



SEPTEMBER 2026

Saugerties Jr/Sr High Lunch Menu

FREE BREAKFAST & LUNCH MEALS
FOR ALL STUDENTS

Monday

Tuesday

Wednesday

Thursday

Friday



No School



No School



Baby Carrots & Ranch



No School



Labor Day
No School

Chicken Nuggets
Or Sriracha Chicken Nuggets
Doritos
Baked Beans
Broccoli

Hamburger or
Cheeseburger
Or BBQ Rib Sandwich
Macaroni & Cheese
Carrots

French Toast Sticks
Hash Brown
Canadian Bacon
V-Blend Juice

Cheese Or
Pepperoni Pizza
Celery Sticks & Ranch

Chicken Tenders
Potato Wedges
Carrots
Dinner Roll

Hard or Soft
Beef Tacos
Seasoned Rice
Refried Beans
Corn

Popcorn Chicken
Or Sriracha Chicken Nuggets
Mashed Potatoes & Gravy
Broccoli
Dinner Roll

Cheese Or
Buffalo Chicken Pizza
Garden Salad

Mozzarella Sticks
With Marinara Sauce
Cucumber Coins & Ranch



No School

Chicken Nuggets
Or Sriracha Chicken Nuggets
Macaroni & Cheese
Broccoli

French Toast Sticks
Hash Brown
Canadian Bacon
V-Blend Juice

Bosco Sticks
Or Meatball Parm Sub
With Marinara Sauce
Garden Salad

Cheese Or
Pepperoni Pizza
Carrot Sticks & Ranch

Chicken Caesar Wrap
Or Sriracha Chicken Nuggets
Tater Tots
Carrots

Beef & Cheese
Nachos
Seasoned Rice
Refried Beans
Corn

Cheese Or
Pepperoni Pizza
Caesar Salad

THIS MENU IS SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

If you have a food allergy, please notify Sheila Melville- Smelville@saugerties.k12.ny.us

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com