

MEET THE SCHOOL COUNSELOR



MS. DELGADO

About Me

I hold a Bachelor's Degree in Elementary Education and a Master's Degree in School Counseling. I spent 6 years in the classroom before transitioning into school counseling, where I have found my true passion supporting students' academic, social, and emotional growth. This year marks my 7th year at VME and my 13th year with the district, and I love helping students grow and thrive both in and out of the classroom.

My favorite things

- My cat, Stewart
- Spending time with my family and friends
- Being on the boat
- Sewing, crafting and baking sourdough
- Thrifting
- Listening to audiobooks
- Concerts
- Taylor Swift
- Walt Disney World
- Relaxing at the beach
- Any traveling!



My Goal

My goal is to create a positive, supportive environment where students can learn, grow, and thrive throughout their educational journey.

I support students in the areas of:

- Individual, solution-focused counseling
- Small group counseling
- Academic success
- Coping strategies
- Conflict resolution

Contact:

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