

Middle & High School Menu

September 2026

Farm to School



ITEMS OF THE MONTH:
PLUMS, NECTARINES,
WATERMELON, PEACHES,
& GRAPE TOMATOES

Key

- House-Made
- Vegetarian Entrees
- Vegan Entrees
All fruits, fresh vegetables, & cereals are vegan.
- Contains Pork
- All grains are whole-grain rich
Except cinnamon roll
- NEW New Item

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



MON		TUE		WED		THU		FRI	
		BREAKFAST 1 Cinnamon Crumb Cake👩🍳 PB&J Sandwich🌿 Egg, Cheese, & Turkey Sausage Breakfast Burrito LUNCH Buffalo Wings & Rings Protein Snack Box🌿 Chicken Tamale	BREAKFAST 2 Egg, Cheese, & Turkey Ham Croissant Sandwich👩🍳 House-Baked Cinnamon Roll🌿 Strawberry Yogurt Parfait👩🍳 LUNCH Cheesy Breadsticks w/Marinara👩🍳🌿 Bacon Cheeseburger👩🍳🐷 Hot Dog Farm to School Plums	BREAKFAST 3 Cinnamon Crumb Cake👩🍳 Egg & Cheese Biscuit👩🍳 Strawberry Yogurt Parfait👩🍳 LUNCH Birria & Cheese Pupusa Chili Cheese Nachos👩🍳 Strawberry Yogurt Parfait👩🍳 Farm to School Nectarines	BREAKFAST 4 Egg, Cheese, & Sausage Sandwich👩🍳🐷 House-Baked Cinnamon Roll🌿 Strawberry Yogurt Parfait👩🍳 LUNCH Spicy Bean Nachos👩🍳 Chicken Drumstick & Waffle Teriyaki Meatballs w/Rice👩🍳				
7  Labor Day - No School	BREAKFAST 8 Egg & Cheese Bites Bagel w/Cream Cheese Blueberry Waffle🌿 LUNCH BBQ Turkey Mac & Cheese👩🍳 Teriyaki Chicken w/Rice👩🍳 Kickin' Tenders & Toast Sticks🌿	BREAKFAST 9 Egg, Cheese, & Bacon Biscuit👩🍳🐷 House-Baked Cinnamon Roll🌿 LUNCH Chicken & Veggie Chow Mein👩🍳 Chili Cheese Nachos👩🍳 Bean Burrito w/Pico🌿	BREAKFAST 10 Cinnamon Muffin🌿 Egg, Cheese, & Turkey Sausage Breakfast Burrito Strawberry Yogurt Parfait👩🍳 LUNCH Chicken & Cheese Taquitos w/Guacamole Boneless Wings w/Cornbread👩🍳 Cheese Quesadilla🌿 Farm to School Watermelon	BREAKFAST 11 Egg, Cheese, & Turkey Ham Croissant Sandwich👩🍳 House-Baked Cinnamon Roll🌿 Strawberry Yogurt Parfait👩🍳 LUNCH Chili Cheese Nachos👩🍳 Spaghetti w/Meatballs👩🍳 Buffalo BBQ Chicken Sandwich👩🍳🐷					
BREAKFAST 14 Pizza Stick🐷 Breakfast Bites w/Fruit Dip👩🍳 Cinnamon Cereal Bar🌿 LUNCH Buffalo Wings & Rings Orange Chicken w/Rice👩🍳 Bean & Cheese Burrito w/Pico🌿	BREAKFAST 15 Mini Maple Pancakes🌿 PB&J Sandwich🌿 Cinnamon Crumb Cake👩🍳 LUNCH BBQ Turkey Sliders👩🍳 PB&J Protein Kit🌿 Beef Tacos👩🍳	BREAKFAST 16 House-Baked Cinnamon Roll Egg & Cheese Tamale🌿 Strawberry Yogurt Parfait👩🍳 LUNCH Kung Pao Chicken w/Rice👩🍳 Rib-B-Que Sandwich🌿 Buffalo Chicken Mac & Cheese👩🍳 Farm to School Watermelon	BREAKFAST 17 Cinnamon Crumb Cake👩🍳 Chicken Biscuit👩🍳 Strawberry Yogurt Parfait👩🍳 LUNCH Cheesy Pull-Aparts w/Marinara👩🍳 Chili Cheese Nachos👩🍳 Chicken Tamale Farm to School Plums	BREAKFAST 18 Egg, Cheese, & Sausage Sandwich👩🍳🐷 House-Baked Cinnamon Roll Strawberry Yogurt Parfait👩🍳 LUNCH Chili Cheese Dog👩🍳 Chicken Drumstick & Waffle Thai Sweet Chili Quinoa Bowl👩🍳🌿					
BREAKFAST 21 Chocolate Muffin🌿 Cinnamon Cereal Bar🌿 Egg, Cheese, & Turkey Sausage Breakfast Burrito LUNCH Bacon Cheeseburger👩🍳🐷 Boneless Wings w/Cornbread👩🍳 Buffalo BBQ Chicken Sliders👩🍳	BREAKFAST 22 Cinnamon Crumb Cake👩🍳 Egg, Cheese, & Bacon Biscuit👩🍳🐷 Breakfast Bar🌿 LUNCH Macaroni & Cheese👩🍳 Mini Corn Dogs Thai Sweet Chili Chicken w/Rice👩🍳 Chocolate Chip Cookie👩🍳 (Middle School Only)	BREAKFAST 23 House-Baked Cinnamon Roll Egg & Cheese Bites French Toast Sticks w/Fruit Dip👩🍳🌿 Strawberry Yogurt Parfait👩🍳 LUNCH Pancakes & Sausage👩🍳🐷 Chili Cheese Nachos👩🍳 Spicy Kickin' Sandwich🌿 Farm to School Grape Tomatoes	BREAKFAST 24 Cinnamon Waffle🌿 Pizza Bagel Strawberry Yogurt Parfait👩🍳 LUNCH Chicken & Cheese Taquitos w/Guacamole Bean & Cheese Pupusa w/Curtido👩🍳 Chicken & Mashed Potato Bowl👩🍳 Farm to School Peaches	BREAKFAST 25 House-Baked Cinnamon Roll Egg, Cheese, & Sausage Croissant Sandwich👩🍳🐷 Strawberry Yogurt Parfait👩🍳 LUNCH Chili Cheese Nachos👩🍳 PB&J Sandwich🌿 Bacon Chicken Ranch Wrap👩🍳🐷					
BREAKFAST 28 Pizza Stick🐷 Pan Dulce Concha Cinnamon Cereal Bar🌿 LUNCH Ciabatta & Cheese👩🍳 Orange Chicken w/Rice👩🍳 Chicken Alfredo👩🍳	BREAKFAST 29 Cinnamon Crumb Cake👩🍳 PB&J Sandwich🌿 Egg, Cheese, & Turkey Sausage Breakfast Burrito LUNCH Spicy Wings & Rings Beef Taco👩🍳 Protein Snack Box🌿	BREAKFAST 30 Egg, Cheese, & Turkey Ham Croissant Sandwich👩🍳 House-Baked Cinnamon Roll Strawberry Yogurt Parfait👩🍳 LUNCH Buffalo Chicken Mac & Cheese👩🍳 Cheesy Breadsticks w/Marinara👩🍳 Hot Dog	OFFERED DAILY BREAKFAST: • Fruit🌿 • House-Baked Cinnamon Rolls🌿 (High School only) • Whole Grain Cereals🌿 w/String Cheese • Yogurt with Granola👩🍳 • 100% Fruit Juice🌿 • Low-Fat White Milk • Nonfat Chocolate Milk🌿 OFFERED DAILY LUNCH: • Fruits & Vegetables🌿 • Pizza🐷 • Spicy Chicken Sandwich • Salads👩🍳 • Sandwiches or Wraps👩🍳 • Yogurt with Granola • 100% Fruit Juice🌿 • Low-Fat White Milk • Nonfat Chocolate Milk🌿						