

PE WAIVER/CREDIT FLEXIBILITY

WHAT IS P.E. WAIVER

P.E. Waiver is a way to complete one's Physical Education requirements. With P.E. Waiver, students receive no credit and no grade. Students are waived from taking two P.E. classes. A student may waive Physical Education classes by completing two full seasons of SHS athletics, cheerleading, dance, ShowChoir, or marching band. Should a student become injured or not complete the season for ANY reason, he/she must find an alternate way to satisfy his/her P.E. requirement.

A student interested in a P.E. Waiver must complete the online P.E. Waiver Form.

The following due dates apply for the application waiver form: Fall Sports - August 30th, Winter Sports-November 30th, Spring Sports-March 30th.

WHAT IS THE BEST WAY FOR YOUR CHILD TO SATISFY THE P.E. REQUIREMENT?

P.E. Waiver

- P.E. Waiver is suitable for students who have NOT completed any P.E. Credit
- P.E. Waiver is ONLY for students participating in Strongsville High School related athletics, Marching Band, ShowChoir, dance or Cheerleading.
- P.E. Waiver exemption cannot be combined with P.E. credit earned through actual coursework or through credit flexibility.
- With P.E. Waiver, students receive no credit and no grade. Students are exempted from taking two P.E. classes.
- Complete the online P.E. Waiver Form

P.E. Credit Flexibility

- P.E. Credit Flexibility is suitable for students who participate in physical activities that are not affiliated with or offered at SHS.
- P.E. Credit Flexibility is suitable for students who have already received one portion of their P.E. credit (Foundations of Physical Activity Course).
- Students who fail to complete hours from an approved application by the end of the semester will receive an "F".
- P.E. Credit Flexibility Application

WHAT IS CREDIT FLEXIBILITY

Credit Flexibility, as defined by the Ohio Department of Education, is designed to increase curricular options available to students, increase the depth of study available for a particular subject, and tailor the learning time or conditions needed to a complete high school diploma.

Credit Flexibility allows students to earn credit by demonstrating academic and skill level performance through a variety of educational options. Students may pursue alternative coursework or create a plan to demonstrate subject area competency. Approved credit awarded through these guidelines will be posted on a student's transcript and counted as required graduation credit in the related subject area or as an elective. A student must complete the Credit Flexibility Application and obtain approval PRIOR to beginning the coursework. Applications will be approved 3 times a year. The deadlines are May 30th, August 30th and November 30th.

[PE Credit Flexibility FAQ.](#)
[Credit Flexibility Application](#)

Credit Flexibility Applications pertaining to Physical Education should include a specific outline about how and when time will be spent. At least 60 hours must be spent participating in the chosen physical activity. In addition, students will be required to purchase a workbook and complete the workbook to receive credit. For more information, see the *Credit Flexibility Guidelines and Application*.