

ADMINISTRATIVE REGULATION

No. 230(a)

Board of Trustees Douglas County School District

PROGRAMS

AIR QUALITY GUIDELINES

Air Quality Index (AQI) is rated in bands based upon particulates of pollution in the air. Concerns generally rise when the AQI measures above 100, at which point people with lung disease, older adults and children may be at greater risk from exposure.

The bands are:

Good	AQI 0-50	No restrictions
Moderate	AQI 51-100	No restrictions, but watch sensitive individuals
Unhealthy for Sensitive Groups	AQI 101-150	Monitor up to 125, be aware of and monitor sensitive individuals. Student activities should be moved indoors or rescheduled at 125
Unhealthy	AQI 151-200	Prohibit outdoor activity for students; adult activity should be limited to essential tasks with appropriate protective equipment.
Very Unhealthy	AQI 201-300	Prohibit outdoor activity for students; adults restricted to very short periods and limited exertion; appropriate respiratory protection should be utilized for essential outdoor tasks.
Hazardous	AQI 301-500	Prohibit outdoor activity for all and indoor activity should limit exertion

Administrative and supervisory staff are to use the following guidelines regarding activity outdoors during conditions of poor air quality:

- Refer to District-approved monitoring tools or AirNow.gov for up-to-date AQI levels:
- Decisions about whether to conduct outdoor activities will be made by the **school site administrator or supervisor**;
 - If the site administrator makes the decision to cancel practices or competitions, **all outdoors practices and competitions at the site shall be cancelled, moved indoors, or rescheduled.**
 - AQI is between 100-124 and the site administrator decides to continue with outdoor activities, a common-sense approach should be used prioritizing student safety. Practice and/or contests will be permitted under the following conditions:
 - Teachers, coaches, and/or administrative staff have identified all students who may have sensitivity to air pollution or smoke.
 - Running and conditionings shall be limited.
 - Water and rest breaks shall be increased.
 - Limit or excuse students or student-athletes who are members of high-risk or sensitive groups.

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- Designate a staff member or coach to check the AQI every 30 minutes.
- If the AQI reaches 125, all outdoor activities or practices are to be cancelled and all students are to move indoors.
- If the AQI reaches 151, all staff working outdoors should consult with their supervisor, utilize appropriate personal protective equipment (PPE), and monitor exertion.

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