

A MESSAGE FROM THE NURSE'S OFFICE

I'm excited to welcome both new and returning families to School One! The health and safety of our students and staff remain my top priority, and I truly value the partnership we've built between families and staff. By working and communicating together, we can continue to keep everyone safe. I'd like to take this opportunity to share some important information for the 2026–2027 school year.

First and foremost, please be sure to update the health office with any new or important medical information about your child before the first day of school, including if your child has started a new medication.



IMPORTANT REMINDERS

- Please send your child to school with a refillable water bottle labeled with his/her name on it. There are water bottle filling stations available for the students to use.
- **Please make sure to send in a nut-free snack for your child to enjoy. All of our classrooms are nut free.**
- For students in the younger grades, please make sure you send in an additional set of clothing (Shirt, bottom, socks, and underwear) in case of an accident. This should be updated seasonally.

STUDENTS WHO REQUIRE DAILY OR AS NEEDED MEDICATIONS

For students who require daily medication or as needed medications at school (even if it is an over the counter medication), please have the following form completed by your child's healthcare provider. This form for medication administration needs to be filled out by your doctor every school year.

- [Medication Request Form](#)

STUDENTS WITH ALLERGIES

For students with allergies (other than seasonal), the following forms must be completed. Epinephrine forms must be renewed by your child's doctor each school year. Please also ensure that the EpiPen and Benadryl you send in are not expired.

- [Doctor's Orders for Anaphylaxis](#)
- [Allergy Reaction Interview](#)

If your child requires an EpiPen, please also provide two wallet-size photos along with their medications and paperwork.

STUDENTS WITH ASTHMA

For students who will be attending school that have asthma, please complete the following forms:

- [Asthma Action Plan](#)

The forms for asthma medication administration need to be filled out by your doctor every school year.

CONTACT THE HEALTH OFFICE

If you have any questions or concerns please feel free to contact the health office at schoolonenurse@spfk12.org or 908-322-7731