

Zanesville City Schools

Daily Breakfast Menu

Daily Grab-n-Go Breakfast:

Please Choose One Main Item

Choices May include:

Choice of Cereal Bowl
Choice of Pop-Tart
Choice of Cereal Bar
Choice of Muffin
Breakfast Pastry
Cook's Hot Breakfast Option

Please Choose One or two Item(s)-Up to 1cup eq.
Fresh/Cupped Fruit or 100% Juice

Please Choose One Item

1% White Milk
Fat Free Chocolate
Fat Free Strawberry (When Available)

Graham Crackers and Cheese Sticks Available Daily
All Main Course Items are Whole Grain Rich and Reduced Sugar
USDA Breakfast Nutrition Requirements: Grain: 2oz eq. Fruit: 1c Milk: 1c

This Institution is an Equal Opportunity Provider