



7 ON 7 CO-ED FLAG FOOTBALL LEAGUE

Belvidere Family YMCA | September - October

Join us for an exciting flag football league!

Grades: K-2, 3-4, 5-7

Games: Saturdays | Belvidere High School

Cost: Members \$66 | Non-Members \$99

Teams: \$560 (Max 15 players)

**Register By
August 31**



Volunteer Coaches Appreciated! Reach out to Laura at lyerk@rockriverymca.org