Intramural Program Schedule for 2026-2027

The following schedule is our attempt to provide each LT student with the current listing of Intramural offerings for the school year. Please take advantage of these opportunities. Intramurals are not a formal sport or activity, there are no practices and you may come and go as you wish. Most activities are CO-ED unless noted otherwise, so come out and enjoy yourself and meet new friends. If you have any questions about any of the Intramural activities, please see Mr. Grundke, Mr. Cabaj or Mr. Foradas, or the sponsor listed below.

FALL

ACTIVITY	DAY (s)	DATES	TIME	LOCATION	SPONSOR
Archery	M T Th	08/24 to 10/15	3:15 to 4:25	Archery Range	Semaan
Badminton	Tuesdays	09/29 to 02/16	6:30 to 8:00	NC Upper Gym	Spytek
Basketball - Boys	M T Th	09/08 to 10/29	3:15 to 5:00	NC Upper Gyms	Sloan
Basketball - Girls	M T W Th	09/01 to 10/22	3:15 to 5:00	SC Upper Gyms	Mitidiero
Floor Hockey	Thursday	09/10 to 12/10	6:30 to 8:00	SC Gym 1-2	DePina
Foosball/Pool	M T Th	09/01 to 10/16	3:15 to 4:25	Corral	Corral Staff
Gymnastics	M T W Th	08/24 to 10/22	3:15 to 5:00	NC Gymnastics Gym	Zeman
Rock Climbing	M W	09/02 to 10/21	3:15 to 4:25	NC Field House	Conway
Weightlifting – AM	T Th	08/24 to 10/23	5:40 to 7:00am	SC Weight Room	Beutjer
Weightlifting – PM	M T W Th F	08/24 to 10/23	3:15 to 4:25	NC Weight Room	Anderson
Weightlifting – PM	M T W Th F	08/24 to 10/23	3:15 to 4:25	SC Weight Room	Falli

WINTER

ACTIVITY	DAY (s)	*DATES*	TIME	LOCATION	SPONSOR
Badminton	Tuesdays	09/29 to 02/16	6:30 to 8:00	NC Upper Gym	Spytek
Basketball	Monday	10/13 to 01/18	6:30 to 8:00	NC Field House	DePina
Archery	M T Th	10/19 to 03/04	3:15 to 4:25	Archery Range	Semaan
Floor Hockey	Thursday	09/10 to 12/10	6:30 to 8:00	SC Gym 1-2	DePina
Gymnastics	M T W Th	10/26 to 02/04	3:15 to 5:00	SC Gymnastics Gym	Zeman
Hitting (Baseball)	M W	10/26 to 02/17	6:00 to 8:00	SC Upper Gym	Diete
Foosball/Pool	M T Th	10/22 to 03/06	3:15 to 4:25	Corral	Corral Staff
Lacrosse	M	10/19 to 02/08	6:30 to 8:30	SC Field House	Regan
Lacrosse	W	10/21 to 02/10	6:30 to 8:00	SC Field House	Kidder
Rock Climbing	M W	10/26 to 12/09	3:15 to 4:25	NC Field House	Conway
Running	T W F	11/16 to 01/17	3:15 to 5:00	SC Field House	Danner
Soccer (Indoor)	T W Th	10/27 to 01/21	6:15 to 9:30	SC Field House	Wiest
Volleyball	Thursday	01/07 to 02/18	6:30 to 8:00	SC Gyms 1-2	DePina
Weightlifting – AM	T Th	10/27 to 02/18	5:40 to 7:00am	NC Weight Room	Beutjer
Weightlifting – PM	M T W Th F	10/26 to 02/19	3:15 to 4:25	SC Weight Room	Beutjer
Weightlifting – PM	M T W Th F	10/26 to 02/19	3:15 to 4:25	NC Weight Room	Meyers

SPRING

ACTIVITY	DAY (s)	DATES	TIME	LOCATION	SPONSOR
3 on 3 Basketball	M T W Th F	04/05 to 05/13	3:15 to 5:15	SC Gym 1-2	Sloan
Archery	M T Th	04/05 to 05/12	3:15 to 4:25	Archery Range	Semaan
Foosball/Pool	M T Th	04/05 to 05/12	3:15 to 4:25	Corral	Corral Staff
Ultimate Frisbee	T Th	04/06 to 05/12	3:15 to 4:25	SC South Fields	Casella
Weightlifting – AM	T Th	02/23 to 05/13	5:40 to 7:00am	SC Weight Room	Beutjer
Weightlifting – PM	M T W Th F	02/22 to 05/14	3:15 to 4:25	SC Weight Room	Anderson
Weightlifting – PM	M T W Th F	02/22 to 05/14	3:15 to 4:25	NC Weight Room	Powell