

**+Prices 2026-2027**  
**Student Lunch \$2.90**  
**Adult Lunch \$5.00**  
**Reduced Lunch FREE**

# AUGUST

## GHMS LUNCH 2026

Prepared by CVSD (717)556-0025

### BUCKSKIN BAG

#1 Yogurt, Mini Muffin, Brownie Hummus, Grahams  
 #2 WG Mini Pretzels, Cereal Bar, String cheese, Peanut Butter  
 #3 Sun chips, Pizza Hummus, Cornbread, Sunflower Seeds  
 #4 WG Chex Mix, Cheese Cubes, Peanut Butter, Grahams

| Monday                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                 | Thursday                                                                                                                                                                                    | Friday                                                                                                                                                                                             |
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| 3                                                                                                                                                                                                     | 4                                                                                                                                                                                                                    | 5                                                                                                                                                                                                         | 6                                                                                                                                                                                           | 7                                                                                                                                                                                                  |
| 10                                                                                                                                                                                                    | 11                                                                                                                                                                                                                   | 12                                                                                                                                                                                                        | 13                                                                                                                                                                                          | 14                                                                                                                                                                                                 |
| 17                                                                                                                                                                                                    | 18                                                                                                                                                                                                                   | 19<br>Chicken Tenders or<br>Ham & Cheese on WG or<br>PBJ or<br>Garden Salad / Fritos / WG Roll<br><br>Snack Bag<br>Steamed Peas<br>Baby Carrots / Ranch<br>Peaches / Fresh Fruit<br>Milk                  | 20<br>Rib Sandwich on WG or<br>Buckskin Bag #1 or<br>PBJ or<br>Garden Salad / Fritos / WG Roll<br><br>Baked Beans<br>Grape Tomatoes / Ranch<br>Pineapples / Fresh Fruit<br>Milk             | 21<br>French Bread Pizza or<br>Ham & Cheese on WG or<br>PBJ or<br>Garden Salad / Fritos / WG Roll<br><br>Steamed Mixed Vegetables<br>Broccoli Florets / Ranch<br>Apple Sauce / Fresh Fruit<br>Milk |
| 24<br>Cheesy Pull Apart / Dipping Sauce or<br>Turkey & Cheese on WG or<br>PBJ or<br>Salad w/ Chicken / Cheez Its / WG Roll<br><br>Steamed Broccoli<br>Cucumber / Ranch<br>Pears / Fresh Fruit<br>Milk | 25<br>Pasta Rotini / Meat Sauce / Breadstick or<br>Buckskin Bag #2 or<br>PBJ or<br>Salad w/ Chicken / Cheez Its / WG Roll<br><br>Steamed Green Beans<br>Sweet Pepper Slices / Ranch<br>Peaches / Fresh Fruit<br>Milk | 26<br>Breaded Chicken Filet on WG or<br>Turkey & Cheese on WG or<br>PBJ or<br>Salad w/ Chicken / Cheez Its / WG Roll<br><br>Parsley Potatoes<br>Lettuce & Tomato<br>Cinnamon Apples / Fresh Fruit<br>Milk | 27<br>Cheese Pizza Slice or<br>Buckskin Bag #2 or<br>PBJ or<br>Salad w/ Chicken / Cheez Its / WG Roll<br><br>Steamed Carrots<br>Celery Sticks / Hummus<br>Mixed Fruit / Fresh Fruit<br>Milk | 28<br>Walking Taco or<br>Turkey & Cheese on WG or<br>PBJ or<br>Salad w/ Chicken / Cheez Its / WG Roll<br><br>Steamed Corn<br>Lettuce / Tomato / Cheese<br>Apple Slices<br>Milk                     |
| 31<br>Popcorn Chicken / WG Roll or<br>Ham & Cheese on WG or<br>PBJ or<br>Garden Salad / Fritos / WG Roll<br><br>Steamed Peas<br>Baby Carrots / Ranch<br>Apple Sauce / Fresh Fruit<br>Milk             |                                                                                                                                                                                                                      |                                                                                                                                                                                                           |                                                                                                                                                                                             |                                                                                                                                                                                                    |

### LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**  
**FAT FREE MILK SERVED DAILY**

### MENU SUBJECT TO CHANGE

Garden Salad w/ Cheese (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds Cheddar)  
 Garden Salad w/ Grilled Chicken (Greens, Tomato, Cucumber, Carrot, Cheddar, Chicken)

