

What's on the Menu?

Chartwells Dining Services: Rochester Community Schools

Elementary Lunch Menu September 2026

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup of vegetable side dishes, 1/2 cup fruit side dishes, and a choice of 1% white, 1% chocolate, or 1% strawberry milk. A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Nachos with Queso Fresh Pico De Gallo Seasoned Black Beans Fruit & Veggie Bar	2 Cheese Tortellini in Italian Meat Sauce (Beef) Cookie with Lunch! Seasoned Broccoli Fruit & Veggie Bar	3 Popcorn Chicken With Dinner Roll Mashed Potatoes & Gravy Seasoned Corn Fruit & Veggie Bar	4 No School
7 No School	8 Walking Tacos (Beef) Fresh Pico De Gallo Seasoned Pinto Beans Fruit & Veggie Bar	9 Meatball (Chicken) Sub Cookie with Lunch! Seasoned Green Beans Fruit & Veggie Bar	10 Boneless Chicken Wings with Dinner Roll Honey Lime Buffalo Sauce (on the side) Seasoned Corn Fruit & Veggie Bar	11 Pepperoni (Pork & Beef) Pizza Seasoned Carrots Fruit & Veggie Bar
14 French Toast Sticks Scrambled Eggs Peach Topping Potato Smiles Fruit & Veggie Bar	15 Turkey TOTchos with Cheese Sauce Fresh Pico De Gallo Seasoned Black Beans Fruit & Veggie Bar	16 Meatballs (Chicken) with Seasoned Rotini Choice of Alfredo or Marinara Cookie with Lunch! Seasoned Broccoli Fruit & Veggie Bar	17 Popcorn Chicken with Orange Sauce Brown Rice Fortune Cookie Seasoned Bok Choy Fruit & Veggie Bar	18 Pepperoni (Pork & Beef) Pizza Seasoned Peas Fruit & Veggie Bar
21 Waffles Egg & Cheese Omelet Blueberry Topping Tater Tots Fruit & Veggie Bar	22 Soft Turkey Tacos Cilantro Brown Rice Fresh Pico De Gallo Seasoned Pinto Beans Fruit & Veggie Bar	23 Macaroni and Cheese with Breadstick Chicken Cookie with Lunch! Roasted Parsnips & Carrots Fruit & Veggie Bar	24 Chicken Tenders with Dinner Roll Buffalo Ranch Sauce (on side) Lucky Trav Day! Sweet Potato Fries Fruit & Veggie Bar	25 No School
28 French Toast Sticks Scrambled Eggs Strawberry Topping Potato Smiles Fruit & Veggie Bar	29 Beef Nachos with Queso Fresh Pico De Gallo Seasoned Black Beans Fruit & Veggie Bar	30 Cheese Tortellini in Italian Meat Sauce (Beef) Seasoned Broccoli Cookie with Lunch! Fruit & Veggie Bar		
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Turkey, Cheese, Flatbread & Cucumber Coins Bento Box C. WG Chicken Nuggets w/ Breadstick D. Vegan Chic'n Nuggets with Breadstick	B. Crispy Chicken Caesar Salad & Breadstick C. Hot Dog (Beef) on WG Bun D. Black Bean Burger on Bun (Vegetarian)	B. Turkey, Cheese, Flatbread & Cucumber Coins Bento Box C. Boscoss with Pizza Dipping Sauce D. Mozzarella & Tomato Panini (Vegetarian)	B. Strawberry Chicken Salad & Biscuit C. Classic Cheeseburger on Bun D. Impossible Burger on Bun (Vegetarian)	B. Turkey, Cheese, Flatbread & Cucumber Coins Bento Box C. Classic Chicken Sandwich on Bun D. Cheese Pizza (Vegetarian)

Questions? Please call the Food Service Office 248-726-4602

This institution is an equal opportunity employer.

Nutrition Game On Focus This Month:



Please refer to Elementary Menus In Nutrislice which include top 9 allergens, carb counts, and nutritional information:



<https://rochesterk12.nutrislice.com/menu>



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This Month's Fruit and Vegetable Bar Featured Selections: ~Apples, Oranges, Celery and Carrots Available Every Day~

Monday	Tuesday	Wednesday	Thursday	Friday
September 1st-September 4th				
	Green Pepper Strips	Chilled Mandarin Oranges	Vanilla Minted Berry Salad	
	Sidekick (100% Fruit Juice)	Red Pepper Strips		
	Salsa	Spinach & Strawberry Salad	Fresh Grapes	
	Raisins	Cinnamon Peaches	Cucumber Coins	
	Chopped Romaine	Baby Carrots	Celery Sticks	
September 7th-September 11th				
	Chopped Romaine	Chilled Mandarin Oranges	Fresh Grapes	Tossed Green Salad
	Sidekick (100% Fruit Juice)	Red Pepper Strips	Dressed Caesar Salad	Cinnamon Applesauce
	Salsa	Spinach & Strawberry Salad	Fresh Cut Seasonal Fruit	Cucumber Coins
	Fresh Apple	Craisins	Green Pepper Strips	Chilled Pineapple
	Chilled Pears	Baby Carrots	Celery Sticks	Sweet Corn Salad
September 14th-September 18th				
Broccoli Florets	Sidekick (100% Fruit Juice)	Baby Carrots	Fresh Cut Seasonal Fruit	Cucumber Coins
Fresh Apple	Chopped Romaine	Red Pepper Strips	Dressed Caesar Salad	Fresh Banana
Dark Green Salad	Fresh Pear	Chilled Peaches	Fresh Grapes	Tossed Green Salad
Orange Juice	Salsa	Chilled Mandarin Oranges	Sweet Corn Salad	Fresh Orange Wedges
Grape Tomatoes	Green Pepper Strips	Spinach & Strawberry Salad	Sugar Snap Peas	Cinnamon Applesauce
September 21st-September 25th				
Broccoli Florets	Fresh Pears	Red Pepper Strips	Fresh Cut Seasonal Fruit	
Orange Juice	Chopped Romaine	Spinach & Strawberry Salad	Sugar Snap Peas	
Grape Tomatoes	Chilled Power Peas	Craisins	Fresh Grapes	
Cinnamon Bananas	Salsa	Chilled Mandarin Oranges	Dressed Caesar Salad	
Dark Green Salad	Sidekick (100% Fruit Juice)		Sweet Corn Salad	
September 28th-September 30th				
Fresh Pears	Sidekick (100% Fruit Juice)	Red Pepper Strips		
Grape Tomatoes	Chilled Power Peas	Craisins		
Apple Juice	Fresh Pears	Spinach & Strawberry Salad		
Dark Green Salad	Chopped Romaine	Chilled Mandarin Oranges		
Craisins	Salsa			
Broccoli Florets				