



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

New Program!

Adaptive Art



An inclusive, adaptive art program open to teens of all abilities, and intentionally designed to support those who benefit from sensory supports, structure, and a flexible environment. Participants explore creativity through open-ended projects and choice-based art stations, using materials like paint, drawing, music, and mixed media.

This process-focused program emphasizes self-expression, confidence, and independence while incorporating opportunities to build self-regulation and focus through creative experiences. No prior art experience needed – just come ready to create in a way that works for you.

Mondays
6:30–7:30pm

Y –Zone
Ages: 9–12

Cost: \$28 for Members
\$74 for Nonmembers



Any questions contact Karen T: kturek@ymcagbw.org