

What's on the Menu?

GSRP September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Be sure to check the Fruit & Vegetable Bar Menu for a full list of what is being served!</i>				
31 1/2 Day!! First Day Of School!	1 Crispy Baked Chicken Nuggets with Steamed Carrots	2 Crispy Chicken Sandwich with Fresh Roasted Brussel Sprouts	3 Crispito Day!! Chicken and Cheese Whole Grain Crispos With Refried Beans with Cheese	4 No School!!
7 No School!!	8 Whole Grain Breaded Pizza Crunchers with Marinara and Cheese With Steamed Peas	9 Baked, Whole Grain Chicken Tenders With Dipping Sauce with Roasted Cinnamon Carrots	10  Domino's Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	11 Grilled Cheese with Steamed Broccoli
14#BrunchforLunch Whole Grain French Toast Sticks & Scrambled Eggs with Baked Hashbrown Patty	15 Crispy Baked Chicken Nuggets with Smile Potatoes	16 Cheesy Garlic French Bread Pizza Seasoned Green Beans	17  Domino's Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	18 Fish & Chip Friday Whole Grain Baked Fish Sticks with Baked Tater Tots
21#BrunchforLunch Whole Grain Waffle & Turkey Sausage Patty with Baked Tater Tots	22 Flamebroiled Cheeseburger or Morningstar Veggie Burger with Romaine & Tomato Slices with Steamed Carrots	23 Oven Baked Cheese Stuffed Breadsticks Served With Steamed Broccoli	24  Domino's Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	25 #FiestaFriday Walking Taco or Nachos With Baked Tortilla Chips, Ground Beef or Beans, Cheddar Cheese, Romaine, and Tomatoes with Steamed Corn
28#BrunchforLunch Whole Grain Maple Pancakes & Scrambled Eggs with Baked Hashbrown Patty	29 Crispy Baked Chicken Nuggets with Steamed Carrots	30 Crispy Chicken Sandwich with Fresh Roasted Brussel Sprouts		

All lunch Choices include ALL fruits & vegetables offered on regular menu and our Fruit & Vegetable Bar

This Institution is an equal opportunity provider.

Serving up happy & healthy

What's on the Menu?

Daily Fruit & Vegetable Bar

Monday	Tuesday	Wednesday	Thursday	Friday
	Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Veggies	Cucumber Coins Celery Sticks Assorted Fresh Fruit & Veggies	Cauliflower Florets Applesauce Assorted Fresh Fruit & Veggies	
	Blueberries Cauliflower Florets Assorted Fresh Fruit & Veggies	Strawberries Cucumber Coins Assorted Fresh Fruit & Veggies	Applesauce Celery Sticks Assorted Fresh Fruit & Veggies	Roasted Chickpeas Bell Pepper Strips Assorted Fresh Fruit & Veggies
Broccoli Florets Sliced Pears in 100% Juice Assorted Fresh Fruit & Veggies	Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Veggies	Cucumber Coins Celery Sticks Assorted Fresh Fruit & Veggies	Cauliflower Florets Applesauce Assorted Fresh Fruit & Veggies	Strawberries Snap Peas Assorted Fresh Fruit & Veggies
Orange Wedges Cucumber Coins Assorted Fresh Fruit & Veggies	Blueberries Cauliflower Florets Assorted Fresh Fruit & Veggies	Strawberries Cucumber Coins Assorted Fresh Fruit & Veggies	Applesauce Celery Sticks Assorted Fresh Fruit & Veggies	Roasted Chickpeas Bell Pepper Strips Assorted Fresh Fruit & Veggies
Broccoli Florets Sliced Pears in 100% Juice Assorted Fresh Fruit & Veggies	Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Veggies	Cucumber Coins Celery Sticks Assorted Fresh Fruit & Veggies	Cauliflower Florets Applesauce Assorted Fresh Fruit & Veggies	

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