

Course Title

Fashion Design Rotation 8



INNOVATIVE
ARTS ACADEMY

Course Objectives

This course invites 8th grade students to explore fashion through a cultural and creative lens, focusing on the traditions, textiles, and techniques that shape global and personal identities. Through hands-on projects in cultural dress research, textile dyeing, hand sewing, and quilt making, students connect history, art, and self-expression while developing foundational fashion and design skills.

Unit Title

Cultural Dress, Adornments and Traditions

Time Frame

2 weeks



Unit Title

Intro to Hand Sewing and Machine Sewing

Time Frame

3 weeks

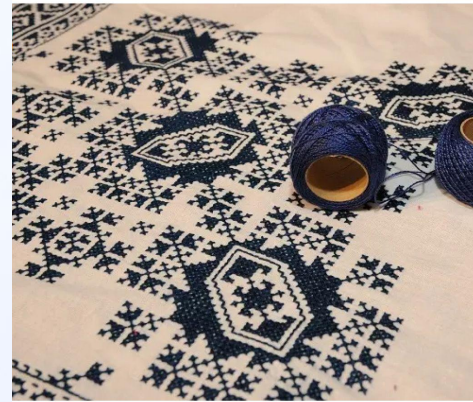


Unit Title

Culture Sewing Project

Time Frame

3 weeks



Unit Title

Intro to Textiles & Dyeing (printmaking)

Time Frame

2 weeks



Focus of the Unit

- Be exposed to different cultures' traditional & ceremonial clothing, ways of life, and beliefs
- Learn how clothing is made and embellished within these cultures
- Build a sense of pride in their ancestral backgrounds and the beauty of their traditions
- Explore and gain knowledge on their own ancestral backgrounds (or a culture of their choosing) by researching their culture(s) traditional dress and historical significance

Focus of the Unit

Learning Basic Hand Sewing Techniques – Students develop practical skills and understand garment construction and repair through stitching methods like running stitch, backstitch, and blanket stitch. After becoming confident with hand sewing, students will practice stitching, setup and correct usage, and safety for a sewing machine. Students learn how hand sewing has influenced traditional dress and cultural practices around the world.

Focus of the Unit

Students will use new skills from hand sewing and machine sewing to create a cultural scene and representation on a garment, bag, or granny square. Students will learn how to depict culture through imagery, colors, and symbols to represent themselves or another culture. Students will research and collaborate with their peers to discover imagery and symbols to represent their cultures.

Focus of the Unit

Students learn how textiles have evolved and their role in fashion throughout history. Introduction to Dyeing Techniques – Students experiment with applying color to fabrics through basic dyeing methods like tie-dye and immersion. Basic Fabric Printmaking – Students apply simple printmaking techniques to create original surface designs and patterns on fabric.

Board Approved 8/2026

Unit Title**Cultural Dress, Adornments and Traditions****Time Frame****2 weeks****INNOVATIVE**
ARTS ACADEMY**Essential Question(s)**

- What is the importance of cultural dress within societies? • How can body garments/adornments showcase a person's Identity? • What does it mean to be culturally competent/aware? • How does cultural dress still connect to/influence fashion and society today?

**Focus of the Unit**

- Be exposed to different cultures' traditional & ceremonial clothing, ways of life, and beliefs
- Learn how clothing is made and embellished within these cultures
- Build a sense of pride in their ancestral backgrounds and the beauty of their traditions
- Explore and gain knowledge on their own ancestral backgrounds (or a culture of their choosing) by researching their culture(s) traditional dress and historical significance

Standards

9.1.8.A, 9.1.8.B, 9.1.8.C

Learning Targets

I can differentiate between different cultures and fashions.

Learning Targets

I can engage in a Compare & contrast cultures activity.

Learning Targets

I can identify common colors, patterns, embellishments, and/or textiles used within my chosen culture's dress.

Learning Targets

I can investigate and research a specific culture based on my own background or a culture of my choosing,

Resources

Materials include a Terms Worksheet, Chromebooks, paper, pencil, magazines, glue, colored pencils, and markers

Unit Title

Intro to Hand Sewing and Machine Sewing

Time Frame

3 Weeks

**INNOVATIVE**
ARTS ACADEMY**Essential Question(s)**

- How do you operate a sewing machine safely? • What does it take to master a craft technique? • How has hand sewing evolved across cultures and time periods?

**Focus of the Unit**

Learning Basic Hand Sewing Techniques – Students develop practical skills and understand garment construction and repair through stitching methods like running stitch, backstitch, and blanket stitch. After becoming confident with hand sewing, students will practice stitching, setup and correct usage, and safety for a sewing machine. Students learn how hand sewing has influenced traditional dress and cultural practices around the world.

Standards

PA Arts & Humanities: 9.1.6.B, 9.1.6.C, National Core Arts Standards: VA:Cr2.1.6a, VA:Cr3.1.6a, Family & Consumer Sciences: 16.4.3, 16.5.4

Learning Targets

I can thread a needle, tie a knot, and begin a stitch.

Learning Targets

I can safely prep and use a sewing machine.

Learning Targets

I can do 3 basic stitches (running, back, and blanket).

Learning Targets

I can reflect on how hand sewing is used in tradition

Resources

Mixed media and fashion illustration videos, Embroidery handbooks and beginner stitch guides, Fashion design inspiration from Pinterest, Instagram, Websites like FashionIllustrationTribe and Format Magazine, Teacher-selected reference materials and guides

Unit Title

Cultural Sewing Project

Time Frame

3 Weeks

**INNOVATIVE**
ARTS ACADEMY**Essential Question(s)**

- How do you operate a sewing machine safely? • What does it take to master a craft technique? • How has hand sewing evolved across cultures and time periods?

**Focus of the Unit**

Students will use new skills from hand sewing and machine sewing to create a cultural scene and representation on a garment, bag, or granny square. Students will learn how to depict culture through imagery, colors, and symbols to represent themselves or another culture. Students will research and collaborate with their peers to discover imagery and symbols to represent their cultures.

Standards

PA Arts & Humanities: 9.1.6.B, 9.1.6.C, National Core Arts Standards: VA:Cr2.1.6a, VA:Cr3.1.6a, Family & Consumer Sciences: 16.4.3, 16.5.4

Learning Targets

I can thread a needle, tie a knot, and begin a stitch.

Learning Targets

I can safely prep and use a sewing machine.

Learning Targets

I can do 3 basic stitches (running, back, and blanket).

Learning Targets

I can create an item that represents my culture.

Resources

Mixed media and fashion illustration videos, Embroidery handbooks and beginner stitch guides, Fashion design inspiration from Pinterest, Instagram, Websites like FashionIllustrationTribe and Format Magazine, Teacher-selected reference materials and guides

Unit Title**Intro to Textiles & Dyeing (printmaking)****Time Frame****2 weeks****INNOVATIVE**
ARTS ACADEMY**Essential Question(s)**

- What is dyeing, and what are some basic dyeing techniques used in fashion?
- What is printmaking on fabric, and how does it differ from full immersion dyeing?
- How do designers choose specific textiles and surface treatments to achieve their creative vision?

Focus of the Unit

Students learn how textiles have evolved and their role in fashion throughout history. Introduction to Dyeing Techniques – Students experiment with applying color to fabrics through basic dyeing methods like tie-dye and immersion. Basic Fabric Printmaking – Students apply simple printmaking techniques to create original surface designs and patterns on fabric.

Standards

9.1.8.A, 9.1.8.B, 9.1.8.C

Learning Targets

I can investigate historical textile production methods and their cultural significance.

Learning Targets

I can create rubber print with a custom design.

Learning Targets

I can apply simple printmaking techniques (e.g., block printing, stencil printing) to create patterns on fabric.

Learning Targets

I use dye to alter and enhance fabrics and my project.

Resources

Materials, Rubber Print Blocks, Fabric dye and paint