MIDDLE SCHOOL LUNCH MENU

Valley Center School District

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 **French Toast Sticks** Scrambled Eggs, Sausage, Tri Taters, Juice Blend, Orange, Milk	2 **Cheesy Chicken Pasta** Broccoli, Garlic Bread, Steamed Corn, Banana, Milk	3 **Crispy Chicken Sandwich** Baked Beans, Lettuce & Tomato, Carrots, Chips, Pears, Milk	4 **Domino's Pizza** Tossed Salad, Breadstick, Sweet Peppers, Frozen Treat, Milk
7 **Labor Day** **No School**	8 **Popcorn Chicken** Mashed Potatoes, Gravy, Cookie, Baked Beans, Apple Slices, Milk	9 **Breakfast Empanada** Tater Tots, Juice Blend, Orange, Milk	10 **Beef & Bean Burrito** Sweet Peppers, Spanish Rice, Tropical Fruit, Milk	11 **French Bread Pizza** Tossed Salad, Broccoli, Carrots, Mandarin Oranges, Milk
14 **Country Steak** Mashed Potatoes, Gravy, Baked Beans, Wheat Roll, Carrots, Mandarin Oranges, Milk	15 **Chicken & Waffle** Scrambled Eggs, Tri Taters, Juice Blend, Peaches, Milk	16 **Ravioli & Meatballs** Broccoli, Breadstick, Banana, Milk	17 **Pancake Sandwich** Tater Tots, Juice Blend, Strawberries & Bananas, Milk	18 **Domino's Pizza** Tossed Salad, Breadstick, Carrots, Sweet Peppers, Apple Slices, Milk
21 **Chicken Drummies** Mashed Potatoes, Gravy, Wheat Roll, Green Beans, Mandarin Oranges, Milk	22 **Pizza Crunchers** Tossed Salad, Cucumber, Carrots, Apple Slices, Milk Welcome Fall	23 **Cowboy Cavatini** Steamed Broccoli, Garlic Bread, Steamed Corn, Peaches, Milk	24 **Pancake Stick** Scrambled Eggs, Tri Taters, Juice Blend, Banana, Milk	25 **Cheeseburger** French Fries, Baked Beans, Carrots, Grapes, Milk
28 **Professional Development** **No school**	29 **Taco Snack** Spanish Rice, Frito Salad, Carrots, Tropical Fruit, Milk	30 **Breakfast Scrambler** Tater Tots, Juice Blend, Banana, Milk		**Meal Price** **$3.35** **September Total** **$67.00**

- Menu Subject to Change Without Notice
- This Institution is an Equal Opportunity Provider