

Wallkill HS

Welcome to our
Lunch Cafe

09/01/2026 - 09/04/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



1

SCHOOL
CLOSED
TODAY

2

SCHOOL
CLOSED
TODAY

3

SCHOOL
CLOSED
TODAY

4

SCHOOL
CLOSED
TODAY

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



For Menu Questions
please contact
Marilyn Digregorio @
digregoriom@
whitsons.com

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



**As a reminder
please contact the
Food Service Office
if you would like to
put any restrictions
on your child's
account.**

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

Offering New Specials **EVERY WEEK!**
To see our menus, visit us at: www.fdtypealplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

Available Daily: Made to Order and **ALWAYS** Fresh!



SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY

SCHOOL
CLOSED
TODAY



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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the App Store or Google Play, and
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anywhere.

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WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM



Wallkill HS

09/07/2026 - 09/11/2026

Welcome to our
Lunch Cafe

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



7
Crispy Chicken Drumstick
tender chicken drumstick breaded and baked until crispy
Seasoned Rice
Chickpea Salad
Steamed Carrots
Fresh Orange
WELCOME BACK TO SCHOOL!

8
Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy
Sauteed Zucchini
Buttered Corn
Fresh Apple
HARVEST

9
Beef Fajita Sandwich
sandwich stuffed with fajita style meat, onions, peppers and cheese
Carrot Sticks
Sweet Potato Fries
Fresh Orange

10
Baked Pasta with Homemade Meat Sauce
Homemade Garlic Naan
Tomato Salad
Spiced Roasted Green Beans w/ Parmesan
Fresh Banana

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
P

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
P

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
P

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
P

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fDmealplanner.com

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Tomato Sauce

Beef Hot Dog on Bun
juicy beef hot dog on a soft bun
National Hot Dog Day

Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Tomato Sauce

Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Tomato Sauce

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
Buffalo Chicken Sandwich

Deli Bar
Buffalo Chicken Sandwich

Deli Bar
Buffalo Chicken Sandwich

Deli Bar
Buffalo Chicken Sandwich

Available Daily: Made to Order and **ALWAYS Fresh!**



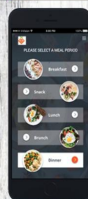
Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
P
Dinner Rolls
Fruity Granola Parfait

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
P
Dinner Rolls
Fruity Granola Parfait

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
P
Dinner Rolls
Fruity Granola Parfait

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
P
Dinner Rolls
Fruity Granola Parfait

Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls



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Wallkill HS

Welcome to our
Lunch Cafe

09/14/2026 - 09/18/2026

MEATLESS MONDAY
Monday

TuTurkey

Wednesday

Thursday

Friday



14 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 🌱
Tomato Sauce
Sauteed Spinach
Cucumber Coins
Applesauce

15 Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Sour Cream
Yellow Rice
Seasoned Black Beans
Tomato Salad
Fresh Apple

16 Chicken Parmesan Over Pasta
oven baked chicken topped with sauce and melted cheese, all over pasta 🍌
Side Garden Salad
Steamed Carrots
Fresh Pear



17 Wing Shack Classic Buffalo Chicken Wings
Wing Shack Chicken Wings
Celery
Garlic Parmesan Fries
Honeydew and Cantaloupe Cup



18 Buffalo Chicken Mac & Cheese
pasta in cheese sauce, topped with buffalo style chicken 🍌
Cucumber Coins
Steamed Peas
Fresh Orange

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍌

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍌

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍌

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍌

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍌

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Pretzel Cheese Sauce

Pretzel Cheese Sauce

Pretzel Cheese Sauce

Pretzel Cheese Sauce

Pretzel Cheese Sauce

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fdmmealplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese 🍌

Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese 🍌

Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese 🍌

Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese 🍌

Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese 🍌

Available Daily: Made to Order and **ALWAYS** Fresh!



Romaine & Chickpea Salad with 2 Dinner Rolls
chopped romaine lettuce topped with chickpeas 🌱 🍌

Romaine & Chickpea Salad with 2 Dinner Rolls
chopped romaine lettuce topped with chickpeas 🌱 🍌

Romaine & Chickpea Salad with 2 Dinner Rolls
chopped romaine lettuce topped with chickpeas 🌱 🍌

Romaine & Chickpea Salad with 2 Dinner Rolls
chopped romaine lettuce topped with chickpeas 🌱 🍌

Romaine & Chickpea Salad with 2 Dinner Rolls
chopped romaine lettuce topped with chickpeas 🌱 🍌



Fruity Granola Parfait 🌱 🍌 🥥

Fruity Granola Parfait 🌱 🍌 🥥

Fruity Granola Parfait 🌱 🍌 🥥

Fruity Granola Parfait 🌱 🍌 🥥

Fruity Granola Parfait 🌱 🍌 🥥

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Wallkill HS

Welcome to our
Lunch Cafe

09/21/2026 - 09/25/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



21

**SCHOOL
CLOSED
TODAY**

22

Walking Taco
*mexi-style taco meat
paired with crispy chips*
Iceberg Lettuce
Sour Cream
Mild Salsa
Spicy Four Bean
Salad
Steamed Carrots
Fresh Orange

23

Baked Chicken
Tenders
*crispy chicken tenders
perfect for dipping in your
favorite sauce*
Vegetable Rice Pilaf
Green Beans
Fresh Blueberries

24

Chicken Philly
Sandwich 🍔
Carrot Dippers
Ranch Dressing
Oven Baked Fries
Watermelon Slices

Food Truck Fun!!

25

Fluffy Whole Grain
Waffles
*warm whole grain
waffles* ✓
Syrup
Sausage Patty
Crispy Potato Puffs
Fresh Orange



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



**SCHOOL
CLOSED
TODAY**

Meatball Pizza
*freshly prepared cheese
pizza topped with
meatballs* 🍕

Meatball Pizza
*freshly prepared cheese
pizza topped with
meatballs* 🍕

Meatball Pizza
*freshly prepared cheese
pizza topped with
meatballs* 🍕

Meatball Pizza
*freshly prepared cheese
pizza topped with
meatballs* 🍕

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



**SCHOOL
CLOSED
TODAY**

BBQ Chicken
Sandwich
*warm baked chicken
smothered in BBQ sauce
on a bun and prepared
in-house*

BBQ Chicken
Sandwich
*warm baked chicken
smothered in BBQ sauce
on a bun and prepared
in-house*

BBQ Chicken
Sandwich
*warm baked chicken
smothered in BBQ sauce
on a bun and prepared
in-house*

BBQ Chicken
Sandwich
*warm baked chicken
smothered in BBQ sauce
on a bun and prepared
in-house*

Offering New Specials EVERY WEEK!

To see our menus, visit us at:
www.fdmealplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



**SCHOOL
CLOSED
TODAY**

Turkey Club Wrap
*turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla* 🌯

Deli Bar
Turkey Club Wrap
*turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla* 🌯

Deli Bar
Turkey Club Wrap
*turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla* 🌯

Deli Bar
Turkey Club Wrap
*turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla* 🌯

Available Daily: Made to Order and ALWAYS Fresh!



**SCHOOL
CLOSED
TODAY**

Garden Salad Entree
*fresh garden salad
topped with meat* 🍴
Dinner Rolls
Fruity Granola
Parfait 🍓 🍌 🍌

Garden Salad Entree
*fresh garden salad
topped with meat* 🍴
Dinner Rolls
Fruity Granola
Parfait 🍓 🍌 🍌

Garden Salad Entree
*fresh garden salad
topped with meat* 🍴
Dinner Rolls
Fruity Granola
Parfait 🍓 🍌 🍌

Garden Salad Entree
*fresh garden salad
topped with meat* 🍴
Dinner Rolls
Fruity Granola
Parfait 🍓 🍌 🍌



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Wallkill HS

Welcome to our
Lunch Cafe

09/28/2026 - 09/30/2026

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



28 Bun Appetit Monte
Cristo Pancake **P**
Sausage Patty
Sauteed Zucchini
Crispy Potato Puffs
Applesauce
Bun'appetit Handhelds™

29 Walking Taco
*mexi-style taco meat
paired with crispy chips*
Iceberg Lettuce
Sour Cream
Mild Salsa
Shredded Cheddar
Cheese
Spicy Four Bean
Salad
Steamed Carrots
YARD BIRD

30 Yard Bird Classic
Chicken Sandwich
*a delicious chicken filet
on a hearty bun, served
with special sauce and a
pickle*
Carrot Sticks
Crispy Potato Puffs
Pineapple

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Grilled Cheese Pizza
*fresh pizza dough topped
with mozzarella &
cheddar cheese and
baked until crisp* **V** **GF**

Grilled Cheese Pizza
*fresh pizza dough topped
with mozzarella &
cheddar cheese and
baked until crisp* **V** **GF**

Grilled Cheese Pizza
*fresh pizza dough topped
with mozzarella &
cheddar cheese and
baked until crisp* **V** **GF**

Offering New Specials EVERY WEEK!

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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



General Tso's
Chicken Wrap
*grilled chicken, julienned
carrots and lettuce on
tortilla wrap spread with
General Tso's sauce* **GF**

General Tso's
Chicken Wrap
*grilled chicken, julienned
carrots and lettuce on
tortilla wrap spread with
General Tso's sauce* **GF**

General Tso's
Chicken Wrap
*grilled chicken, julienned
carrots and lettuce on
tortilla wrap spread with
General Tso's sauce* **GF**

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
Italian Combo
Sandwich
*freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato* **P** **GF**

Italian Combo
Sandwich
*freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato* **P** **GF**

Italian Combo
Sandwich
*freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato* **P** **GF**

Available Daily: Made to Order and ALWAYS Fresh!



Buffalo Chicken
Salad with Dinner
Rolls
*spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes* **GF**

Buffalo Chicken
Salad with Dinner
Rolls
*spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes* **GF**

Buffalo Chicken
Salad with Dinner
Rolls
*spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes* **GF**



And Dinner Rolls
Fruity Granola
Parfait **V** **GF** **OR**

And Dinner Rolls
Fruity Granola
Parfait **V** **GF** **OR**

And Dinner Rolls
Fruity Granola
Parfait **V** **GF** **OR**

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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