

MINDSETS

AUGUST 2026

VOL. 1

STRENGTHENING SEL CONNECTIONS
BETWEEN HOME & SCHOOL

matter

WHY 7 MINDSETS?

7 Mindsets is a Tier I social-emotional learning (SEL) curriculum that helps students develop essential life skills through interactive, age-appropriate lessons.

Beginning this school year, all SCPPS students in grades K-12 will participate in weekly 7 Mindsets lessons focused on self-awareness, healthy relationships, responsible decision-making, and personal growth. Students will have opportunities to share, reflect on their experiences, and connect what they are learning to their everyday lives.

So, why do mindsets matter? Our mindsets influence how we see ourselves, others, and the world around us. A mindset-based approach helps students recognize their potential, build resilience, navigate challenges, and remain open to growth. When students believe they can grow, they are more likely to embrace challenges, persevere through difficulties, and try new things.

The curriculum is organized around seven mindsets, with each one explored over the course of four weeks. Each mindset includes four lessons that build upon one another, giving students the space to learn, practice, and apply new skills in meaningful ways.

[CLICK HERE](#) to watch a short video of students describing what The 7 Mindsets mean to them.



WHAT ARE THEY?

Everything is Possible - Inspires Hope

Dream big, be creative, stay positive, learn from mistakes.

Passion First - Ignites Purpose

Lead with strengths, interests, values, and aspirations.

We Are Connected - Strengthens Belonging

Embrace everyone and build meaningful relationships.

100% Accountable - Builds Self-belief

Own your choices, your effort, and every outcome.

Attitude of Gratitude - Develops Thankfulness

Appreciate what you have, find good in every moment.

Live to Give - Instills Significance

Serve others and make a positive impact on the world.

The Time is Now - Sparks Engagement

Take initiative and act with purpose towards goals.

BACK TO SCHOOL

For many families, August can be a challenging month of transition. Parents and guardians can help make the back-to-school adjustment smoother by providing structure and consistency at home. Work together to plan a morning routine and establish a consistent homework schedule.

These routines can help children feel prepared, stay focused, and build confidence as they settle into the new school year.

