Notice of Curricular Lessons Involving Food
1st Grade

School Year: 2026-2027

Dear parents and guardians,

As part of our commitment to student health, wellness, and safety, Arlington Heights School District 25 follows strict guidelines regarding the presence of food in our schools. This letter serves to notify you that certain lessons in your student's curricular instruction this school year may involve the use of food as an instructional tool.

This notification is provided in accordance with Administrative Procedures 6:50 and the AHSD25 Wellness Policy, which states:

> **Restrict use of foods as an instruction tool. In the rare event when foods are used in class, or in school sponsored events, teachers must notify the parent/student in advance.**

Our primary goal is to ensure a safe environment for all students, especially those with life-threatening food allergies. In accordance with the notification processes outlined in the AHSD25 Allergy Resource Guide, we are sharing the food or products that may be used. During this school year, your student will be exploring the following curricular units, which may involve the use of the following food items or other products as an instructional tool. These items are not intended for consumption:

Science Unit:
Light & Sound

- Pepper
- Skim milk
- Vegetable oil

Science Unit:
Examining Living Things

- Alfalfa sprouts
- Balloons (mylar /latex)*
- Bean sprouts
- Bread slices
- Corn seeds / kernels
- Cheese slices
- Flowers*
- Fruits and vegetables
- Coconut
- Celery stalks
- Lima beans
- Rock salt

*non-food items that may contain allergens

If you have any questions or concerns regarding your child's participation in lessons involving the food items listed, please contact your child's teacher or your school nurse.

In partnership,

AHSD25 Departments of Student Learning & Food & Nutrition Services

Para leer la carta en español, haga clic aquí.