



Breakfast Menu Rye HS

7:30am-10:30am Service

Daily Breakfast Selections Include:

Hot Breakfast Items Offered on a Rotating Basis. Menu Subject to Change Due to Seasonal Availability of Ingredients.

Assorted Cereals (gluten free available) Small \$1.25 Large \$2.25
Cheerios, Apple Cheerios, Honey, Rice Chex and Rice Krispies

Cage Free Brown Eggs Made to Order
Omelet/Sandwich/Wrap \$3.50-\$4.50

RYE GARNET BAR \$2.50

Made from scratch granola bar with clean ingredients

Pancakes (2) Belgium Waffles (2) Challah Bread French Toast (1) \$3.00
Made to order

Yogurt Parfait \$4.25

Nut Free Granola Fresh Blueberries and/or Strawberries
Assorted Greek Yogurt \$2.25

Toasted Bagel Bar \$3.50+ Additional items

Made on site Veggie/Scallion Cream Cheese
Smoked Salmon/Lettuce/Tomato/Capers/Red Onion
Gluten Free Bread available for Toasting

Fresh Baked Muffins \$2.50

Fresh Baked Whole Grain Cider Donuts \$1.50

Made Fresh on site Over Night Oats

9oz/12oz available with our Fresh Fruit Toppings and Peanut Free Granola
\$3.25-\$4.25

Fresh Fruit Cup 9oz \$2.50
Pineapple, Strawberry, Melon, Grapes
Seasonal Whole Fruit \$1.00

Coffee, Tea, Decaf Coffee, Hot Chocolate and French Vanilla Iced Coffee Available
12oz \$2.00/16oz \$2.50 Ice Coffee: \$3.50

Fresh Smoothies made daily 12oz \$5.00

Menus Subject to Change: We try our best to serve our menus as posted; however, sometimes last-minute changes occur and supply chain issues. Please check with the cafe manager prior to the meal if you have any concerns.



Milk is antibiotic and hormone free

We offer

*Skim, 1%, 2%, Whole and
Fat Free Chocolate
Milk Price 8oz \$.75*

Poland Spring 16oz Water \$1.50

Poland Spring Seltzer \$2.00

Naked Smoothie \$2.50-\$5.00

Tropicana 100% Juice 12oz \$2.75

Apple and Orange

OUR OWN OATMEAL BAR:

Quaker Oats with choice of toppings:
Granola, Chia/Flax Seed, Cinnamon Sugar,
Choc Chips, Brown Sugar/Agave \$3.25



Questions or Concerns contact:
Foodservice@ryeschools.org

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