

+Prices 2026-2027
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

SEPTEMBER

GHMS LUNCH 2026

Prepared by CVSD (717)556-0025

BUCKSKIN BAG

#1 Yogurt, Mini Muffin, Brownie Hummus, Grahams
 #2 WG Mini Pretzels, Cereal Bar, String cheese, Peanut Butter
 #3 Sun chips, Pizza Hummus, Cornbread, Sunflower Seeds
 #4 WG Chex Mix, Cheese Cubes, Peanut Butter, Grahams

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Chipotle Bowl (Chipotle Chicken, Seasoned Pinto beans, Corn, Cheese) or Buckskin Bag #3 or Turkey & Cheese on WG or PBJ or Fajita Blend / Tostitos / Salsa Spring Mix Salad / Ranch Pineapples / Fresh Fruit Milk	2 Cheeseburger on WG or Turkey & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Baked Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	3 Pizza Sticks / Dipping Sauce or Turkey & Cheese on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Broccoli Florets / Ranch Mixed Fruit / Fresh Fruit Milk	4 NO SCHOOL
7 NO SCHOOL	8 Hotpocket (Beef & Cheddar or Pepperoni) or Turkey & Cheese on WG Roll or PBJ or Salad w/ Chicken / Cheez Its / WG Roll Steamed Broccoli Baby Carrots / Ranch Pineapples / Fresh Fruit Milk	9 Pretzel Bun w/ Cheese or Buckskin Bag #4 or PBJ or Salad w/ Chicken / Cheez Its Tomato Soup / Goldfish Crackers Celery Sticks / Ranch Pears / Fresh Fruit Milk	10 Mini Pancakes / Sausage Links or Buckskin Bag #4 or PBJ or Salad w/ Chicken / Cheez Its / WG Roll Tater Tots Sweet Pepper Slices / Hummus 100% Fruit Juice / Fresh Fruit Milk	11 Buffalo Chicken Pizza or Deep Dish Pizza or Turkey & Cheese on WG or PBJ or Salad w/ Chicken / Cheez Its / WG Roll Steamed Green Beans Grape Tomatoes / Ranch Apple Sauce / Fresh Fruit Milk
14 Chicken Tenders or Ham & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Snack Bag Steamed Peas Baby Carrots / Ranch Peaches / Fresh Fruit Milk	15 Rib Sandwich on WG or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Smile Potatoes Grape Tomatoes / Ranch Pineapples / Fresh Fruit Milk	16 Cheese Crunchers / Sauce or Ham & Cheese on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Baked Beans Celery Sticks / Ranch Pears / Fresh Fruit Milk	17 EARLY DISMISSAL French Bread Pizza or PBJ Steamed Mixed Vegetables Spring Mix Salad / Ranch Apple Sauce / Fresh Fruit Milk	18 NO SCHOOL
21 NO SCHOOL	22 Cheesy Pull Apart / Dipping Sauce or Turkey & Cheese on WG Roll or PBJ or Salad w/ Chicken / Cheez Its / WG Roll Steamed Broccoli Cucumber / Ranch Pears / Fresh Fruit Milk	23 Breaded Chicken Filet on WG or Turkey & Cheese on WG Roll or PBJ or Salad w/ Chicken / Cheez Its / WG Roll Parsley Potatoes Shredded Lettuce & Tomato Cinnamon Apples / Fresh Fruit Milk	24 Cheese Pizza Slice or Buckskin Bag # 2 or PBJ or Salad w/ Chicken / WG Roll Steamed Carrots Celery Sticks / Hummus Mixed Fruit / Fresh Fruit Milk	25 Walking Taco or PBJ or Salad w/ Turkey & Bacon / WG Roll Steamed Corn Lettuce / Tomato / Cheese Apple Slices / Craisins Milk
28 Popcorn Chicken / WG Roll or Ham & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Peas Baby Carrots / Ranch Apple Sauce / Fresh Fruit Milk	29 Chicken Chipotle Bowl (Chipotle Chicken, Seasoned Pinto beans, Corn, Cheese) or Buckskin Bag #3 or Turkey & Cheese on WG or PBJ or Fajita Blend / Tostitos / Salsa Spring Mix Salad / Ranch Pineapples / Fresh Fruit Milk	30 Cheeseburger on WG or Turkey & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Baked Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk		

LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 - COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 - BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- FAT FREE MILK SERVED DAILY**

MENU SUBJECT TO CHANGE

Garden Salad w/ Cheese (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds Cheddar)
 Garden Salad w/ Grilled Chicken (Greens, Tomato, Cucumber, Carrot, Cheddar, Chicken)

