



8-26-26

Dear Parents/Guardians,

Welcome to Curriculum Night!

We are grateful for the opportunity to partner with Marian families as we work together to shape confident, independent, thinking leaders inspired by faith. Each day, our dedicated faculty and staff, strive to model Marian's core values: Identity, Compassion, Spirituality, Empowerment, Service, and Community.

These values are woven throughout the daily curriculum and intentionally reflected upon during the school year. A Marian student not only learns and lives these values during her time at Marian but also carries them with her into life beyond our school community.

Enclosed, you will find your daughter's schedule, along with a QR code linking to the **Parent Packet**, which includes helpful information to help you navigate the school year. Inside, you will find:

- Communication information
- An overview of the Student Services SUCCESS program
- Information about parental controls for Marian's 1:1 iPad program
- Descriptions of Marian Moms' Crew events
- A letter from the Servants of Mary

The Family Directory is located in PowerSchool and will be available when all families complete their forms.

Thank you for joining us this evening. We feel blessed to witness your daughter's growth and development each year!

Blessings,

Susie Sullivan, Ed.D.

Susie Sullivan, Ed.D.
Principal



MARIAN

The mission of Marian High School is to provide a Catholic college preparatory education for young women, to empower students to discover and develop their talents, and to inspire them to lead and serve as women of faith and compassion.

Parent Communication

PowerSchool Parent Portal

- Parents can log in to view grades, assignments, discipline points, schedule, historical grades and to sign up for email notifications. Progress reports and report cards are also available in PowerSchool.
- Your daughter can access the PowerSchool student portal for this same information.

Parent Newsletter

- Our Parent Newsletter is published weekly and emailed to all parents. Our newsletter contains monthly announcements and information regarding the school, Advancement and the Servants of Mary. It is also posted to our website each week.

Scoir

- Marian uses this career and college platform with all students. Your daughters will use Scoir to research colleges, explore careers, build resumes and facilitate the college application process.

Marian Website

- Everything you need to know about Marian is on our Website! There are links to our calendar, daily bulletin, parent-student handbook, parent newsletter, curriculum handbook, and much more. It provides the most up-to-date information available on all Marian events. Please check it out at <https://marianhighschool.net>

School Messenger

- We occasionally use School Messenger to send important information through phone calls and e-mail. You can participate in this free service just by sending a text message of "Y" or "Yes" to our school's short code number, 67587. You can also opt out of these messages at any time by simply replying to one of our messages with "Stop". We recommend saving this short code and Caller ID to the contacts on your phone. This will help prevent any 3rd party call blocking systems from interfering with your receipt of important messages sent by the school.

Bound Navigation and subscribing to Marian's NSAA Athletic/Activity Calendar

New this year, Marian will be using Bound instead of rSchool for NSAA athletic and activity calendars. There is a link to the calendar on Marian's website on the calendar page, or use the link here <https://gobound.com/ne/schools/omahamarian>. Instructions on how to subscribe to live calendars are attached to this document.

Connect with Social Media

- Instagram - @OmahaMarian
- Facebook - Marian High School, Omaha, NE
- X/Twitter - @OmahaMarian
- Linked In - Marian High School
- Facebook Group – Marian Family Connection

Download the Marian App

Download the app for convenient access to the school calendar, news and faculty/staff contacts. Get important updates like school cancellations, and subscribe to the information that is important to you, like the PNL and your daughter's class-specific info.

- [Download from the Apple Store](#)
- [Download from Google Play](#)

Bound Athletics Calendar Subscription Instructions

Subscribe to (a) Calendar(s)

- Navigate to Marian's school page-

<https://gobound.com/ne/schools/omahamarian>

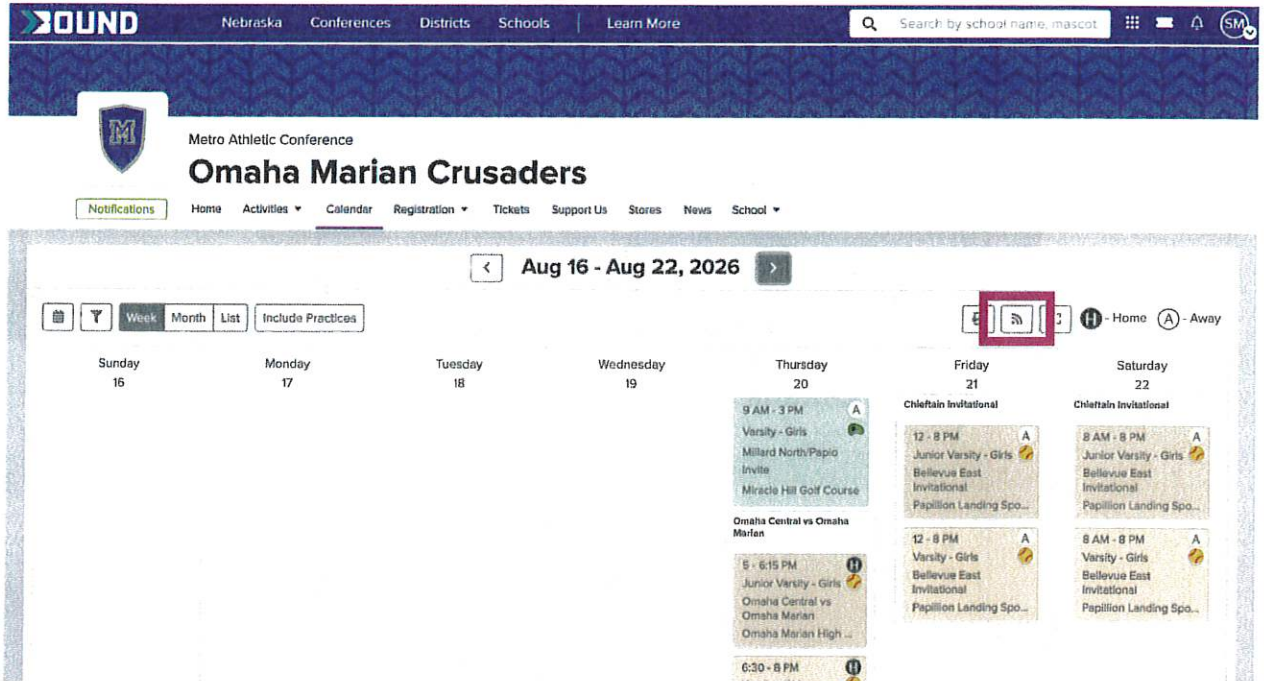
The screenshot shows the website for the Omaha Marian Crusaders, part of the Metro Athletic Conference. The top navigation bar includes links for Nebraska, Conferences, Districts, Schools, and Learn More, along with a search bar and Sign In/Account options. The main header features the school's logo and name. Below this, a navigation menu includes Home, Activities, Calendar, Registration, Tickets, Support Us, Stores, News, and School. On the left, a sidebar lists various Girls Activities: Basketball, Bowling, Cross Country, Golf, Soccer, Softball, Swimming & Diving, Tennis, Track & Field, Volleyball, and Wrestling. The main content area displays a message: "There are no events this week." To the right, there is a "News" section with the text "No recent news."

- Click the "Calendar" tab

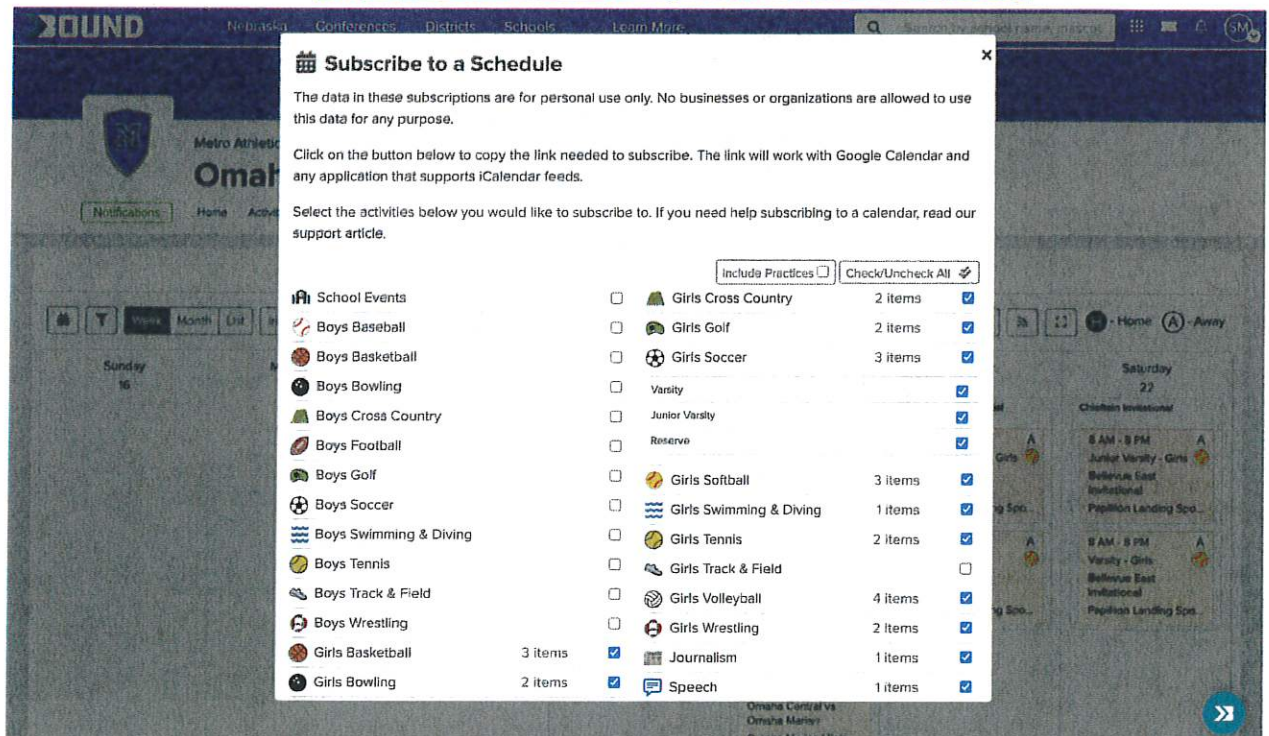
The screenshot shows the calendar page for the Omaha Marian Crusaders. The top navigation bar is identical to the previous page. The main header also remains the same. The navigation menu now has the "Calendar" tab highlighted with a red box. Below the navigation menu, there is a date range selector showing "Aug 16 - Aug 22, 2026". Below this, there are tabs for "Week", "Month", and "List", along with an "Include Practices" checkbox. The calendar itself is a grid showing events for Sunday through Saturday. The events listed are:

Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
				9 AM - 3 PM Varsity - Girls Millard North/Papio Invite Miracle Hill Golf Course	Chieftain Invitational 12 - 8 PM Junior Varsity - Girls Bellevue East Invitational Papillion Landing Spo...	Chieftain Invitational 8 AM - 8 PM Junior Varsity - Girls Bellevue East Invitational Papillion Landing Spo...
				Omaha Central vs Omaha Marian 5 - 6:15 PM Junior Varsity - Girls Omaha Central vs Omaha Marian Omaha Marian High ...	12 - 8 PM Varsity - Girls Bellevue East Invitational Papillion Landing Spo...	8 AM - 8 PM Varsity - Girls Bellevue East Invitational Papillion Landing Spo...
				6:30 - 8 PM Varsity - Girls		

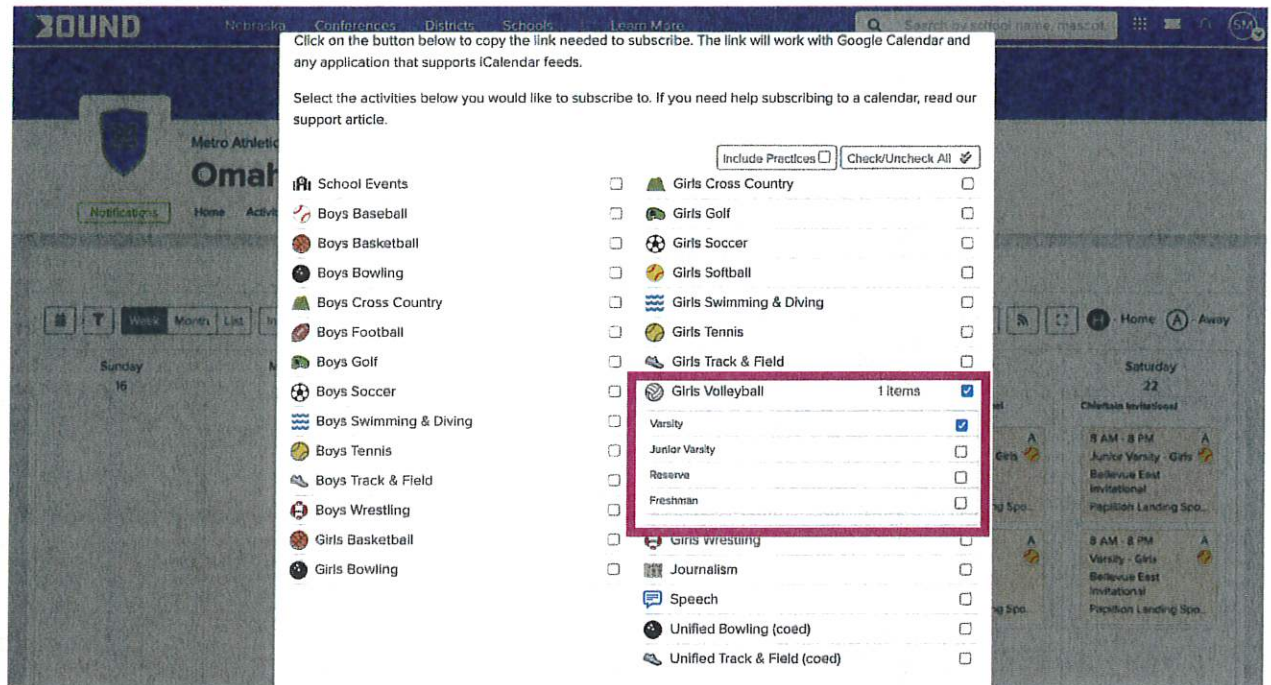
- Click the subscribe button (signal icon)



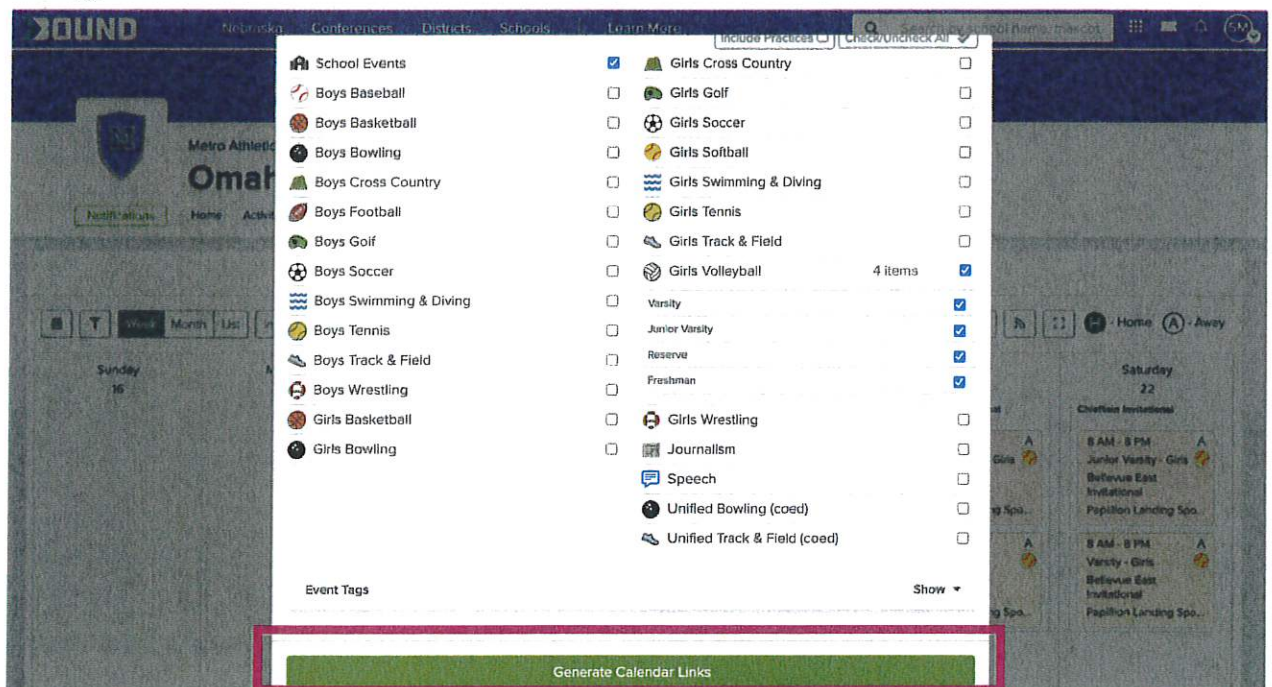
- Select the sports and activities you would like to subscribe to. (Please note Marian will not be using Bound for "School Events" or "practice schedules.") Continue to use the Marian website calendar for school events- <https://www.marianhighschool.net/calendar>



- Below the sports with multiple teams, you can select the level you want to subscribe to the calendar for.

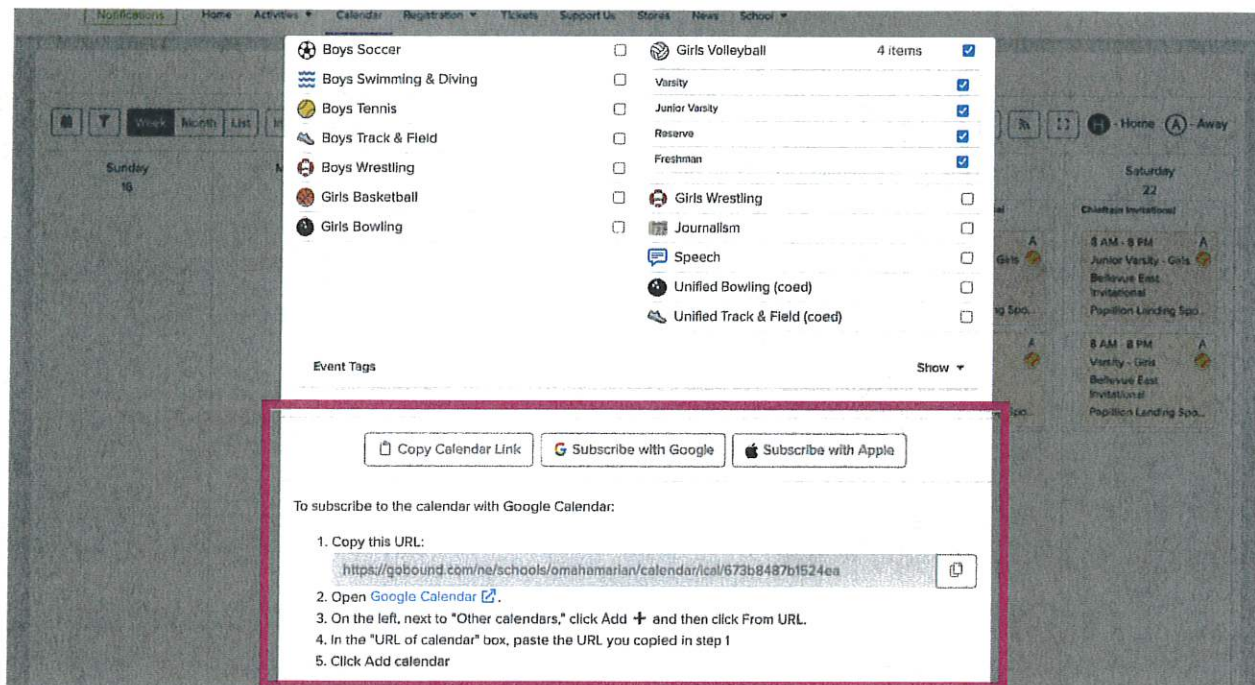


- Once you have made your selections, scroll down and click the green “Generate Calendar Links” button



- If you have an Android calendar, click the “Copy Calendar Link” and add the link to your calendar. If you have a Google

calendar, follow the instructions in the image below (the “Subscribe with Google” button does not work). If you have an Apple calendar, click “Subscribe with Apple” and follow the prompts.



- This is a live calendar feed, so if events are updated on Bound, they will automatically update on your calendar. If you enter events manually, changes will not be reflected.

STUDENT SERVICES

AT MARIAN HIGH SCHOOL



Mission Statement

Marian Student Services Department believes a developmental and sequential guidance program is an essential and integral part of the overall education process. Students will be challenged to become responsible decision-makers, problem solvers, and self-advocates in charge of their destiny as they strive to achieve the profile of a Marian graduate.

ACADEMIC RESOURCES AT MARIAN

TEACHERS

The teachers are available before and after school. Talk to your teachers, make appointments, and arrange to get help. This should be your first step.

SCHOOL COUNSELORS

Mrs. DeWispelare, Mrs. Sparwasser and Mrs. Losee are located in Student Services and can help you with any problem.

COLLEGE COUNSELOR

Mr. Ascher is located in Student Services and can help with any college counseling questions. Email Mr. Ascher at bascher@omahamarian.org to schedule an appointment.

PEER TUTORS

Peer Tutors are available upon request by emailing Ms. Trecek in Student Services. Email her at ptrecek@omahamarian.org

NEHS MARCELLA WRITING CENTER

English writing tutoring is available in Student Services on Monday-Tuesday, and Thursday-Friday from 7:20-7:40 a.m. Students can get help with their writing assignments from students in the National English Honor Society. No appointment is necessary. For questions, email Ms. Trecek at ptrecek@omahamarian.org or Ms. Sisson at bsisson@omahamarian.org.

FRESHMAN SEMINAR

Ms. Trecek and Mrs. Raabe will be joining all freshmen study halls throughout the year to talk about organization, time management, study skills, library resources and final exam preparation.

HOMEWORK LAB

This is an opportunity for students to complete work after school and is by invitation from a school counselor or assistant principal.

CLASS STUDY SESSIONS

Attend any study sessions offered by your teachers.

PEER2PEER LEADERS

Sophomore Peer2Peer Leaders visit freshmen homerooms once a week to offer assistance, answer questions, explain traditions, and offer support to the freshmen as they transition to high school. Email Mrs. Sparwasser at asparwasser@omahamarian.org with any questions.

LEARNING SERVICES COORDINATOR

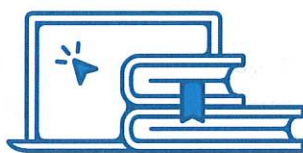
Ms. Trecek is available during study halls to help with any academic issues. Email her at ptrecek@omahamarian.org to schedule an appointment.

success

AT
MARIAN
HIGH SCHOOL

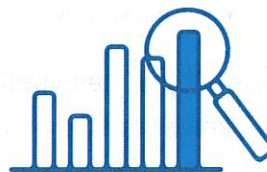
The SUCCESS Program encompasses the college, career, and social-emotional components of the Student Services department. Many aspects have already been taking place around campus, and the purpose and intentionality will continue to evolve.

SUCCESS STANDS FOR:



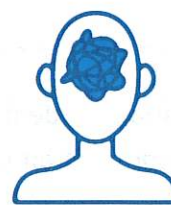
START

HIGH SCHOOL WITH
SOLID STUDY SKILLS



UNCOVER

STUDENT STRENGTHS
AND ABILITIES



CARE

FOR STUDENT'S
MENTAL HEALTH



CREATE

A CAREER PLAN



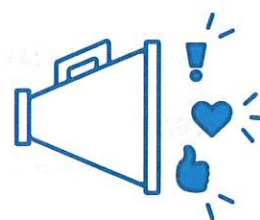
EXPAND

STUDENT'S HORIZONS



SEARCH

FOR THE RIGHT COLLEGE



SUPPORT

STUDENTS ALL THE WAY

We care about your academics, your future, and you. We believe in your abilities, in your talents, and your tomorrow. Your SUCCESS is our goal, and SUCCESS is different for each student. Each grade has programs to match their journey. There are speakers, programs, and initiatives tailored to the high school experience. This list is not inclusive but will continue to grow and shift as our students' needs change.

Marian aligns with the five areas of competence of social, emotional learning identified by CASEL (Collaborative for Academic, Social, and Emotional Learning). These include Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision Making. All our programming in social, emotional learning falls into one or more of these competencies.

STUDENT SERVICES CONTACTS

MRS. JEN CHRISTEN - ASSISTANT PRINCIPAL
christen@omahamarian.org | 402-571-2618 x1108

MRS. KATHY DEWISPELARE - COUNSELOR (A-G)
kdewispelare@omahamarian.org | 402-571-2618 x1123

MRS. ANNA SPARWASSER - COUNSELOR (H-N)
asparwasser@omahamarian.org | 402-571-2618 x1126

MRS. MANDIE LOSEE - COUNSELOR (O-Z)
alosee@omahamarian.org | 402-571-2618 x1122

MS. PRISCILLA TRECEK - LEARNING SERVICES COORDINATOR
ptrecek@omahamarian.org | 402-571-2618 x1130

MR. BEN ASCHER - COLLEGE COUNSELOR
bascher@omahamarian.org | 402-571-2618 x1125

MRS. DONNA SMITH - REGISTRAR
dsmith@omahamarian.org | 402-571-2618 x1127

ScreenGuide Parental Control app allows you to set parental controls and configure rules for the safe, fun, and educational use of tablets and smartphones – while minimizing potential risks such as cyberbullying, inappropriate content consumption, and overexposure to screens. To set up and start managing your child's school device, just follow the steps below:

1 Start by downloading the ScreenGuide app on your personal device – you can look for the app on the App Store (for iOS devices), or by visiting <https://screen.guide/download>.

2 Enter your email to create your account.



3 Fill out your account info and click "SIGN UP".



4 Click "CREATE A FAMILY" to continue.



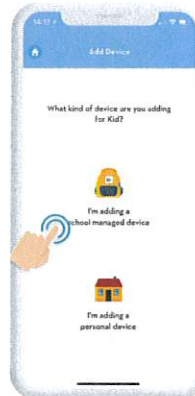
5 Type your family name and click "CREATE".



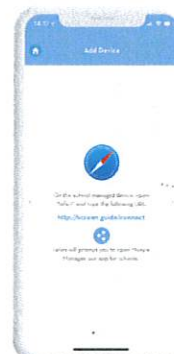
6 Next, add your child to your account.



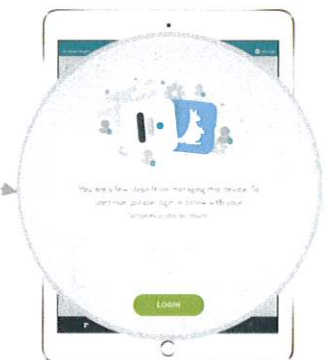
7 Select "I'm adding a school managed device".



8 Using the browser on your child's device, access the highlighted blue link.



9 You will be redirected to the Mosyle Manager app – enter your ScreenGuide login credentials:



Once you login with your **ScreenGuide** account info, within the Mosyle Manager app, you'll be prompted to enter a passcode in order to connect your child's school-managed device to your **ScreenGuide** account. Enter the passcode shown here:

0DF64

“Marian Moms Crew”

(Formerly known as Marian Moms Volunteer Program)

Events 2026-2027

The Marian Moms Crew is an organization made up of moms, dads, grandparents, aunts, uncles, cousins and special friends that want to volunteer at Marian. It serves and organizes special events for our daughters, faculty and staff that enrich and enhance the Marian experience.

Presidents:

Christina Else – angelelse7@outlook.com – 402-616-5830

Katie Zander – katiezander@creighton.edu – 361-633-7717

School Liaison – **Michelle Delisi** – delisi@omahamarian.org – 402-934-1224

To volunteer, click on the link:

https://signup.com/mobileweb/2.0/vspot.html?groupkey=639137838011&mibextid=Zxz2cZ#group_page

Burrito Bowl Lunches - *Donation of time & items needed*

***The famous and ever popular burrito bowl lunches are the highlight of many Marian girls' weeks. Volunteers are needed for baking & sending homemade goodies, providing various items and prepping/serving the lunch.

- Contact: Jennifer Miller – jennymilleromaha@icloud.com
Norah Morris – norahmorris@hotmail.org
- Occurs: 1 day per month
- Dates: Sept. 22, Oct. 27, Nov. 24, Dec. 8, Jan. 19, Feb. 23, Mar. 23, Apr. 27

August Faculty/Staff Lunches - *Donation of time & items needed*

***As a “Welcome Back” gift, the few days before the girls start their new year, we provide lunch for the Marian faculty & staff as they prepare for the student's return. A catering service is hired to prepare the lunches these days and the “moms” set-up before the food arrives, serve the lunch, and clean-up afterwards.

- Contact: Jen Bohlsen – jen.bohlsen@gmail.com
- Occurs: One per school year
- Dates: 8/11 & 8/12, 2026

Curriculum Night – *Donation of items needed*

***Volunteers are needed to donate cookies and bottled water.

- Contact: Michelle Delisi – delisi@omahamarian.org
- Occurs: One night per school year
- Date: 8/26/26

Grandparents Day Mass & Breakfast – *Donation of time needed*

***Grandparents Day Mass & Breakfast is one of the most cherished traditions at Marian and a truly special day for our students and their grandparents.

We are looking for volunteers to help make this event a success by assisting with **setup, serving, and cleanup** from **9:00 a.m. to 12:30 p.m.**

- Contact: Rachel Stricklett – rstricklett@omahamarian.org
- Occurs: Once a year
- Date: 9/20/26

Father/Daughter Mass & Breakfast - *Donation of time needed*

***This very special event is meaningful and memorable for the daughters and their fathers, grandfathers, brothers, etc. Some help with the planning process may be needed by the Chairpersons. Most volunteers will be needed for set-up and clean-up on the day of the event.

- Contacts: Norah Morris - norahmorris@hotmail.com
TBA
- Occurs: One day per school year
- Date: 10/11/26

Fall Parent-Teacher Conference Treats - *Donation of items needed*

***It is a time to treat the faculty, before conferences, with some healthy snacks. Volunteers are needed to provide sandwiches, treats, and beverages.

- Contact: Michelle Delisi – delisi@omahamarian.org
- Occurs: Two days in the fall
- Date: 10/14/26 and 10/15/26

Thanksgiving Pies - *Donation of time & items needed*

***This is a fun way to thank the faculty and staff for all they do for our daughters and for their parents. Donations of pies are needed, as well as help with the set-up and clean-up.

- Contacts: **TBA**
- Occurs: One day per school year
- Date: 11/5/26

Open House Hospitality - Donation of time & items needed

*** Marian takes pride in providing a welcoming and hospitable atmosphere. What better way than to offer yummy desserts to our prospective students and their parents? Volunteers are needed for set-up, donate cookies/bars, working the event at the hospitality table welcoming guests and restocking the treats, providing beverages, and clean-up.

- Contacts: Katie Witt – katietwitt@gmail.com

TBA

- Occurs: One day per school year
- Date: 11/15/26

Dancing with the Dads.....Season 11 – Donation of time and items needed

***Such a fun night for the girls and their dads. Dads get to dance with their “little girls” and girls have a ton of fun with their dads and their friends. A night of dinner and dancing. Several areas are in need of help for this event. Some include reservations/table assignments, name tags and check-in table, raffle prizes, set-up, and clean-up.

- Contacts: Cassie Cowles – cassiecowles05@gmail.com – 402-670-1524

TBA

- Occurs: One night per school year
- Date: **TBA – February, 2027**

Acceptance Letters Home Deliveries – Donation of time

***This is an exciting time of year with the admissions process in full swing. We are eager to welcome our incoming Freshman class - the class of 2031. This year, we are planning to deliver acceptance letters in a customized swag box, complete with party poppers and class t-shirts. We need available help in welcoming our newest families to the Marian community! We are seeking 20 volunteers to help deliver 10-20 boxes during the day on Friday, 2/5/27. We will have the boxes, lists, and a game plan ready to go for pick up by Thursday, 2/4/27.

- Contacts: Katy Core – kcore@omahamarian.org
- Occurs: One day per school year
- Date: February 5, 2027

Spring Parent-Teacher Conference Treats – Donation of items needed

***It is a time to treat the faculty, before conferences, with some healthy snacks. Volunteers are needed to provide sandwiches, treats, and beverages.

- Contact: Michelle Delisi – delisi@omahamarian.org
- Occurs: One day in the spring
- Date: 2/11/27

Mother/Daughter Mass & Breakfast – Donation of time needed

***This very special event is meaningful and memorable for the daughters and their mothers, grandmothers, aunts, sisters, etc. Some help with the planning process is needed by the Chairperson. Most volunteers will be needed for set-up and clean-up on the day of the event.

- Contacts: Stefani Fink – finkfamily3@gmail.com – 402-681-0378
Christine Henningsen – Christine.henningsen@gmail.com
Kelly Raynor – kellyraynor5@gmail.com
- Occurs: One day per school year
- Date: 2/21/27

Faculty/Staff Appreciation Lunch – Donation of time and items needed

***Serving the Marian faculty and staff to a lunch to say “Thank You” for all they do at Marian. Help is needed to organize food, provide beverages and desserts.

- Contacts: Melissa Matczak – mmatczak@scoular.com
Erin Grace – emgrace1973@gmail.com
- Occurs: One day, lunchtime, during National Teacher Appreciation Week
- Date: 5/4/27

Senior Honors Day – Donation of time needed

***These Marian Moms have the pleasure of congratulating each graduating senior by presenting each of them with a flower. Help making the arrangements to acquire the flowers and presenting the flowers is needed. morning of the Honors Assembly.

- Contacts: **TBA**
- Occurs: the morning of the Honors Assembly
- Date: **TBA – May, 2027**

Marian Faculty/Staff Buckets – Donation of gift cards needed

***Treat the Marian Faculty/Staff to gift cards throughout the school year for all they do for the students and community.

- Contact: Michelle Delisi – delisi@omahamarian.org
- Occurs: Once per semester

Coming in 2027: A New Opportunity for Marian Families and Supporters

Beginning January 1, 2027, a new federal Education Freedom Tax Credit will give eligible taxpayers a choice in how some of their federal tax dollars are used.

Nebraska has elected to participate in the program, allowing eligible taxpayers to direct up to \$1,700 through an approved Scholarship Granting Organization, such as Opportunity Scholarships of Nebraska. Instead of sending up to \$1,700 in federal income tax to the government, taxpayers will receive a dollar-for-dollar federal income tax credit for the amount directed.

Funds may be designated to support need-based scholarships for Marian High School students, where more than half of our students receive some level of tuition assistance. This program represents a meaningful new pathway to help make a Marian education accessible to qualified students and families.

We ask that you consider designating Marian High School for this tax credit.

We will continue to update you as we get closer to the enrollment period and will provide enrollment instructions.



MARIAN



Servants of Mary

7400 Military Avenue • Omaha, NE 68134-3351 • Phone: (402)571-2547 • Fax: (402)573-6055

August 26, 2026

Dear Marian Families,

Welcome to the 2026-2027 school year!

Marian has come a long way! In 1955, the Servants of Mary Marian High School enrolled 43 students. Today, we welcome over 600 students to Marian, which holds fast to the tradition and values of the Servants of Mary: Compassion, Community, Marian Identity, Empowerment, Spirituality, and Service.

The Servants of Mary are so proud of Marian's dedicated administrators, faculty, and staff who partner with our Community to further our mission and ministry and bring life to the core values each day of your daughter's Marian education.

Marian is dedicated to Mary, the Mother of God. Our students are taught to be Mary's compassionate presence in the world. They are challenged and supported to become women of faith and compassion, ready to lead and to serve. As sponsors of the school, the Servants of Mary continue to ensure that the founding values are incorporated into every aspect of the school community. Marian's mission statement, the core values taught to the students, and the service projects in which your daughter will be involved all reflect the mission of the Servants of Mary.

You are welcome to join the sisters for Sunday Mass at the Fogelstrom Chapel (off campus at 6757 Newport Avenue, Omaha, NE) and for the St. Peregrine Mass on the 3rd Saturday of the month at 11:00 am for those suffering from cancer or other serious illnesses and their caregivers. This Mass is held in the Servant of Mary Chapel, just east of the school building. We also invite you to share any prayer requests you may have for yourself and your loved ones on our Servite prayer line at 402-571-2547. Our brochures also include more information about our St. Peregrine Ministry and other spiritual and supportive opportunities offered by our Community. We will also be in touch with you through the monthly Parent Newsletter.

We are grateful that Marian is your choice for your daughter, and we hope your time at Marian is truly blessed. Know that you and your family are in our daily prayers.

Blessings,

Sr. Lisa Sheridan, OSM
US/Jamaica/Canada Community Prioress



Other Offerings

LIFE COUNSELING AND COACHING

Professional, compassionate counseling is offered to help reduce stress, grief, depression, anxiety and other mental health issues in a supportive atmosphere.

ST. PEREGRINE MINISTRY

St. Peregrine is the patron saint of those with cancer and other incurable diseases.

Our St. Peregrine Ministry includes:
Monthly Mass at 11:00am in our Chapel
the third Saturday of every month.

All are welcome.

PRAYER LINE

Our sisters and associates provide outreach through prayer ministry.

For Prayer Requests please call the Servants of Mary prayer line, 402-951-3068.

HEALING GARDEN

You are always welcome to visit our Healing Garden. There are benches throughout our property to take time to sit, to reflect and pray.



Servants of Mary Spiritual Direction



COMPASSIONATE PRESENCE
IN THE SPIRIT OF MARY.



Servants of Mary

f www.facebook.com/servitesl

▶ www.youtube.com/theservantsofmary

📶 www.osms.org

7400 Military Avenue • Omaha, Nebraska
(402) 571-2547

Spiritual Direction

What is Spiritual Direction?

Spiritual direction is an ancient ministry, a unique one-to-one relationship in which a trained person assists another in the search for an ever-closer union with God. Spiritual directors listen carefully to the unfolding of directees' lives to help them discern the ways in which God is leading them. It can be a life-changing experience of community and communion.

Who are Spiritual Directors?

Spiritual directors take their relationship with God seriously. They are trained in prayer, spirituality, scripture and theology. In the process of spiritual direction, the spiritual director is a privileged witness in the unfolding of another person. However, God is the ultimate Spiritual Director.

Who can receive spiritual direction?

Anyone who wants to deepen his/her relationship with God.

What is the benefit of Spiritual Direction?

With monthly meetings, spiritual direction enables one to:

- Explore and interpret experiences of God
- Integrate spirituality and practices of daily life
- Deepens one's relationship with God
- Share joys, fears and struggles in a safe and confidential environment
- Get spiritually unstuck

What happens during Spiritual Direction?

Spiritual direction usually begins with a brief period of quiet reflection or prayer. Then the spiritual director provides the space and the skill to help discern the movement of the spirit in the daily life of the directee. Spiritual Direction helps one to recognize that spirituality does not happen in isolation or in extraordinary events. It happens in and through one's relationships and daily experiences.

Is Spiritual Direction like therapy?

Spiritual direction is a unique kind of mentoring. It is not psychotherapy because it is not focused on one's relational life or strengthening the ego, or solving problems, although all of these concerns can arise in a conversation about spirituality.

How much does Spiritual Direction cost?

In order to make spiritual direction affordable to all, the Servants of Mary request that the directee pay what is affordable. The typical offering for Spiritual Direction is \$25-\$50. But again, we are committed to making this opportunity available to anyone who wishes it regardless of financial circumstances.

How can I set up an appointment?

Contact any one of our trained spiritual directors listed below. Appointments can be in person or via ZOOM.

Val Lewandoski, OSM
402-951-3093 • lewandoski@osms.org

Sr. Mary Chamberlain, OSM
308-708-1791 • mchamberlain@osms.org

Caroline Turnovsky, OSM
402-660-9695 • cturnovsky@cox.net



Servants of Mary

7400 Military Avenue • Omaha, Nebraska
(402) 571-2547 • www.osms.org



As an extension of the prayerful support offered through the Peregrine Ministry, the Healing Garden provides a peaceful setting for reflection, prayer, and healing. Open to all, this sacred space invites visitors to experience comfort, hope, and God's presence amid the beauty of nature.

The Healing Garden is located on the east side of the Servants of Mary offices and chapel. A life-sized sculpture of the compassionate Christ serves as the garden's focal point. Along the north wall, the Seven Sorrows of Mary are depicted through artwork created by one of our sisters. Within the pergola, beautiful statues portray the Calvary scene. Benches placed throughout the garden and the adjoining cemetery offer quiet spaces for prayer and reflection. The Healing Garden is open and available at all times.



Monthly Mass

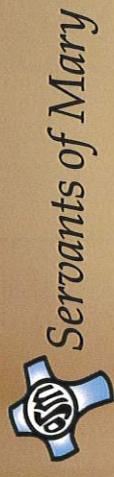
A Mass in honor of St. Peregrine is celebrated on the third Saturday of every month. Three times a year an Anointing of the Sick is included in this liturgy.

There is live stream for those unable to attend. View online at osms.org.

In May, the month of St. Peregrine's feast, there is a special event along with the Mass in honor of St. Peregrine.

On the third Saturday of November, a Memorial Mass gives special attention to those in the Peregrine Prayer Community who have died during the year.

There is a Peregrine chapel located directly across from the main chapel. Both are available for quiet prayer and reflection. Located at: 7400 Military Avenue, Omaha, Nebraska.



St. Peregrine Ministry



Compassionate Presence
in the Spirit of Mary.



Servants of Mary

facebook.com/servitesl

youtube.com/thesevantsofmary

osms.org

7400 Military Avenue • Omaha, NE 68134
(402) 951-3092

Walking Together in Prayer, Hope, and Healing

Through prayer, companionship, and encouragement, the St. Peregrine Ministry of the Servants of Mary offers spiritual support to those facing illness and to the family members and caregivers who walk beside them. This ministry is to help all be open and peaceful, knowing that God is with them throughout the struggles and suffering in their lives.

Inspired by the compassion of Mary and the intercession of St. Peregrine, we seek to bring comfort, hope, and peace, reminding all who suffer that God is present in every moment of their journey.

The Servants of Mary are honored to pray with you and for you.

Enrollments in the prayer community may be made by:

- Returning the form included in this brochure
- Calling (402) 951-3092
- Emailing stperegrine@osms.org
- Online at osms.org

About St. Peregrine

PATRON SAINT OF THOSE SUFFERING FROM CANCER AND OTHER LIFE-THREATENING DISEASES

Born in Forlì, Italy, in 1265, Peregrine was once a rebellious young man whose life was transformed by God's grace. After his conversion, he joined the Servants of Mary and devoted himself wholeheartedly to prayer, service, and the care of others.

For more than fifty years, St. Peregrine ministered tirelessly to the poor, the sick, and the homeless, becoming a living sign of God's compassion. Later in life, he was afflicted with a cancerous growth on his leg so severe that amputation was deemed necessary.

Facing pain, uncertainty, and suffering, Peregrine turned not to despair, but to prayer. On the night before his scheduled operation, he prayed before a crucifix and dreamed that Jesus reached down from the cross and touched his wounded leg. When he awoke, he discovered that he had been healed.

The enduring lesson of St. Peregrine's life is not simply the miracle of his healing, but the depth of his faith. With complete trust, he placed himself in God's loving care. His example reminds us that even in the middle of illness and suffering, we are never alone. Through faith, hope, and trust in God, we can find strength for every step of life's journey.



St. Peregrine Prayer Program Enrollment (PLEASE PRINT CLEARLY)

Please pray for:

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____

☐ Please check if you would like Peregrine prayer cards / materials sent to the enrollee.

(You may enroll as many people as you would like in the program. Please use a separate form for each person you enroll.)

Enrolled by:

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____

PHONE _____

MAIL TO: St. Peregrine Ministry, Servants of Mary
7400 Military Avenue • Omaha, Nebraska 68134

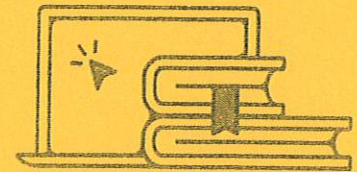


Freshman Parent Night

success AT MARIAN HIGH SCHOOL

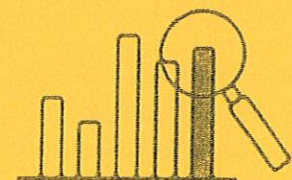
START HIGH SCHOOL WITH SOLID STUDY SKILLS

- Take Challenging Courses
- Understand Transcript Importance
- Know How to Calculate your GPA
- Make Use of Available Resources
- Develop Good Study Habits
- Learn How to Prepare for Tests
- Develop Good Time Management-iBlock instituted
- Complete CliftonStrengths Assessment



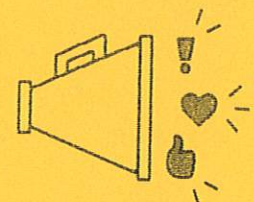
UNCOVER STUDENT STRENGTHS AND ABILITIES

- SCOIR Student Tool
- Join Clubs and Activities
- Take Appropriate Tests
- Begin to Build a Resume



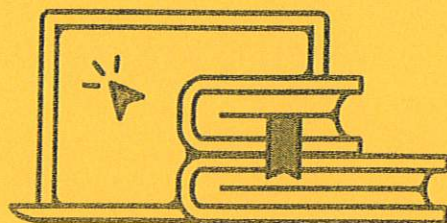
SUPPORT STUDENTS ALL THE WAY

- Meet with her Counselor
- Attend presentations from Student Services
- Develop Appropriate Social Media Skills
- Support Groups
- Social Skills: Resolving Conflict, Making Friends, Being Appropriate



Study Skills Curriculum - Freshman Core Classes

*SUCCESS Program: the **S** stands for "Start high school with solid study skills"*



Study Hall:

Effective Planner

- Students have their planner out at the beginning of class.
- Students Canvas calendar opened and beside planner
 - Canvas has tasks assigned or due
 - Agenda creates a personalized plan
- Use time management skills in planner

Composition and Literature:

Active Reading & Listening

- Annotations (Get thoughts onto the text, highlighting, sticky noting)
- Reading Comprehension Strategies
- Create a personal connection to what you are reading
- Engage in active listening during class discussions and note-taking during lectures

Pre-AP World History and Geography:

Effective Note-taking

- Active reading - solid foundation
- Cornell Note set up
- Put the text in your own words
- Organizing/categorizing information
- Summarizing
- Reviewing

Biology:

Making a connection with new terms

- Finding visuals including pictures, videos, and diagrams
- Put the definition in words that make sense to you
- How does the term connect with:
 - Other terms
 - The next lesson/chapter
 - The lab

Spanish/French/Mandarin:

Repetition & Chunking

- How to make information long term knowledge
- Daily exposure/input in target language
- Break down information into chunks to study
 - Ex: spend 10 minutes each day on 5 new vocab words
- Create a routine to follow up with the information you learned
 - Ex: spend 10 minutes each day on 5 new vocab words
- See the vocabulary/lesson in different forms

Algebra:

Becoming independent in solidifying a new skill

- Do study guide, homework, Quiz corrections, & test rechecks
- Check answer key (highlight ones missed)
- Break Down
 - "What did I miss?" & "How did I miss it?" or "What did I learn?"
 - Break down how to solve it
- Start this process throughout the unit and not right before the test



MARIAN

Sophomore Parent Night

August 26, 2026

What it Means to be a Sophomore

- The amygdala is in charge of the emotions and doing a lot of the work
- The prefrontal cortex is in charge of reasoning and isn't done developing
- As a parent, I am a navigator and a coach. I am not holding the steering wheel or playing in the game. My daughter is doing this.
- It's the in-between year - not a freshman, not yet an upperclasswoman
- Everyone has expectations - teachers, parents, counselors, friends
- Help! My friends are changing!!! I feel lonely and left out
- Navigating Social Survival vs. Social Harm
- What motivates people: experiences that create pride, avoiding embarrassment, humiliation, and shame, gaining prestige and reputation to be valued, and feeling a sense of belonging.
- Balance High Expectations and High Support
- Relationship building: it ebbs and flows. Encourage her to be the one that invites
- Social Media: My constant companion
 - cell phone, TikTok, Snapchat, Instagram, and YouTube
 - How am I as an adult modeling this?

Programming

- **Distracted Driving** presented by *C.A.R. Alliance for Safer Teen Driving*
- **SCOIR**- Updating resume, exploring different colleges
- **Small Group Meetings** addressing academic goals, interests, and resumes
- **Sophomore Review**- meeting with the sophomore student, guardian, and Marian staff member to reflect on the first two years of Marian. Set goals for the next two years revolving around core values. (Spring 2027)

College and Career Exploration

- Pay attention to classes that are enjoyable as well as strengths & weaknesses
- Review Clifton Strengths
- Get involved in activities that match personal interests
- Parents can start the conversation by talking about their own college choice, career path and discernment process

Testing

All sophomores can take both tests at Marian

- **PSAT— Thursday, October 15, 2026** (optional-sign up via google form)
 - Preliminary Scholastic Aptitude Test
 - **PSAT/NMSQT National Merit Scholarship Qualifying Test** (junior year)
 - PSAT practice questions
 - www.collegeboard.org
- **Pre-ACT—April 6, 2027** (all sophomores will take)

National Honor Society Requirements

*must be completed by September 15th of their junior year

- 3.8 cumulative GPA @ the beginning of junior or senior year
- A leadership position—in or outside of school
- Community service—15 hours of service
- Marian activities—20 hours of involvement

Club & Service Fair

- August 27, 2026, during CAB

We are here to support

Kathy DeWispelare- (A-G)
kdewispelare@omahamarian.org

Anna Sparwasser- (H-N)
asparwasser@omahamarian.org

Mandie Losee- (O-Z)
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