



September Breakfast

SECONDARY 2026

mps.schools.org/menus

7 NO SCHOOL	8 Gallo Pinto with Eggs OR Yogurt & Grahams OR Cereal	9 Cheesy Eggs & Cinnamon Roll OR Cereal	10 Carrot Breakfast Bread OR Yogurt & Grahams OR Cereal	11 Turkey Chorizo Breakfast Burrito OR Cereal
14 Egg & Cheese / Sausage & Cheese Pancake Stacker OR Cereal	15 French Toast Sticks & Turkey Sausages OR Yogurt & Grahams OR Cereal	16 Egg & Cheese Tamale OR Cereal	17 Apple Cinnamon Breakfast Bread OR Yogurt & Grahams OR Cereal	18 Sunrise Fiesta Bowl with Jalapeño Cheddar Biscuit OR Cereal
21 NO SCHOOL	22 Gallo Pinto with Eggs OR Yogurt & Grahams OR Cereal	23 Cheesy Eggs & Cinnamon Roll OR Cereal	24 Carrot Breakfast Bread OR Yogurt & Grahams OR Cereal	25 Turkey Chorizo Breakfast Burrito OR Cereal
28 Egg & Cheese / Sausage & Cheese Pancake Stacker OR Cereal	29 French Toast Sticks & Turkey Sausages OR Yogurt & Grahams OR Cereal	30 Egg & Cheese Tamale OR Cereal	1 Apple Cinnamon Breakfast Bread OR Yogurt & Grahams OR Cereal	2 Sunrise Fiesta Bowl with Jalapeño Cheddar Biscuit OR Cereal

SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

For nutrition facts and allergens, visit schoolcafe.com/
MinneapolisPublicSchools. Menu subject to change.
This institution is an equal opportunity provider.

