

PHYSICAL EDUCATION/HEALTH

First Semester

2026-2027

	8:20-9:12 (52)	9:19-10:06 (47)	10:13-11:00 (47)	11:07-11:54 (47)	12:01-12:48 (47)	12:55-1:42 (47)	1:49-2:36 (47)	2:43-3:30 (47)
Teacher	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8
Holly Lane W84A / 4-2452	Coordinator Coordinator		Yoga Dance Room			Yoga Dance Room	Health W 203	Health W 203
Tyson Allen W201A/ 4-2337	Sports For Life South Gym	Health W 201		Sports for Life South Gym	Personal Fitness W 203 (Tues)		Team Sports North Gym	
Det Betti W88a / 4-2413	Adv. Fitness Weight Room	Adv. Fitness Weight Room		Weight Training Weight Room		Weight Training Weight Room	Adv. Fitness Weight Room	
Mike Goeglein W87A / 4-2458	Adventure Setup Climbing Room	Challenge Course Climbing Room	Challenge Course Climbing Room				Challenge Course Climbing Room	Adv Ldr Training Climbing Room
Seneca Holmes W514/4-2415	Health W 203	Leadership W 203	Health W 203		Weight Training Weight Room		Peer Mentor East Gym	
Robert Kinsey W 201A/4-2382		Team Sports North Gym	Team Sports North Gym		Health W 201	Health W 201		Team Sports North Gym
Sarah LaGrange W88C / 4-2457	Dance Dance Room	Dance Dance Room		Body Works Dance Room	Dance Dance Room		Peer Mentor South Gym	
Mike Luhning W201A / 4-2469	Advanced Fitness Weight Room	Individual Sports South Gym	Individual Sports South Gym			Individual Sports South Gym	Adv. Fitness Weight Room	
Allison McKean W80C/ 4-2354	Health W 201		Women's Wts Weight Room	Yoga Climbing Room	Hybrid Health W203 Thurs		Yoga Dance Room	Women's Wts Weight Room
Savannah Opp W84B / 4-2310					Challenge Course Climbing Room	Adv. Outdoor Climbing Room	Adv. Outdoor Wrestling Room	