ST. MICHAEL'S 2026 FALL SPORTS REGISTRATION INSTRUCTIONS

BOYS FOOTBALL | GIRLS VOLLEYBALL
COED CROSS COUNTY

1. COMPLETE REQUIRED MEDICAL INFORMATION ON VERACROSS PARENT PORTAL
2. COMPLETE JERSEY SIZE REQUEST FORM FOR INTENDED SPORT AND RETURN TO FRONT OFFICE, COACH, OR MILAN JAMES
3. COMPLETE ACKNOWLEDGEMENT OF HEALTH FORMS AND RETURN TO FRONT OFFICE, COACH, OR MILAN JAMES
4. SUBMIT REGISTRATION FEE
5. ALL DOCUMENTS MUST BE COMPLETED BEFORE STUDENT-ATHLETE CAN PARTICIPATE IN PRACTICE

- **NOTE: SMEDS ATHLETICS ACCEPTS VENMO (@ADMINSTMIKE), CHECK, CASH, OR FACTS | CAN SUBMIT TO HEAD COACH, FRONT OFFICE, OR MILAN JAMES | PLEASE INCLUDE YOUR CHILD'S NAME AND SPORT**
- **JERSEY REQUEST AND MEDICAL ACKNOWLEGEMENT FORMS CAN BE FOUND ON ATHLETICS WEBPAGE OR VERACROSS PARENT PORTAL**

2026 FALL SPORTS REGISTRATION DUE BY SEPTEMBER 3

$ 140

$ 140

$ 90 XC ONLY
$ 70 2 SPORTS

REGISTRATION FEE INCLUDES T-SHIRT, TEAM PHOTOS, AND COACHES GIFT

STUDENT-ATHLETES CAN PARTICIPATE IN MORE THAN 1 P.A.L. SPORT BUT MUST BE ABLE TO ATTEND AT LEAST 1 FULL PRACTICE A WEEK FOR EACH TEAM

QUESTIONS? CONTACT ATHLETIC DIRECTOR MILAN JAMES
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