

# SHS 9<sup>TH</sup> - 12<sup>TH</sup> GRADE DELI GRAB AND GO MENU

| Monday                | Tuesday                     | Wednesday             | Thursday                | Friday                 |
|-----------------------|-----------------------------|-----------------------|-------------------------|------------------------|
| Buffalo Chicken Wrap  | Turkey, Bacon & Cheese Wrap | Chicken Caesar Wrap   | Buffalo Chicken Wrap    | Hot Honey Chicken Wrap |
| Mixed Italian Sub     | Ham & Cheese Sub            | Turkey & Cheese Sub   | Mixed Italian Sub       | Turkey & Cheese Sub    |
| Popcorn Chicken Salad | Chicken Caesar Salad        | Buffalo Chicken Salad | Hot Honey Chicken Salad | Taco Salad             |

*Sandwiches & Salads are prepared with cheese & meat. Meat/Cheese free versions are available by request.*

**7**

## ALTERNATE MEALS AVAILABLE EVERY DAY!

Dressing options: Ranch, Italian, Caesar and Balsamic Vinaigrette. Salad meal offered with garlic breadstick and Goldfish crackers. Taco salad offered with Doritos and crackers.

**1**

HUMMUS BOX

**2**

SALAD

**3**

FRUIT & YOGURT PARFAIT

**4**

PBJ UNCRUSTABLE

**5**

HOMEMADE CHEESE PIZZA

**6**

SANDWICH

**7**

SOFT PRETZEL



Menu includes NY grown and produced foods.

All meals offered with daily vegetables, fruit and milk. Some meals may require additional items to qualify as a complete meal.