

# September Middle School Lunch



| MONDAY                                                                                                                                   | TUESDAY                                                                                                                                      | WEDNESDAY                                                                                                                                                                     | THURSDAY                                                                                                                                                               | FRIDAY                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>7</b>                                                                                                                                 | <b>8</b>                                                                                                                                     | <b>9</b>                                                                                                                                                                      | <b>10</b>                                                                                                                                                              | <b>11</b>                                                                                                                                                         |
|                                                                                                                                          | <b>Brunch For Lunch</b><br>French Toast<br>Chicken Sausage Links<br>Hashbrown Patties                                                        | Pizza<br>(Turkey Pepperoni or Cheese)<br>Caesar Salad                                                                                                                         | All Beef Hotdog                                                                                                                                                        | Chicken Sandwich<br>(Regular or Spicy)<br>Assorted Chip                                                                                                           |
|                                                                                                                                          | <b>Alternate</b>                                                                                                                             | <b>Alternate</b>                                                                                                                                                              | <b>Alternate</b>                                                                                                                                                       | <b>Alternate</b>                                                                                                                                                  |
|                                                                                                                                          | Beef Walking Tacos<br><br><br><br>California Vegetable Medley<br>Fresh Fruit<br>Assorted Fresh Vegetables                                    | Rotisserie Style Chicken Drumstick<br>Garlic Mashed Red Potatoes<br>Chicken Gravy<br>Garlic Parmesan Cheese Knot<br>Buttered Corn<br>Fresh Fruit<br>Assorted Fresh Vegetables | <b>Poppin' Flavored Popcorn Chicken Day</b><br><br>Regular OR Nashville Hot<br>Garlic Breadstick<br><br>JoJo Potato Wedges<br>Fresh Fruit<br>Assorted Fresh Vegetables | Orange Chicken<br>White Rice<br>Vegetable Egg Roll<br><br>Steamed Peas<br>Fresh Fruit<br>Assorted Fresh Vegetable<br>BBQ Baked Beans                              |
| <b>14</b>                                                                                                                                | <b>15</b>                                                                                                                                    | <b>16</b>                                                                                                                                                                     | <b>17</b>                                                                                                                                                              | <b>18</b>                                                                                                                                                         |
| Pizza<br>(Chicken Alfredo or Cheese Pizza)<br>Ranch Salad                                                                                | Breaded Chicken Drumstick<br>Mashed Potatoes<br>Chicken Gravy<br>Dinner Roll                                                                 | <b>Chicken Wing Day</b><br>Hot Honey Cornbread Bites                                                                                                                          | Chicken Tender<br>(Regular or Spicy)<br>SunChips                                                                                                                       | Cheeseburger                                                                                                                                                      |
| <b>Alternate</b>                                                                                                                         | <b>Alternate</b>                                                                                                                             | <b>Alternate</b>                                                                                                                                                              | <b>Alternate</b>                                                                                                                                                       | <b>Alternate</b>                                                                                                                                                  |
| Thai Sweet Chili Chicken<br>White Rice<br>Chicken Potsticker<br>Oven Roasted Brussel Sprouts<br>Fresh Fruit<br>Assorted Fresh Vegetables | Chicken Walking Taco<br><br><br>Buffalo Cauliflower<br>Fresh Fruit<br>Assorted Fresh Vegetables                                              | Italian Dunker with Marinara Sauce<br>Ranch Vegetable Pasta Salad<br><br>Parmesan Spinach Alfredo w/ Tortilla Chips<br>Fresh Fruit<br>Assorted Fresh Vegetable                | Baja Beef Burrito Bowl with Flour Tortilla<br>Cilantro Lime Rice<br><br>Buttered Corn<br>Fresh Fruit<br>Assorted Fresh Vegetable<br>Black Bean Salad                   | Rotini Grilled Chicken Alfredo<br>Garlic Breadstick<br><br>Oven Roasted Broccoli<br>Fresh Fruit<br>Assorted Fresh Vegetables<br>Fresh Baked Chocolate Chip Cookie |
| <b>21</b>                                                                                                                                | <b>22</b>                                                                                                                                    | <b>23</b>                                                                                                                                                                     | <b>24</b>                                                                                                                                                              | <b>25</b>                                                                                                                                                         |
| All Beef Hotdog<br><br>Potato Chip                                                                                                       | Pizza<br>(Turkey Pepperoni or Cheese)<br>Caesar Salad                                                                                        | <b>Brunch For Lunch</b><br>French Toast<br>Chicken Sausage Links<br>Hashbrown Patties                                                                                         | <b>Poppin' Flavored Popcorn Chicken Day</b><br><br>Regular OR Nashville Hot<br>Garlic Breadstick                                                                       | Cheesy Beef Totchos<br><br>Garlic Parmesan Cheese Knot                                                                                                            |
| <b>Alternate</b>                                                                                                                         | <b>Alternate</b>                                                                                                                             | <b>Alternate</b>                                                                                                                                                              | <b>Alternate</b>                                                                                                                                                       | <b>Alternate</b>                                                                                                                                                  |
| Sesame Chicken<br>White Rice<br>Chicken Potsticker<br>Ginger Stir-Fry Vegetables<br>Fresh Fruit<br>Assorted Fresh Vegetables             | Hot Hot Honey Chicken with<br>White Cheddar Cheese Curd Mac & Cheese<br><br>Buttered Corn<br>Fresh Fruit<br>Assorted Fresh Vegetables        | Chicken Sandwich<br>(Regular or Spicy)<br><br>Honey Roasted Baby Carrots<br>Fresh Fruit<br>Assorted Fresh Vegetables                                                          | Birria Beef Street Tacos<br>Cilantro Lime Rice<br><br>Cheesy Mexican Street Corn<br>Fresh Fruit<br>Assorted Fresh Vegetables<br>Fiesta Black Beans                     | Breaded Mozzarella Cheese Sticks<br>Marinara Sauce<br>Garlic Parmesan Cheese Knot<br>Roasted Cauliflower with Soy<br>Fresh Fruit<br>Assorted Fresh Vegetables     |
| <b>28</b>                                                                                                                                | <b>29</b>                                                                                                                                    | <b>30</b>                                                                                                                                                                     |                                                                                                                                                                        |                                                                                                                                                                   |
| Chicken Tender<br>(Regular or Spicy)<br>Garlic Breadstick                                                                                | Ultimate Burger Poppers<br>(Regular or Spicy)<br>Macaroni and Cheese                                                                         | Chicken Bites<br>Garlic Mashed Red Potatoes<br>Chicken Gravy<br>Dinner Roll                                                                                                   |                                                                                                                                                                        |                                                                                                                                                                   |
| <b>Alternate</b>                                                                                                                         | <b>Alternate</b>                                                                                                                             | <b>Alternate</b>                                                                                                                                                              |                                                                                                                                                                        |                                                                                                                                                                   |
| Rotini Grilled Chicken Alfredo<br>Garlic Breadstick<br><br>Oven Roasted Broccoli<br>Fresh Fruit<br>Assorted Fresh Vegetables             | Spicy Ginger Teriyaki Chicken<br>Fried Rice<br>Vegetable Eggroll<br>Oven Roasted Brussel Sprouts<br>Fresh Fruit<br>Assorted Fresh Vegetables | Pizza<br>(Buffalo Chicken or Cheese Pizza)<br>Ranch Salad<br>Buttered Corn<br>Fresh Fruit<br>Assorted Fresh Vegetables                                                        |                                                                                                                                                                        |                                                                                                                                                                   |
| <b>Grab and Go:</b> Managers Choice Salad and Sandwich                                                                                   | <b>Grab and Go:</b> Managers Choice Salad and Sandwich                                                                                       | <b>Grab and Go:</b> Managers Choice Salad and Sandwich                                                                                                                        | <b>Grab and Go:</b> Managers Choice Salad and Sandwich                                                                                                                 | <b>Grab and Go:</b> Managers Choice Salad and Sandwich                                                                                                            |

**IN SCHOOL OFFERED DAILY:**

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

**This institution is an equal opportunity provider.**