



SEPTEMBER 2026

Middle and High School

PBJ Sandwiches, Salads,
Subs, and Pizza Served Daily

Monday

Tuesday

Wednesday

Thursday

Friday

Rice Bowl
Sweet and Sour Chicken
Steamed Broccoli
Steamed Carrots
Fruit and Milk

1

Spaghetti
Garlic Bread
Roasted Asparagus
Italian Salad
Fruit & Milk

2

Beefy Cheese or
Buffalo Chicken Nachos
Beans, Corn, Rice
Salad
Fruit and Milk

3

BBQ Sandwich
French Fries
Baked Beans
Slaw
Fruit and Milk

4

Labor Day

7

Holiday

8

Lasagna w/
Garlic Bread
Steamed Broccoli
Garden Salad
Fruit and Milk

9

Burritos
Beans, Corn
Lettuce, Tomatoes, Cheese
Sour Cream, Salsa
Fruit and Milk

10

Hamburger or Hotdog
Lettuce, Tomatoes, Pickles
Baked Beans
Sweet Potato Fries
Fruit and Milk

11

Chicken Sandwich
Green Beans
Roasted Potatoes
Fruit and Milk

14

Rice Bowl
Asian Chicken
Steamed Broccoli
Steamed Carrots
Fruit and Milk

15

Chicken Alfredo
Cheese Bread
Roasted Squash
Caesar Salad
Fruit and Milk

16

Taco Bar
Beans, Corn, Rice
Lettuce, Tomatoes, Cheese
Sour Cream, Salsa
Fruit and Milk

17

Corn Dogs
Mac and Cheese
Tator Tots
Fresh Cut Veggies
Fruit and Milk

18

Chicken Tenders, Roll
Green Beans
Sweet Potato Casserole
Fruit and Milk

21

Rice Bowl
Sweet and Sour Chicken
Steamed Broccoli
Steamed Carrots
Fruit and Milk

22

Spaghetti
Garlic Bread
Roasted Asparagus
Italian Salad
Fruit & Milk

23

Beefy Cheese or
Buffalo Chicken Nachos
Beans, Corn, Rice
Salad
Fruit and Milk

24

BBQ Sandwich
French Fries
Baked Beans
Slaw
Fruit and Milk

25

Chicken Nuggets w/ Roll
(Hot or Plain)
Mashed Potatoes
Lima Beans, Fried Okra
Fruit and Milk

28

Rice Bowl
Spicy Grilled Chicken
Steamed Broccoli
Steamed Carrots
Fruit and Milk

29

Lasagna w/
Garlic Bread
Steamed Broccoli
Garden Salad
Fruit and Milk

30

The following major food allergens are used as ingredients: Milk, Wheat, Eggs, Soy, Shellfish, Peanuts, Tree Nuts, Fish, and Sesame.

Menu subject to change due to supply chain.

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