

McHenry Parks & Recreation

ATHLETICS

OUTDOOR

FALL

Active play is what we excel in! The parks department works to introduce your child to sports in a fun way focused on skill development. We are constantly changing up our offerings based on the time of year. Programs are updated during the year, so please check out our full program listing on-line through our Rec Desk portal.

(<https://mchenryrec.recdesk.com/Community/Home>)

Registration closes the Friday before a programs starts.

McHenry Instructional Basketball (MIB) Clinics

GRADE	DAY	DATES	TIME
1/2	TU	9/15-10/6	5:00-5:45 PM (A)
3/4	TU	9/15-10/6	5:45-6:30 PM (B)
5/6/7/8	TU	9/15-10/6	6:30-7:30 PM (C)

Fee: \$40/R - \$50/NR

McHenry Instructional Basketball (MIB)

Co-Ed League - Fall Season

GRADES	DAY	DATES	TIME
1/2	TU	10/13-12/13	5:30-6:15 PM
3	TH	10/15-12/13	5:30-6:30 PM
4/5/6	TU/TH	10/13-12/13	6:30-7:30 PM

GAMES ON SUNDAYS - TIMES VARY

Fee: \$95/R - \$105/NR

Hot Shots Total Sports

AGES	DAY	DATES	TIME
2-3	W	9/16-10/14	5:00-5:30 PM (A)
4-7	W	9/16-10/14	5:30-6:15 PM (B)

Fee A: \$75/R - \$85/NR
Fee B: \$80/R - \$90/NR

Archery Lessons

AGES	DAY	DATES	TIME
9 & UP	W	9/2-9/30	5:00-6:00 PM (A)
9 & UP	W	9/2-9/30	6:15-7:15 PM (B)

Fee: \$90/R - \$100/NR

Hot Shots Soccer

AGES	DAY	DATES	TIME
2-3	F	9/18-10/16	4:30-5:00 PM (A)
4-6	F	9/18-10/16	5:00-5:45 PM (B)
6-7	F	9/18-10/16	5:45-6:30 PM (C)

Fee A: \$75/R - \$85/NR
Fee B/C: \$80/R - \$90/NR

Hot Shots Baseball

AGES	DAY	DATES	TIME
2-3	TU	9/15-10/13	5:00-5:30 PM (A)
4-5	TU	9/15-10/13	5:30-6:15 PM (B)
6-7	TU	9/15-10/13	6:15-7:00 PM (C)

Fee A: \$75/R - \$85/NR
Fee B/C: \$80/R - \$90/NR

Hot Shots Flag Football

AGES	DAY	DATES	TIME
5-7	TH	9/17-10/15	5:00-5:45 PM (A)
8-12	TH	9/17-10/15	5:45-6:30 PM (B)

Fee: \$80/R - \$90/NR

McHenry Parks & Recreation

ATHLETICS

SCAN ME
FOR ON-LINE
REGISTRATION



FALL

Tennis Lessons

AGES	DAY	DATES	TIME
Beginner			
3-6	SA	9/12-10/10	9:00-10:00 AM (A)
7-12	SA	9/12-10/10	10:00-11:00 AM (B)
Intermediate			
7-12	SA	9/12-10/10	11:00-12:00 PM (C)
Fee: \$50/R - \$60/NR			

Tennis Drill & Play

GRADES	DAY	DATES	TIME
6-12	SA	9/12-10/10	12:00-1:00 PM
Fee: \$50/R - \$60/NR			

Youth Golf Lessons

AGES	DAY	DATES	TIME
5-10	SA	9/12-10/10	9:00-10:00 AM (A)
8-14	SA	9/12-10/10	10:00-11:00 AM (B)
Fee: \$125/R - \$135/NR			

Tumbling

AGES	DAY	DATES	TIME
5 & Up	TU	8/25-9/22	7:00-7:45 PM (A)
5 & Up	TU	9/29-10/27	7:00-7:45 PM (B)
Fee: \$100/R - \$110/NR			

Cheer 101

AGES	DAY	DATES	TIME
5 & Up	TH	8/27-9/24	6:30-7:30 PM (A)
5 & Up	TH	10/1-10/29	6:30-7:30 PM (B)
Fee: \$100/R - \$110/NR			

Gymnastics

AGES	DAY	DATES	TIME
1.5-3	W	8/26-9/23	11:30 AM-12:00 PM (A)
1.5-3	W	9/30-10/28	11:30 AM-12:00 PM (B)
3-5	TU	8/25-9/22	5:45-6:15 PM (A)
3-5	W	8/26-9/23	9:00-9:30 AM (B)
3-5	TU	9/29-10/27	5:45-6:15 PM (C)
3-5	W	9/30-10/28	9:00-9:30 AM (D)
Fee: \$85/R-\$95/NR			

AGES	DAY	DATES	TIME
5-6	TU	8/25-9/22	5:00-5:45 PM (A)
5-6	TU	9/29-10/27	5:00-5:45 PM (B)
6 & Up	TH	8/27-9/24	7:30-8:15 PM (A)
6 & Up	TH	10/1-10/29	7:30-8:15 PM (B)
Fee: \$100/R - \$110/NR			

Ninja

AGES	DAY	DATES	TIME
4-6	TU	8/25-9/22	6:15-7:00 PM (A)
4-6	TU	9/29-10/27	6:15-7:00 PM (B)
Fee: \$100/R - \$110/NR			

Strength, Speed & Agility

AGES	DAY	DATES	TIME
8 & Up	TU	8/25-9/22	5:15-6:00 PM (A)
8 & Up	TU	9/29-10/27	5:15-6:00 PM (B)
Fee: \$100/R - \$110/NR			

Summer may be over, but we keep swimming!

Swim lessons, masters swim, and swim team are offered throughout the school year. Sessions begin September 14. **REGISTER NOW** to join us in the water this fall.