

Owatonna Middle School

This institution is an equal opportunity provider

SEPT 2026 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUG 31	1	2	3	4
NO SCHOOL	Mini Bagels Fruit Cup Juice Cup	Waffle Snack Fruit Cup Juice Cup	Benefit Bar Fresh Fruit Juice Cup	NO SCHOOL
7	8	9	10	11
NO SCHOOL	Mini Cinnis Fruit Cup Juice Cup	Yogurt Smoothie Breakfast Crackers Fruit Cup Juice Cup	Breakfast Pizza Fresh Fruit Juice Cup	Homemade Muffin Dried Fruit Juice Cup
14	15	16	17	18
Mini French Toast Fruit Cup Juice Cup	Benefit Bar Fresh Fruit Juice Cup	Yogurt Parfait Fruit Cup Juice Cup	Bagel Breakfast Sandwich Fresh Fruit Juice Cup	Cinnamon Roll Dried Fruit Juice Cup
21	22	23	24	25
Mini Pancakes Fruit Cup Juice Cup	Waffle Cake Fresh Fruit Juice Cup	Mini Donuts Fruit Cup Juice Cup	Egg Scrambler Pizza Fresh Fruit Juice Cup	Smart Round Dried Fruit Juice Cup

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 items, including ½ c fruit or vegetable, as part of a complete meal.

Note: Some items will count as 2

MILK

Milk Choices: Skim or 1% White
Single milk purchase is \$0.60 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage

ADULT MEAL PRICES

Breakfast: \$2.75

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries.