

5/6-Year-Old ASA Descriptions

Art: In this creative ASA, students will experiment with painting, drawing, and other art activities. They'll explore colors, shapes, and textures while expressing their ideas through fun, hands-on projects.

Board Games: If you enjoy playing board games with your friends, this is the ASA for you! I have plenty of board games, but you can also share a favorite game of yours and teach us if you would like to. Hope to see you there!

Coloring: Coloring After-School Activity will provide students with a creative and enjoyable space to explore art through colors and design. Children develop fine motor skills, focus, and self-expression while participating in fun, age-appropriate coloring projects. The activity encourages creativity, patience, and confidence in a relaxed and supportive environment, helping students unwind, socialize, and take pride in their artistic achievements.

Drawing: Students will explore creativity through fun drawing activities. They will practice using lines, shapes, colors, and simple techniques to create pictures while building confidence, fine motor skills, and self-expression in a supportive environment.

Indoor Play: It is a time for students to play and engage with peers in a more fun way. The student will free to choose the games they would like to play.

LEGO: During our LEGO play activity, the children will work together in small groups to design and build their own creations. Through this playful experience, they'll use their imagination, practice teamwork, and develop problem-solving skills. The activity also helps them learn how to share ideas, take turns, and communicate with one another — all while having lots of fun building with LEGO.

Little Creators: Little Creators is an extracurricular activity designed for 5- and 6-year-old students. Through critical thinking, children will explore, create, and design different projects using materials provided by the coach. This activity encourages creativity and the expression of ideas in a practical and fun way.

Outdoor Fun: Get moving and enjoy the fresh air! Outdoor Fu gives energetic learners the opportunity to burn off energy, practice gross motor skills, and develop sportsmanship through structured outdoor games, team challenges, and active play. From classic yard games to collaborative group activities, students build coordination and social connections while staying active outside.

Reading Club: A fun little club where young readers discover stories, learn new words, use their imagination, and fall in love with books!

Watercolor Fun: Students will be painting with watercolors, exploring their imagination and creativity to create masterpieces.

7/8-Year-Old ASA Descriptions

Basketball (7/8 YO on Monday): Students will learn the fundamentals of basketball, including dribbling, passing, shooting, and teamwork. Through fun drills and games, players will build confidence, improve coordination, and develop a love for the sport in a positive and supportive environment.

Basketball (8-10 YO on Thursday): Students will learn the fundamentals of basketball, including dribbling, passing, shooting, defense, and teamwork. Through fun drills and games, players will build confidence, improve coordination, and develop a love for the sport in a positive and supportive environment. Toward the end of the season, secondary students will help coach teams, and participants will compete against one another in a tournament culminating in a championship game on the final day, where parents are invited to watch and celebrate the students' progress.

Beginning Albanian for Non-Native Speakers: This beginner-friendly course introduces students to basic Albanian vocabulary and everyday phrases. Through games, songs, and interactive activities, students will build confidence in speaking, listening, and understanding Albanian in a fun and supportive environment.

Board Games: Students will be offered a variety of board games to choose from.

Chess: The activity includes lessons on strategies and tactics. Students will participate in friendly matches with each other.

Cheer (7-10-year-olds): Bring your tiger spirit and join our Elementary Cheer team.

Kindness Club: A fun and welcoming club where students explore kindness, empathy, and friendship through games, creative projects, stories, and kindness challenges. Students will work together on activities that encourage positive relationships and make our school community a kinder place.

Nature Crafts: Students will explore nature through creative, hands-on craft projects using natural materials such as leaves, flowers, sticks, and stones. This fun class encourages creativity, observation, and an appreciation for the outdoors.

Outdoor Fun: Get moving and enjoy the fresh air! Outdoor Fun gives energetic learners the opportunity to burn off energy, practice gross motor skills, and develop sportsmanship through structured outdoor games, team challenges, and active play. From classic yard games to collaborative group activities, students build coordination and social connections while staying active outside.

Outdoor Games: Fun childhood games that keep us moving!

Paper Crafts: Crafting with paper has never been more fun! Craft work matters because it builds fine motor skills, boosts confidence, and lowers stress. Making things by hand helps students express feelings, solve problems, and be creative. Students will practice independent endeavor, aesthetic appreciation, and group interaction in this hands-on activity.

Pointillism Art: Dot, dot create! Get ready to make amazing pointillism art using tiny dots! Choose your favourite colors, make patterns and watch your picture come to life one dot at a time. A fun, colorful activity where your imagination makes the masterpiece.

Reading Fun: We will get sets of chapter books, read, and discuss them as we read.

Solve Some Puzzles: Solve Some Puzzles is a fun, engaging activity for children aged 7–8, featuring mazes, Sudoku, puzzle books, riddles and other age-appropriate challenges. It will encourage children to develop problem-solving, concentration, logical thinking and perseverance while enjoying a calm and mindful approach to puzzles.

Volleyball (8-10 YO): Students will learn the basic skills of volleyball—passing, setting, and serving—through fun drills and games. The focus is on teamwork, skill development, and enjoying active play.

9/10-Year-Old ASA Descriptions

Basketball: Students will develop fundamental basketball skills such as dribbling, passing, and shooting. They will practice these skills through fun drills and apply them in friendly games to build teamwork, coordination, and confidence. Secondary students will help run and coach the ASA, and it will ultimately end with a small tournament.

Beginning Albanian for Non-Native Speakers: This beginner-friendly course introduces students to basic Albanian vocabulary and everyday phrases. Through games, songs, and interactive activities, students will build confidence in speaking, listening, and understanding Albanian in a fun and supportive environment.

Board Games: We will have fun and practice strategic and critical thinking by playing a few fun and challenging board games!

Jewelry for a Cause: Students will create necklaces and bracelets and then sell their handmade pieces to raise money for a charity of their choice. This ASA encourages creativity, entrepreneurship, and giving back to the community.

Cheer (7-10-year-olds): Bring your tiger spirit and join our Elementary Cheer team.

The Cozy Book Club: Come get cozy, grab a snack, and get lost in a good book! The Cozy Book Club is a relaxed book club for students who enjoy books and like to share their thoughts. There's no pressure to read a certain number of pages or complete assignments—this is simply a chance to enjoy a great book, have interesting conversations, and spend some time together. We'll read, relax, snack, and chat. The goal is to create a cozy space where students can slow down, share ideas, laugh, and wonder.

Elementary Newspaper: Students will write articles about events at TIS and topics of interest to elementary students. They'll develop writing, research, and communication skills while sharing news and stories with the school community.

9/10-Year-Old Student Council: The Elementary Student Council at Tirana International School is a group of student leaders who work together to represent the ideas and interests of the elementary student body. They help plan fun events, promote school spirit, encourage kindness and inclusion, and look for ways to make our school a better place. Through their work, they learn valuable lessons about leadership, responsibility, and teamwork.

Scrub-a-Dub Car Wash: Scrub-a-Dub Car Wash Club Get ready to get wet, get soapy, and have fun! 🧼 🚗 🧽 Scrub-a-Dub Car Wash Club is a fun service-learning after-school activity where students work together to wash cars and help make a difference in our community. Students will learn how to work as a team, serve others, and have fun while getting their hands dirty! The money we raise will support important causes, such as the TIS Concern for Others Boxes and the Tirana International School Marathon. Come join us, grab a sponge, and let's make a splash while helping others!

The Mandala Lab: In The Mandala Lab, students will explore their creativity by designing and creating their own unique mandalas using colors, patterns, and shapes. They will have the opportunity to express themselves, relax, and discover the joy of mindful art.

Minecraft Education: Join us for Minecraft Education After School, where learning and creativity come together! Students will complete exciting missions, build amazing creations, and work with classmates to solve problems in a safe and engaging digital world.

Mythology Club: Students will explore fascinating stories from cultures around the world, from Greek and Norse myths to folk tales from Africa, Asia, and beyond. The club encourages reading comprehension, cultural awareness, and imagination.

Visual Journal Club: Inspires students to engage with nature and apply art & scientific observation practices and ignite curiosity about the world.

Volleyball (8-10 YO): Students will learn the basic skills of volleyball—passing, setting, and serving—through fun drills and games. The focus is on teamwork, skill development, and enjoying active play.

Middle School ASA Descriptions

Board Games: Step into a world of strategy, laughter, and friendly competition! The Boardgame & Card Game Club is the perfect after-school adventure for middle school students who love to think, play, and connect. From single-player challenges like Rush Hour to 4-5 player cooperative games like Forbidden Island, there's something for everyone.

Chess: Students will learn proper terminology, chess strategy, and participate in round robin tournaments.

CEESA Cross Country: This ASA is for students who are serious about running and want to train to improve their endurance, speed, and race strategies. Six students from each age group may have the opportunity to travel to Bratislava to compete in the CEESA Cross Country Tournament.

CEESA Middle School Mathcounts: Students will develop problem-solving, critical thinking, and teamwork skills through challenging math activities and competitions. Up to 8 students may be selected to travel to Sofia in February to represent the school at the CEESA Mathcounts Competition.

CEESA MS Boys Football: This ASA is for students interested in football who want to develop their skills and compete. Students will have the opportunity to play friendly games against other schools, though not everyone will have a chance to play in a game. Ten to twelve students may be selected to travel to Istanbul to represent the school at the CEESA Football Tournament.

CEESA MS Girls Football: This ASA is for students who want to develop their football skills, including passing, dribbling, teamwork, and strategy. Students will practice through drills and friendly games against other schools, with ten to twelve players selected to travel to Sofia for the CEESA Football Tournament.

CEESA MS Robotics: Students will design, build, and program First Lego League robots while developing problem-solving, teamwork, and engineering skills. Up to 10 students may be selected to travel to Warsaw to compete in the CEESA Robotics Tournament.

CEESA MS Speech & Debate: Students will prepare for the CEESA Speech and Debate competition, hosted in Montenegro in February. This ASA provides a competitive and collaborative environment where students develop public speaking, critical thinking, and debate skills. Only 10 students may participate in the CEESA competition, with a maximum of two debate teams (four students total). While all are welcome to attend, not everyone will be selected for the CEESA team.

CEESA MS Choir: Students will prepare and rehearse choral music for participation in the CEESA Middle School Choir Festival in Zagreb this February. Through regular rehearsals, students will develop vocal technique, musicianship, teamwork, and performance skills while collaborating with fellow singers.

Knit a Scarf: Students will learn the basics of knitting while creating a simple scarf. This hands-on activity helps develop fine motor skills, concentration, patience, and creativity. Participants will practice casting on, knitting stitches, and following a pattern as they work toward making their own cozy scarf.

Ping Pong or Swings: Chill with your friends by swinging on the swings or playing ping pong.

Theater: Students will memorize lines, rehearse, and perform a play, chosen by the faculty director with student input, led by a student and/or faculty director. Rehearsals will be twice per week. During ASA Session 1, they will run until 4:00. During ASA Session 2, they will run until 5:00. The performance will be at the end of the second ASA session.

Secondary ASA Descriptions

Beginner to Intermediate Guitar: Learn the basics of playing a guitar or expand your knowledge if you're already a guitar player.

CEESA Cross Country: This ASA is for students who are serious about running and want to train to improve their endurance, speed, and race strategies. Six students from each age group may have the opportunity to travel to Bucharest to compete in the CEESA Cross Country Tournament.

CEESA Secondary Boys Football: This ASA is for students interested in football who want to develop their skills and compete. Students will also participate in TAIS games on Mondays. Note that not every player will have the opportunity to play in games. Ten to twelve students may be selected to travel to Sarajevo to represent the school at the CEESA Football Tournament.

CEESA Secondary Girls Football: This ASA is for students interested in football who want to develop their skills and compete. Students will also participate in TAIS games on Mondays. Note that not every player will have the opportunity to play in games. Ten to twelve students may be selected to travel to Skopje to represent the school at the CEESA Football Tournament.

CEESA Secondary Knowledge Bowl: Students will develop quick thinking, teamwork, and general knowledge skills by preparing for and competing in quiz-style challenges. Top students may be selected to represent the school at the CEESA Knowledge Bowl competition in Zagreb, testing their skills against other schools in a fun and competitive environment.

CEESA Secondary Robotics: Students will design, build, and program VEX robots while developing problem-solving, engineering, and teamwork skills. Participants will have the opportunity to compete at the CEESA Robotics Competition in January, which will be hosted at TIS, applying their skills in a challenging and collaborative environment. This ASA is limited to 16 students so that all participants can actively participate.

CEESA Speech and Debate: Students will prepare for the CEESA Speech and Debate competition, hosted at TIS in November. This ASA provides a competitive and collaborative environment where students develop public speaking, critical thinking, and debate skills. Students are expected to attend every Monday until 5:00 p.m. Only 10 students may participate in the CEESA competition, with a maximum of two debate teams (four students total). While all are welcome to attend, not everyone will be selected for the CEESA team.

Junk Journaling: Junk journaling is the art of making or filling a personal book using recycled, found, and everyday items that would normally be thrown away. Instead of buying new stationery, you use items like old book pages, grocery bags, tickets, candy wrappers, and mail to create a unique, tactile keepsake.

Rock Band: Rock Band is a student-led afterschool activity designed for students who are passionate about music and want to practice and perform together. Students will independently rehearse songs, experiment with different instruments, and work as a team to develop their own band sound.

Secondary 2 Strings: This ASA is open to Secondary 2, 3, and 4 violin students. Participants will focus on developing their skills and musical expression while rehearsing pieces for performances and school events.

Secondary Math: Students will develop advanced problem-solving and critical thinking skills through challenging math activities and competitions. Eight students will be selected to travel to Skopje to represent the school at the CEESA Math Competition.

Secondary MUN: Students will develop skills in public speaking, research, diplomacy, negotiation, and critical thinking while debating global issues. Students are expected to actively contribute during sessions, and selection to travel follows the same guidelines as CEESA trips. Selected students will take part in the ACMUN conference in Thessaloniki in February, where they will represent countries in simulated United Nations sessions.

Secondary Preseason Basketball: Practice for basketball players! Put in the work to get better! We will be doing a variety of offensive drills with a focus on fundamentals. This is open to anyone who is serious about getting better at a sport they love.

Theater: Students will memorize lines, rehearse, and perform a play, chosen by the faculty director with student input, led by a student and/or faculty director. Rehearsals will be twice per week. During ASA Session 1, they will run until 4:00. During ASA Session 2, they will run until 5:00. The performance will be at the end of the second ASA session.

Yoga: This activity offers an introduction to yoga where students stretch their bodies, build strength and calm their minds in a fun and non-competitive environment.