pieces - including teardrops & leaves- while exploring a wide variety of vibrant hues. It's a hands-on, mesmerizing experience perfect for beginners or anyone ready to spark their creativity. Please note: to ensure your glass pieces anneal properly, projects will be ready for pickup within one week after the class to avoid damage. All safety equipment, tools and materials are included.

I Friday 9/18 6:00–9:00 P.M.
Roc Arc & Flame 125 Fedex Way Cost: \$89
CR92FSI SCBC Cost: \$89

Glass Flameworking Specialty Sampler:

Pumpkins

Arc and Flame

Celebrate the season with fire and glass in this fun, hands-on flameworking specialty sampler at the Rochester Arc + Flame Center! Using molten glass and vibrant autumn colors, you'll learn the fundamentals of shaping and sculpting while creating your own charming glass pumpkins. Along the way, you'll discover how to control the flame, gather and shape hot glass, add realistic details, and safely use flameworking tools. Whether you're looking for a festive fall activity or a unique handmade decoration, this class is the perfect way to experience the magic of glass art. Please note: Because glass pieces must anneal to avoid damage, projects will be ready for pickup within one week after the class. All safety equipment, materials, and tools are included.

I Saturday 10/3 9:00 A.M.–1:00 P.M.
Roc Arc & Flame 125 Fedex Way Cost: \$119
CR92BI SCBC Cost: \$119



Home & Garden

Furniture Refinishing & Chair Caning

Mary Holleran

Give new life to an old piece of furniture that's been gathering dust in the attic: restore it, refinish it, or just clean it up. Minor repairs and re-gluing are possible.

Bring your small-to medium-sized family heirloom and your supplies* to class each night. Due to ventilation limitations, you must use recommended non-toxic products. Chair Caning prerequisite: at least two previous basic caning courses or equivalent experience and knowledge.

6 Tuesdays Starts 9/29 6:30–9:00 P.M.
Roth Jr. High, Room 420 Cost: \$115
HG101 SCBC Cost: \$95



Sewing

Learn To Sew

For The Absolute Beginner

Shawnice Powell

Discover the perfect introduction to sewing with this comprehensive beginner course. Ideal for aspiring creators, you'll master the essentials needed to sew custom clothing, craft unique accessories, or expertly mend garments. Gain confidence with hands-on experience using provided sewing machines and materials, ensuring you're equipped to tackle your sewing projects effortlessly. Note: you will complete two projects. Supply fee \$20 cash at the first class.

4 Mondays Starts 9/14 5:30–8:00 P.M.
R-H Sr. High, Room C-103 Cost: \$195
NS031 SCBC Cost: \$179

Online registration
for Continuing Education
courses begins on
August 12, 2026

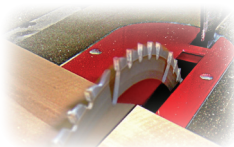
Hobbies

Woodworking Beginning

Gene McGinnis

Knowledge of equipment and safety are essential when using woodworking machines. Participants will be taught how to safely use the equipment, and then work on 2-3 projects. Participants will work increasingly independently as the course proceeds. Supply fee: \$45, payable to the instructor at the second class.

8 Tuesdays Starts 9/22 6:30–9:30 P.M.
R-H Sr. High, Room B-104 Cost: \$175
HB201 SCBC Cost: \$150



Woodworking Advanced

Hiram Lyon

Become more proficient with your woodworking skills. The instructor will approve a project of your choice and then guide you through your planning and construction stages. Learn woodworking problem-solving techniques. If you have a project in mind, bring the plans and materials to the first class. You are responsible for the cost of all materials. Safety guidelines will be reviewed the first night of class. Prerequisite: at least one *Woodworking Beginning* course.

8 Thursdays Starts 9/10 6:30–9:30 P.M.
There will be no class 9/17, 10/15
Sr. High, Room B-104 Cost: \$175
HB221 SCBC Cost: \$150

Intro to Hand Tools:

Planes & Chisels

Hiram Lyon

Increase precision and speed up your build time by using hand tools. You will learn things to look for when choosing chisels and hand planes. Learn how to sharpen to a razor edge using various sharpening methods. Finally, you will see how to use sharp chisels and planes to produce silky smooth surfaces and tight-fitting joints. Participants are encouraged to bring their own chisels and planes to sharpen or can practice on ones provided by the instructor.

2 Saturdays 9/26 & 10/3 9:00 A.M.–12:00 P.M.
Sr. High, Room B-104 Cost: \$59
HB231 SCBC Cost: \$45



Hobbies



Bowl Turning Beyond The Basics

Hiram Lyon

Each of your classes will begin with demonstrations followed by time to work on your individual projects. Topics will include: chucking systems, the use of tools not used for the basic course, sanding techniques, as well as bowl finish and decoration. Materials for the class will be provided; you will need to purchase materials for your projects after that. Prerequisite: at least one Bowl Turning course.

8 Mondays Starts 9/14 6:30–9:30 P.M.
There will be no class held on 10/12, 10/19,
11/16, 11/23
R-H Sr. High, Room B-104 Cost: \$175
HB2431 SCBC Cost: \$150

Welded Metal Sculpture

Date Night

Arc and Flame

Get creative with metal in this unforgettable workshop for two! Working side by side, you'll learn the basics of MIG welding and plasma cutting as you transform a premade silhouette into a custom metal sculpture using an assortment of scrap pieces and hardware. Choose from designs like a heart, pumpkin, or football, then follow along with demos and guided hands-on practice to craft a one-of-a-kind keepsake for your home or garden. Whether it's your first time welding or you're adding to your skills, this experience promises a fun, collaborative night you'll remember. Please note: the course fee includes 1 couple or two students. All safety equipment, tools, & materials are included.

1 Saturday 10/24 6:00–10:00 P.M.
Roc Arc & Flame, 125 Fedex Way Cost: \$225
HB31D1 SCBC Cost: \$225

Aquatics American Red Cross Group & Individual Swim Lessons

Parent & Child Aquatics

Baby & Toddlers

Children 6 months to 3 years of age, accompanied in the water by a parent or guardian, will learn to: enter and exit the water safely, submerge face, blow bubbles with mouth and nose submerged, float and glide on front and back with assistance, bob in the water, and change body position. Basic water safety topics will be covered.

8 Mondays 6:50–7:20 P.M. Starts 9/14
SW831 Cost: \$135

8 Wednesdays 6:15–6:45 P.M. Starts 9/16
SW832 Cost: \$135



Preschool Aquatics

Level 1-2 with Parent

Children 4–5 years of age, accompanied in the water by a parent or guardian, will improve their water adjustment and learn to: enter and exit water using ladder; submerge mouth, nose and eyes; blow bubbles through mouth and nose; tread water with arm and hand actions; use arm and leg actions on front and back; and recover from a float to a vertical position.

8 Mondays 6:15–6:45 P.M. Starts 9/14
SW911 Cost: \$135

8 Wednesdays 6:50–7:20 P.M. Starts 9/16
SW912 Cost: \$135

To eliminate locker room congestion, please come dressed in your swim attire; after the swim lesson, the locker room may be used to change into street clothing.

**Online registration
for all swim lessons
begins 12:01 A.M.
August 12, 2026**

Preschool Aquatics Level 3

Children 4–6 years of age, will learn to: enter water by jumping in; fully submerge and hold breath; bob in water; float jellyfish style and tuck style; change direction of travel while swimming; combine arm and leg actions on front and back; and tread water.

8 Mondays 6:15–6:45 P.M. Starts 9/14
SW931 Cost: \$135

8 Wednesdays 6:15–6:45 P.M. Starts 9/16
SW932 Cost: \$135

Learn to Swim Level 1

Introduction to Water Skills

Children 6 years of age and older will learn to: enter and exit water using ladder, open eyes under water and pick up an object two times, float on front for three seconds, glide on front and back for two body lengths, roll from front to back and back to front, combine arm and leg actions on front and back, and tread water using arm and hand actions. Water safety topics will be covered.

8 Mondays 6:50–7:20 P.M. Starts 9/14
SW101 Cost: \$135

8 Wednesdays 6:50–7:20 P.M. Starts 9/16
SW102 Cost: \$135

Swim Lesson dates:

8 Mondays

September 14, 21, 28;
October 5, 19, 26;
November 2, 9

8 Wednesdays

September 16, 23, 30;
October 7, 14, 21, 28;
November 4

All swim lessons take place at
the R-H Senior High pool;
enter door #3



Learn to Swim Level 2

Fundamental Aquatic Skills

Children 6 years of age and older will learn to: enter water by stepping or jumping from side, glide and recover to vertical position without assistance, open eyes under water and retrieve objects two times, use finning arm action on back, and combine arm and leg actions on front and back for five body lengths. Water safety topics will be reviewed and discussed.

8 Mondays 7:25–7:55 P.M. Starts 9/14
SW201 Cost: \$135

8 Wednesdays 7:25–7:55 P.M. Starts 9/16
SW202 Cost: \$135

Learn to Swim Level 3

Stroke Development

Children will learn: the front crawl, the elementary back stroke, back and survival floats, rotary breathing, head-first entries, flutter and dolphin kicks for 3–5 body lengths after pushing off in a streamlined position on front, and scissors kicks. Additional water safety topics will be covered. 'Learn to Swim Level 2' skills should be accomplished before enrolling in Level 3.

8 Mondays 7:25–7:55 P.M. Starts 9/14
SW301 Cost: \$135

8 Wednesdays 7:25–7:55 P.M. Starts 9/16
SW302 Cost: \$135

**Enter Door #3 at
the High School for all
swim lessons.**

Aquatics American Red Cross Group and Individual Swim Lessons

Learn to Swim Level 4

Stroke Improvement

Swimmers will learn: headfirst entry into water, underwater swimming for 3-5 body lengths; feet-first surface dive; survival swimming; front crawl and backstroke open turns; breast stroke, side stroke, and butterfly; flutter and dolphin kicks on back for 3-5 body lengths; and treading water using two different kicks. 'Learn to Swim Level 3' skills should be accomplished before enrolling in Level 4.

8 Mondays 8:00-8:30 P.M. Starts 9/14
SW401 Cost: \$135



Learn to Swim Level 5

Stroke Refinement

Swimmers will coordinate and refine all strokes including front crawl and elementary backstroke; back crawl, butterfly, breast stroke, and side stroke; front flip turn and back flip turn; standard scull movement; shallow-angle dive from side of pool; shallow dive and glide. 'Learn to Swim Level 4' skills should be accomplished before enrolling in Level 5.

8 Wednesdays 8:00-8:30 P.M. Starts 9/16
SW501 Cost: \$135

Swim Lesson dates:

8 Mondays

September 14, 21, 28;
October 5, 19, 26;
November 2, 9

8 Wednesdays

September 16, 23, 30;
October 7, 14, 21, 28;
November 4

All swim lessons take place at
the R-H Senior High pool;
enter door #3

Individual Swim Lessons

For Children and Adults

Individual swim lessons for Level 1 and above are available for those who desire personal attention or intense training. Space is limited. Register online early for best selection! Scheduling will be done in the order registrations are received. You will be contacted in early September to schedule your instructor and lesson time. Dates are listed below. Once your time and dates are confirmed and lessons begin, lessons cannot be rescheduled. If you miss a lesson, there will be no make up available.

8 Mondays 6:15-9:00 P.M. (½ hour each)
Starts 9/14

8 Wednesdays 6:15-9:00 P.M. (½ hour each)
Starts 9/16

Exact time to be scheduled in early September:
8 lessons (½ hour each) Cost: \$215
SW0000

Family Open Swim

2:00-3:30 P.M.

Cost: \$5 per person

High School Pool,
1799 Lehigh Station Rd
Enter Door #3
at the front
of the building

Winter Recess:

Monday, Tuesday,
and Wednesday

December 28
December 29
December 30

Registration is taken at the door. Allow extra time the first time you attend to fill out required emergency information.

Participants must comply with the rules & regulations found on the district website and posted at the pool.



Due to the wide range of uses, the R-H Senior High School pool is set at 81.5° and can vary by 1.5° on any given day.

**Online registration
for all swim lessons
begins 12:01 A.M.
August 12, 2026**

Physically Fit

Water Walking

Kim Dodson

Burn up to 600 calories per hour! This total body workout is in deep water while wearing a buoyancy belt. Swimming skills are helpful. Bring to class: your lock, towel and swim apparel.

7 Mondays Starts 9/21 6:15–7:15 P.M.

There will be no class on 10/12

R-H Sr. High, Pool Cost: \$119
PF501 SCBC Cost: \$98

4 Mondays Starts 11/16 6:30–7:30 P.M.

There will be no class on 11/23

R-H Sr. High, Pool Cost: \$68
PF502 SCBC Cost: \$56

Pilates Plus More

Karen Rupp, ACE Certified

Tone and stretch your muscles while focusing on breathwork, your core, and postural alignment. You will gain strength and flexibility through traditional Pilates mat exercises and yoga moves. Wear comfortable clothes. Bring to class: a mat and a bottle of water.

12 Thursdays Starts 9/10 5:00–6:00 P.M.

There will be no class held on 9/17, 11/26

R-H Webster Bldg, Lg Conf rm Cost: \$159
PF241 SCBC Cost: \$82



Chairobics

Christine Craft

Chairobics is low impact aerobic movements and exercises done seated on a chair, with a couple standing routines. Increase your cardiovascular endurance, strength, balance, flexibility, and toning. Wear comfortable clothing and sneakers. Bring to class: a bottle of water. Optional: 1#–3# weights. Great for all ages, especially seniors.

10 Thursdays Starts 9/10 6:15–7:15 P.M.

There will be no class held on 9/17

R-H Webster Bldg, Lg Conf rm Cost: \$135
PF111 SCBC Cost: \$67

If you have limiting medical conditions, please provide written doctor's approval to the instructor before participating in fitness class.

Sports



Horseback Riding for Adults

Meadows of Mendon Staff

This is a great opportunity to discover basic horsemanship and horse care! Riding in pastures or in an indoor or outdoor arena, beginner and intermediate riders will learn safety, balance, and the mechanics of riding. Join us for English or Western pleasure riding; we have many horses to choose from! Wear breeches or yoga pants and boots with at least a ¼" heel. Sunglasses are recommended for outdoor riding. ASTM sterilized riding helmets will be provided.

12 Thursdays Starts 9/24 6:00–6:45 P.M.

There will be no class held on 11/26

Meadows of Mendon Stables, Honeoye Falls
1536 W Bloomfield Rd, 14472 Cost: \$540
SP901 SCBC Cost: \$540

12 Thursdays Starts 9/24 6:45–7:30 P.M.

There will be no class held on 11/26

Meadows of Mendon Stables, Honeoye Falls
1536 W Bloomfield Rd, 14472 Cost: \$540
SP902 SCBC Cost: \$540

Sports

Ninja Warrior

Obstacle Training

The Warrior Factory

Calling all big kids! Are you ready to have some FUN fitness? You will have fun as you "Build Strength Through Obstacles." Play on ninja obstacles as seen on TV! Each Class will include upper body, lower body and trampoline activities with exercises and specific obstacle techniques. No experience necessary, but minimum skill level suggested; participants should be able to hang from a bar for 10 seconds. Please complete the waiver at <https://waiverking.com/print/46598>. Clean, dry sneakers required for participation. Positive attitude and a willingness to try new things suggested! Please register by September 1st as program requires five participants minimum. Come have fun with us!

10 Mondays Starts 9/14 6:30–7:30 P.M.

There will be no class held on 10/12

Warrior Factory Rochester

3150 West Henrietta Road, 14623 Lobby
SP501 Cost: \$219

SCBC Cost: \$219

Become a Continuing Education Instructor

Interested? Have questions?

Need information?

Call 359-7805

Do you have a talent, interest, or skill that you could share with the community? We are always looking for instructors to expand on existing courses or teach exciting new ones!

You do not need to be a certified teacher, just enthusiastic about your topic and willing to share your knowledge with others.

Join our dedicated staff of instructors!



Health & Wellness

Gentle Yoga

Gaie Goodness, Kripalu Yoga Certified

Learn to care for yourself, de-stress, deeply relax, refresh, and energize through the age-old wisdom of yoga. There will be guided instruction in yoga, breathing, postures, meditation, and relaxation. Good for beginners and practitioners of all levels. Modifications and options will be taught for injuries or personal concerns. Nourish and nurture your mind, spirit, and body. Wear comfortable clothing and bring a yoga mat. Other props such as blocks, straps, blanket, and cushion are optional.

8 Wednesdays Starts 10/7 9:00–10:00 A.M.
Rush Methodist Church, Dining Rm Cost: \$85
HW321 SCBC Cost: \$85

The Confident Woman Workshop

Krista Hudson

Are you so used to showing up for everyone else, that you're not even sure what you need anymore? This workshop is for any woman who is ready to prioritize herself. Through guided conversations, practical tools, and shared experiences, you'll learn how to reconnect with your values, set boundaries that feel good, and build confidence that actually lasts. Join other women in this welcoming space, to start living in a way that feels true to you. Please bring a notebook and pen to class.

4 Mondays Starts 10/19 6:30–8:30 P.M.
R-H Sr. High Room E-101 Cost: \$99
HW4C1 SCBC Cost: \$89

Pet CPR and First Aid

Margaret Jones

Do you love animals? Do you own a dog or cat, or both? Would you be able to help them in an emergency? In this course, you will learn how to assess your pet's wellness through behaviors and by checking their vitals. Other topics include: providing first aid, responding to choking, and how to do CPR on your cats and dogs.

1 Thursday 10/1 5:30–9:00 P.M.
R-H Sr. High, Room C-103 Cost: \$100
HW701 SCBC Cost: \$100



Music & Dance

Instant Piano

for Hopelessly Busy People

Just One Class Instructor

In just a few hours, you can learn enough about piano playing to give you years of musical enjoyment. In this lecture-style presentation, you can learn all the chords you'll need to play. Any song. Any style. Any key. An online book and online video instruction is included.

1 Monday 10/26 6:30–9:30 P.M.
Zoom (Link will be provided) Cost: \$65
MD24VI SCBC Cost: \$65

Instant Guitar

for Hopelessly Busy People

Just One Class Instructor

In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment. Learn some basic chords and be able to play along with your favorite songs. Have your acoustic guitar available. An online book and online video instruction is included.

1 Tuesday 10/27 6:30–9:00 P.M.
Zoom (Link will be provided) Cost: \$65
MD11VI SCBC Cost: \$65

Instant Ukulele

for Hopelessly Busy People

Just One Class Instructor

In just a few hours, you can learn enough about playing the ukulele to give you years of musical enjoyment and you won't have to take private lessons to do this. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online recorded follow up lessons, a recording of the class and also access to optional live periodic question and answer sessions at no additional cost. Class is online using Zoom and is partly hands-on and partly lecture/demonstration.

1 Thursday 10/29 6:30–9:00 P.M.
Zoom (Link will be provided) Cost: \$65
MD12VI SCBC Cost: \$65



Music & Dance



Group Guitar Lessons

Eastman School of Music Staff

Join our beginner guitar course, perfect for those eager to learn how to play the guitar! Taught by experienced guitar faculty from the Eastman Community Music School, this class is designed for complete beginners - no prior experience is required, and both acoustic and classical guitars are welcome. The course will cover essential skills such as rhythm, reading music, strumming patterns, and fingerstyle techniques. Most importantly, students will gain the skills needed to continue learning and improving on their own. There is a \$25 book fee due in cash to the instructor at the first class.

Group Guitar Youth (ages 11-16)

8 Mondays Starts 9/14 5:30–6:20 P.M.
There will no class on 10/12
R-H Sr. High Room B-115 Cost: \$198
MD1GY1

Group Guitar Adult (Ages 17+)

8 Mondays Starts 9/14 6:30–7:20 P.M.
There will no class on 10/12
R-H Sr. High Room B-115 Cost: \$198
MD1GAI SCBC Cost: \$198

Online registration
for Continuing Education
courses begins on
August 12, 2026

Business & Career



Become a Notary with New Notary Public License Law

Kristin Cavallaro

Whether you want to become a new notary public, or are looking for a refresher on notary law and the duties/responsibilities afforded to you, this is a comprehensive class on the notary public license law. You will learn all the information necessary to pass the notary exam; ways to shield yourself from liability in the execution of your duties; as well as appointment, testing, and renewal policies and procedures.

1 Saturday 12/5 9:00 A.M.–3:45 P.M.
Zoom (Link will be provided) Cost: \$69
BC15V1 SCBC Cost: \$69

2 Mondays 12/7 & 12/14 5:30–8:45 P.M.
Zoom (Link will be provided) Cost: \$69
BC15V2 SCBC Cost: \$69

2 Mondays 10/19 & 10/26 5:30–8:45 P.M.
West Irondequoit H.S. Cost: \$69
260 Cooper Rd, Roch SCBC Cost: \$69
BC15I1

Electronic Notary

Kristin Cavallaro

Effective February 2023, new NYS laws went into effect allowing for Electronic Notarizations. You may not perform Electronic Notarizations unless you have registered the capability to do so with the state. This class will train you on what you need to know to become an Electronic Notary in the State of New York and the policies, procedures, and software requirements that are mandated by the state. Only for current traditional notaries who want to learn about electronic notarization and/or students that have already taken the 'Become a Notary Public-Traditional' class.

1 Wednesday 11/4 5:30–8:45 P.M.
Zoom (Link will be provided) Cost: \$53
BC15EV1 SCBC Cost: \$53

Money Matters

Savvy Social Security

Tomas Aponte

Will Social Security be there for me? How much can I expect to receive? When should I apply for Social Security? How can I maximize my benefits? Will Social Security be enough to live on in retirement? Join us to discuss the answers!

1 Tuesday 9/22 5:00–6:30 P.M.
R-H Sr. High, Room E-101 Cost: \$35
MM3S1 SCBC Cost: \$25



Planning For Probate

Wills, Trusts & Health Care Proxies

Katharine E. Kruk, Esq.

An overview of the probate process in New York State, this course will prepare prospective executors to deal with our local Surrogate's Courts and help inform you about estate planning decisions. You will also discuss common estate planning documents, including will, trusts, health care proxies, living wills, and powers of attorney. You will gain knowledge of common estate planning considerations.

1 Tuesday 10/27 6:00–7:30 P.M.
R-H Sr. High, Room E-103 Cost: \$35
MM6P1 SCBC Cost: \$25

Estate Planning Basics

Sable Bugman, Esq.

Joseph Marchese

Do you have an estate plan? Do you even need one? Join us as we address the basic documents everyone over 18 should consider. We will also discuss elegant and modern asset protection and estate planning techniques.

1 Tuesday 11/10 6:00–7:00 P.M.
R-H Sr. High, Room E-101 Cost: \$35
MM6MB1 SCBC Cost: \$25

Money Matters

The Debt Diet

Shanna Baritot

Have you ever stopped to wonder how you can make so much, but have so little to show for it? With candid and sometimes amusing personal stories from the author of *The Debt Diet: Financial Fitness Strategies for Every Income Level*, this talk offers simple tips that you can start implementing today. Learn from the authors journey to become debt-free and break free from your debt once and for all. The authors book is available to purchase at class for \$10 cash, but is not required.

1 Thursday 10/8 6:00–7:00 P.M.
R-H Sr. High, Room E-103 Cost: \$29
MM131 SCBC Cost: \$19

ABC's of Making Funeral Arrangements

Marika McMeans

At some point in your life you will most likely need to plan a funeral for a friend or loved one, or even make your own pre-arrangements. That experience can be made easier by understanding the process. Learn different choices you will face when making funeral arrangements, understand and compare price lists, find out what is required by law, and how to make pre-arrangements.

1 Wednesday 10/7 6:30–8:30 P.M.
R-H Sr. High, Room E-103 Cost: \$35
YF8F1 SCBC Cost: \$25

Rush-Henrietta Central School District

rhnet.org

The district website is designed to provide residents with the most up-to-date information.

Stop by often!

Languages



Sign Language I

Jeannine Adydan

Help others in your community by learning a new, very important skill... Sign Language. Have a meaningful conversation. Learn the basic skills needed to communicate using finger spelling and signs. This class is a pre-requisite for *Sign Language Level II*.

8 Mondays Starts 9/14 6:00–8:00 P.M.

There will be no class held on 10/12

R-H Sr. High, Room E-106 Cost: \$165

LAIII SCBC Cost: \$145

You & Your Family

Plan Your European Adventure

Kate Torrey

Are you ready for your European adventure? No need to book a tour or cruise. You can travel in Europe at your own pace and save money by traveling independently. This class will give you all the tools you need to plan your own independent trip. This class will cover how to find affordable flights and lodging, how to plan your sightseeing and travel on the ground, how to pack light, and much more. Discussion will also cover logistics like foreign currency, what to do if you get sick, using your cell phone, and how to skip the lines at the big tourist attractions without spending more money. Join us to start planning your own European adventure!

1 Wednesday 12/2 6:30–8:30 P.M.

R-H Sr. High, Room E-101 Cost: \$50

YF75I SCBC Cost: \$45



SAT/ACT Boot Camp

Chariot Learning

Build a powerful foundation for SAT & ACT success in just six hours. Taught by Upstate New York's most well-known and respected test prep organization. This SAT/ACT Boot Camp thoroughly reviews the essential reading, writing, math, and test-taking skills and strategies for the most current versions of both exams. You will also outline the additional content and action steps needed for greater progress towards your highest test scores. Yes, we will be preparing students for the digital SAT! Curriculum will be provided, but don't forget your calculator and lunch.

1 Saturday 10/17 9:00 A.M.–3:00 P.M.

R-H Sr. High, Room E-103 Cost: \$199

YF13I

You & Your Family

Home Alone Safety

Jerry Bennett

Ensure your children are safe when alone at home. In this American Red Cross safety course, kids ages 8–11 years will learn the basics of making smart decisions. Learn tips on answering the phone and responding to knocks at the door, basic first aid, important phone numbers, boredom busters, and kitchen safety. A take-home workbook will serve as an on-going reference.



1 Saturday 10/17 9:00–11:00 A.M.

R-H Sr. High, Room C-103 Cost: \$49

YF21I

Even Start

- * A quality multi-cultural program of developmentally appropriate curriculum and a family literacy preschool experience.
- * A fee-based preschool program for children 3 to 5 years old, concentrating on family involvement in your child's education.
- * The annual, non-refundable registration fee is \$25 per child.
- * For more information and registration, contact:
Pearl Tokar, Coordinator,
359-7912 or ptokar@rhnet.org



2026-2027 Before & After School Cub Care



» Fee-based care for children in grades K-6 who attend R-H schools

» At your child's R-H building

» Morning care on school days 6:30 a.m. to start of the school day

» Afternoon care on school days from end of day until 6 p.m.

» Choose before or after school care, or both

» Choose 3, 4, or 5 days of care



Call 359-7911 for more information

Driving

5-Hour Pre-Licensing

Certified Instructors

The New York State Department of Motor Vehicles mandates attendance in this course to qualify you for Form MV-278 which is required to register for a driving test. There will be a lunch break; bring a lunch! Minimum age for participants: 16 years. You must pre-register for this course. Bring to class: your valid photo New York State Learner's Permit.

Mon & Wed 9/14 & 9/16 5:00–7:30 P.M.
R-H Sr. High, Room E-102 Cost: \$65
DA301 SCBC Cost: \$65

Mon & Wed 11/2 & 11/4 5:00–7:30 P.M.
R-H Sr. High, Room E-102 Cost: \$65
DA302 SCBC Cost: \$65



Driver Improvement Program

AAA Certified Instructors

Are you interested in refreshing your driving skills, learning crash prevention techniques, and saving money? Complete this course and, as a principle driver, you will receive a 10% reduction on your automobile liability and collision insurance premiums. You may also qualify for up to four points off your current record of violations. This course is approved by the New York State Department of Motor Vehicles. All drivers with a New York State driver's license are eligible. Minimum age for participants: 16 years.

AAA members: call 359-7805 with your AAA number to register at a discount. Non-AAA members, register at rhnet.org/ceregister

Mon & Wed 9/28 & 9/30 6:00–9:00 P.M.
R-H Sr. High, Room E-105
DA201 Cost: \$50

Tues & Thur 11/10 & 11/12 6:00–9:00 P.M.
R-H Sr. High, Room E-105
DA202 Cost: \$50

Driver and Traffic Safety Education

FALL 2026

September 4, 2026 to December 23, 2026

Registration Begins Wednesday, August 5

See schedule on page 13 for dates and times.



Driver and Traffic Safety Education is a joint partnership between the New York State Education Department and the Department of Motor Vehicles. This Driver Education course is intended to educate students on appropriate driving skills and habits as well as playing a responsible role in the highway transportation safety system.



Eligibility:

- Hold a valid NYS Learner's Permit by Thursday, August 27th
- Minimum age of 16 years and enrolled in high school at the time of registration



Registration Information:

- All classes will be based out of the Rush-Henrietta Senior High School
- The course cost is \$589
- Possible additional cost for make up classes or replacement certificates
- Full payment with Visa or MasterCard is due with your online registration which begins August 5, 2026
- Scheduling priority is first come, first served based on the online registration time stamp
- Non-resident students must provide a letter of recommendation from their school principal



Course Requirements:

- Attend the mandatory student and parent/guardian meeting held Tuesday, Sept. 1, at 6:00 P.M.
- Attend state mandated 24 hours of lecture and 24 hours of road classes
- Abide by the Rush-Henrietta Code of Conduct
- Mandatory driving time with a parent/guardian outside of DTSE course time
- Obtain a minimum grade of 65 in both the lecture and road classes



How to Register:

Registration begins on
August 5th at 12:01 A.M.

- Go to www.rhnet.org/ceregister
- Course number DA999
- Make sure you register the student, not the parent
- After you complete the online registration, download the DTSE Packet_Fall26, the link is in the course description
- Return your completed and signed forms from the packet to the Community Programs office within five business days after registering or by September 1st, whichever comes first

Questions?
Call the Rush-Henrietta
Continuing Education
office at
359-7805

Driver and Traffic Safety Education (DTSE)

Fall 2026 DTSE Schedule

- mandatory student and parent/guardian meeting Tuesday, September 1, at 6:00pm
- program dates are Friday, September 4, 2026, through Wednesday, December 23, 2026
- to meet attendance requirements for the program, ALL scheduled dates must be attended
- each student must sign up for one road (R) and one lecture (L) schedule; see choices below
- student will be assigned a final schedule from the choices submitted on their application
- maximum for each road (R) group is four (4) students

R#	Time	Day	Dates	Proposed DTSE Schedule - Fall 2026
R1	6:00-7:30am	Mon & Fri	Sept. 14, 21, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14, 21	Sept. 11; Oct. 16; Nov. 20
R2	8:00-9:30am	Sat & Sun	Sept. 5, 12, 19, 26; Oct. 3, 10, 17, 24, 31; Nov. 7, 14, 21; Dec. 5, 12, 19	Sept. 20
R3	9:30-11:00am	Sat & Sun	Sept. 5, 12, 19, 26; Oct. 3, 10, 17, 24, 31; Nov. 7, 14, 21; Dec. 5, 12, 19	Sept. 20
R4	3:00-4:30pm	Mon & Thur	Sept. 14, 21, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14, 21	Sept. 10; Oct. 15; Nov. 19
R5	3:00-4:30pm	Mon & Fri	Sept. 14, 21, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14, 21	Sept. 11; Oct. 16; Nov. 20
R6	4:30-6:00pm	Mon & Fri	Sept. 14, 21, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14, 21	Sept. 11; Oct. 16; Nov. 20
R7	6:00-7:30pm	Mon & Thur	Sept. 14, 21, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14, 21	Sept. 10; Oct. 15; Nov. 19
R8	3:00-4:30pm	Tues	Sept. 8, 15, 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22	
R9	4:30-6:00pm	Tues	Sept. 8, 15, 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22	
R10	4:30-6:00pm	Tues	Sept. 8, 15, 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22	
R11	3:00-4:30pm	Wed & Tue	Sept. 9, 16, 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 18, 25; Dec. 2, 9, 16, 23	Nov. 10

Schedule options available at the time of final assignment may vary slightly.

L1	6:00-7:30am	Wed & Fri	Sept. 9, 16, 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 18, 25; Dec. 2, 9, 16, 23	Sept. 4
L2	4:30-6:00pm	Mon & Thur	Sept. 14, 21, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14, 21	Sept. 10; Oct. 15; Nov. 19
L3	3:00-4:30pm	Tues	Sept. 8, 15, 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22	

Successful Course Completion

- Digital verification of course completion will be provided to the New York State DMV.
- Receive a letter detailing course information for possible insurance reduction. Call your insurance provider for details.
- No high school credit is given for DTSE.

Questions? Call the Rush-Henrietta Continuing Ed. office, 359-7805



Hands-Only CPR with AED Training*



Offered by Rush-Henrietta Community Programs in partnership with Henrietta Fire District and CHS Mobile Integrated Healthcare free of charge to all community members age 15 and older. *This is a skills-only class; no certification is provided.

 **Henrietta Fire District
Training Center**

60 Erie Station Road

 **7-9 p.m.**



Thursdays (Choose One)

September 10

October 8

November 12

December 10

REGISTRATION REQUIRED

-  Visit: rhnet.org/ceregister
-  Category: Health & Wellness
-  Limited to 20 per class. Additional sessions may be added if needed.

QUESTIONS?

-  Registration: 359-7805
-  Course: 334-1234

Register

www.rhnet.org/ceregister



As a courtesy, if you register but then cannot attend, please call 359-7805 to let us know.

July 2026				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

August 2026				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

September 2026				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

October 2026				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

November 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

December 2026				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Rush-Henrietta Central School District SCHOOL CALENDAR

2026 - 2027

September 3	Classes Begin
September 7	Labor Day – schools closed
October 12	Columbus Day/Indigenous Peoples' Day – schools closed
November 11	Veterans Day – schools closed
November 23-24	Conference Days
November 25-27	Thanksgiving Recess – schools closed
Dec. 24-Jan. 1	Winter Recess – schools closed
January 18	Martin Luther King Jr. Day – schools closed
January 29	Grading Day – schools closed
February 15-19	February Recess – schools closed
March 22-26	Spring Recess – schools closed
April 16	Conference Day
May 28-31	Memorial Day Recess – schools closed
June 18	Juneteenth (observed) – schools closed
June 24	Last day of school for Grades K-7

January 2027				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

February 2027				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

March 2027				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

April 2027				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

May 2027				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

June 2027				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

CODES

- School Not In Session
- Conference Days (6)
- Grading Day (1)



COMMUNITY PROGRAMS at Rush-Henrietta



Rush-Henrietta Central School District
Community Programs Office
2000 Lehigh Station Road
Henrietta, NY 14467

Non-Profit Organization
U.S. Postage
PAID
Permit No. 2
Henrietta, NY 14467



New
Location
August 6

CARLTON WEBSTER BUILDING
2000 Lehigh Station Road,
Henrietta

HOURS OF OPERATION
Tuesdays: 10-11 a.m.
Thursdays: 4:30-6 p.m.



www.rhnet.org/foodpantry



585-359-7979



foodpantry@rhnet.org