

Thomas Worthington Sports Medicine Team

What is OhioHealth Sports Medicine?

OhioHealth Sports Medicine Institute is the largest multidisciplinary sports medicine group in central Ohio dedicated to treating student athletes, college athletes, professional athletes, and the athlete in you. WE are made up of more than 200 athletic trainers at over 90 schools, with more than 60 physicians board-certified in sports medicine, primary care physicians, orthopedic surgeons, sports medicine physical therapists, occupational therapists, registered dietitians, sports psychologists, and the most comprehensive team of experts for sport concussions in central Ohio.

The Team Behind Your Team



Jenn Van Horn, MAT, AT

Jenn Van Horn is an athletic trainer for Thomas Worthington. She got her bachelor's in international studies at the Ohio State University, and her Master of Athletic Training at the University of Findlay. Jenn spent 3 years as the associate athletic trainer and adjunct professor at Bluffton University. She has been with Thomas Worthington High School since the fall of 2019. In her free time Jenn enjoys watching Ohio State Football, relaxing with friends or reading a good book.

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Kyla Williams, AT

Kyla Williams has been with Thomas Worthington since summer 2024. She got her Bachelor of Athletic Training at the Ohio State University, and is seeking a master's in Applied Physiology and Kinesiology from the University of Florida. In her free time, she enjoys watching football, baking, and hanging with friends.

kyla.williams@ohiohealth.com



Taylor Harr, AT

Taylor has been with Worthington athletics since fall of 2023 and an AT with OhioHealth for 3 years. She has an undergraduate and masters degrees from Otterbein University. Taylor enjoys working with kids and educating them on how to best take care of themselves. In her free time, she enjoys reading, crocheting, and taking her dachshund Finnick on walks!



Kelley Clem, MD

Dr. Kelley Clem is a family practice physician with fellowship training in Sports Medicine. Treating patients of all ages, Dr. Clem understands sport specific needs and the importance of personalized training. With an additional focus on injury prevention. Dr. Clem is frequently found lecturing to youth athletic organizations, clubs, and schools on topics such as proper nutrition, training, conditioning, and recovery. Dr. Clem enjoys cycling. He is married with two children. Dr. Clem's areas of specialty include: Sports Medicine; Shoulder, Elbow, Hand & Knee Disorders; Sports Performance and Cycling Medicine.

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WE are dedicated to working together with athletes, their families, coaches, and other healthcare professionals to provide the highest quality of care, treatment, and rehabilitation possible and to ensure proper communication regarding the athlete's status and safe return to play.



OhioHealth

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