

Lunch Menu

Pre-K Menu

September
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

****As a reminder please contact the Food Service Office if you would like to put any restrictions on your child's account.****

Tuesday

Wednesday

Thursday

Friday

1	SCHOOL CLOSED TODAY						
2	SCHOOL CLOSED TODAY						
3	SCHOOL CLOSED TODAY						
4	SCHOOL CLOSED TODAY						
							
8	Crispy Popcorn Chicken Brown Rice Green Beans Fresh Blueberries	9	Chicken Nuggets Chilled Red Pepper Strips Sweet Potato Fries Fresh Orange	10	Homemade Pasta & Meatballs 🍝 Side Salad Fresh Apple	11	Classic Cheese Pizza 🌿🍌 Side Salad Italian Dressing Watermelon Slices
							
15	Cheese Quesadilla 🌿 Kidney Beans Salsa Fresh Orange	16	Wing Shack Chicken Wings Boneless <i>breaded chicken wings baked to perfection</i> Steamed Broccoli Fresh Apple	17	Crispy Chicken Sandwich Oven Baked Fries Strawberries	18	Classic Cheese Pizza 🌿🍌 Caesar Salad Steamed Broccoli Fresh Banana
							
22	Nachos Grande 🍌 Cheddar Cheese Sauce Sour Cream Black Beans Salsa Cucumber Coins Fresh Orange	23	Baked Chicken Tenders <i>crispy chicken tenders perfect for dipping in your favorite sauce</i> Dinner Rolls Green Beans Fresh Baby Carrots Pineapple	24	Turkey & Cheese Sandwich Celery Steamed Carrots Fresh Apple	25	Classic Cheese Pizza 🌿🍌 Side Salad Fresh Banana
							
29	Ham & Cheese Sandwich P Celery Steamed Carrots Fresh Apple	30	Chicken Nuggets Dinner Rolls Green Beans Fresh Baby Carrots Fresh Orange				

MEATLESS MONDAY

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View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Prices

We are now ALL free!

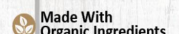
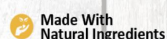
Milk: \$0.75

If you have any questions or would like more information please Contact

Food Service Director

Marilyn Digregorio at

845-895-7192



All grains offered are whole grain

Sloppy Joe- ground beef
Meatball Sub- chicken meatballs
Soft Taco- seasoned ground beef Or chicken