



PARENTING SUPPORT
GROUP

MONTHLY PARENT SUPPORT GROUP

You're not in this alone.

Connect. Share. Support.



LUNCHBOX LESSONS:

Parent Support for the School Year

Back to school anxiety concerns,
routines *and* support.



Manage
anxiety



Build helpful
routines



Find support
& connection



Thursday, September 17th



6:00pm – 7:30pm



Liberty Elementary Room 104
17901 205th Ave NW
Big Lake, MN 55309

Let's
support each
other through
a successful
school year!

Strong
families.
Successful
kids. ♥



Stronger together. Brighter school year. ♥