



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Adaptive Social Circle



**Adaptive Social Circle**  
is a unified social skills program designed for individuals with and without disabilities to connect, grow, and build meaningful friendships in a supportive and inclusive environment. Activities are developmentally appropriate and tailored to meet the social-emotional needs of participants through games, music and movement, guided discussions, and collaborative experiences. This program promotes empathy, communication, and belonging, while celebrating each person's unique abilities and strengths.

**Mondays**  
**5:30–6:30pm**  
**Y-Zone**

**Ages: 6–12 years old**



**Cost: \$28 for  
members  
\$74 for Non-  
Members  
Monthly Program!**



**Any questions contact Karen T: [kturek@ymcagbw.org](mailto:kturek@ymcagbw.org)**