

LET'S MOVE. LET'S REACH.™

SATURDAY
SEPT. 26, 2026
9 A.M. – 2 P.M.

9th annual LET'S MOVE, LET'S REACH Physical Activity Day | 24th and Lake

Free fitness and well-being events for all ages. Activities will include: one mile walk/run, group fitness, drill teams, kids zone, bounce house, food trucks, produce boxes and more!

This event is a positive way to celebrate the community spirit of North Omaha and learn more about physical activity in reducing the risk of chronic disease and improving quality of life.

More information contact:
402.280.2332
cphhe@creighton.edu

Please click here:
Event & Activity Registration



**FREE
TO THE
PUBLIC!**



WALK/RUN : 8AM @ 24th & Cuming to Lake Streets



Creighton University

Center for Promoting Health and Health
Equity (CPHHE)

Racial and Ethnic Approaches to Community
Health (REACH)



**Center for Promoting
Health and Health Equity**

LET'S MOVE. LET'S REACH.™

SABADO
SEPT. 26, 2026
9 A.M. – 2 P.M.

9º Anual Día de la Actividad Física LET'S MOVE, LET'S REACH | Calle 24 y Lake

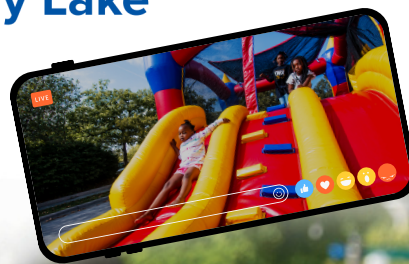
Eventos gratuitos de fitness y bienestar para todas las edades.

Las actividades incluirán:
caminata/carrera de una milla,
fitness de grupo, escuadras de
baile, área para niños, brincolines,
loncheras, cajas de frutas y
verduras y más!

Este evento es una manera positiva
de celebrar el espíritu comunitario
de North Omaha y aprender más
sobre la actividad física para
reducir el riesgo de
enfermedades crónicas y
mejorar la calidad de vida.

Para obtener más información,
contacta con
402.280.2122
cphhe@creighton.edu

Haga clic aquí:
[Registro de eventos y actividades](#)



CAMINATA/CARRERA: 8AM @ Calles 24 y Cuming a Calles 24 y Lake



Creighton University

Centro de Promoción de la Salud y la Equidad
en Salud (CPHHE)

Enfoques raciales y étnicos de la salud
comunitaria (REACH)



**Center for Promoting
Health and Health Equity**