

We Separate Recycling and Food Waste!



We're making less trash
and making a difference!

We Separate Recycling and Food Waste!



TRAYS

EMPTY

FOOD WASTE Compostable PAPER

All Food
Napkins
Paper Towels
Paper Bowls
Paper Plates
Waxed Paper

TRASH

EVERYTHING ELSE

Forks, Spoons, Knives
Wrappers

Chip Bags

Milk Cartons, Juice Boxes

Yogurt Cups*

Mini Plastic Cups

*Too much food on it to recycle
it at school. At home, rinse and
recycle it.

RECYCLE

EMPTY - NO FOOD

Plastic Cups

Sandwich Containers

Cereal Bowls

Bottles

Cans

Foil

Paper Bags

Boxes

LIQUID

Drinks

Soup

Cereal Milk

Ice

Thank you!
Making less trash
makes a difference!

Let's Get Ready to Clean Up!

Before getting up from the table:

DRINK IT, OPEN IT

- Try to finish your drink.
- Make the opening bigger so it pours out faster.

EAT IT, UNWRAP IT, POUR IT, CHECK IT

- Try to eat all your food.
The best place for your food is your stomach!
- Take food out of wrappers.
- Pour food out of containers onto your tray so the container is ready for recycling.
- Check your foil. Foil recycles if clean.

PILE IT

- Put all trash items together -- forks, plastic wrappers, mini cups, straws, etc.
- Then you can grab them all at once and put them in the TRASH.

When it's time to clean up:



Start at
LIQUIDS

→ RECYCLE → TRASH → FOOD WASTE and COMPOSTABLE PAPER → TRAYS

Thank you!

You are making a difference!



Questions? Contact DPW:
617-349-4836
recycle@cambridgema.gov

Let's Get Ready to Clean Up!



While at your table...

**Try to drink all
your drink.**



While at your table...

Try to eat all your food.

**The best place for your
food is in your belly!**

While at your table...

Make the opening
bigger so it will pour
out faster.



Have unopened food
or fruit you didn't
take a bite of?

✓ Put it on the Share Table!



Just items from school
breakfast/lunch, not
from home.

Share Table

**Put any unopened,
uneaten food here.**

Help reduce food waste.
Still hungry? Take what you need!



UNWRAP
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unwrap

While at your table...

Unwrap!

Take food out
of wrappers and
containers
and put it on
your tray.



While at your table...

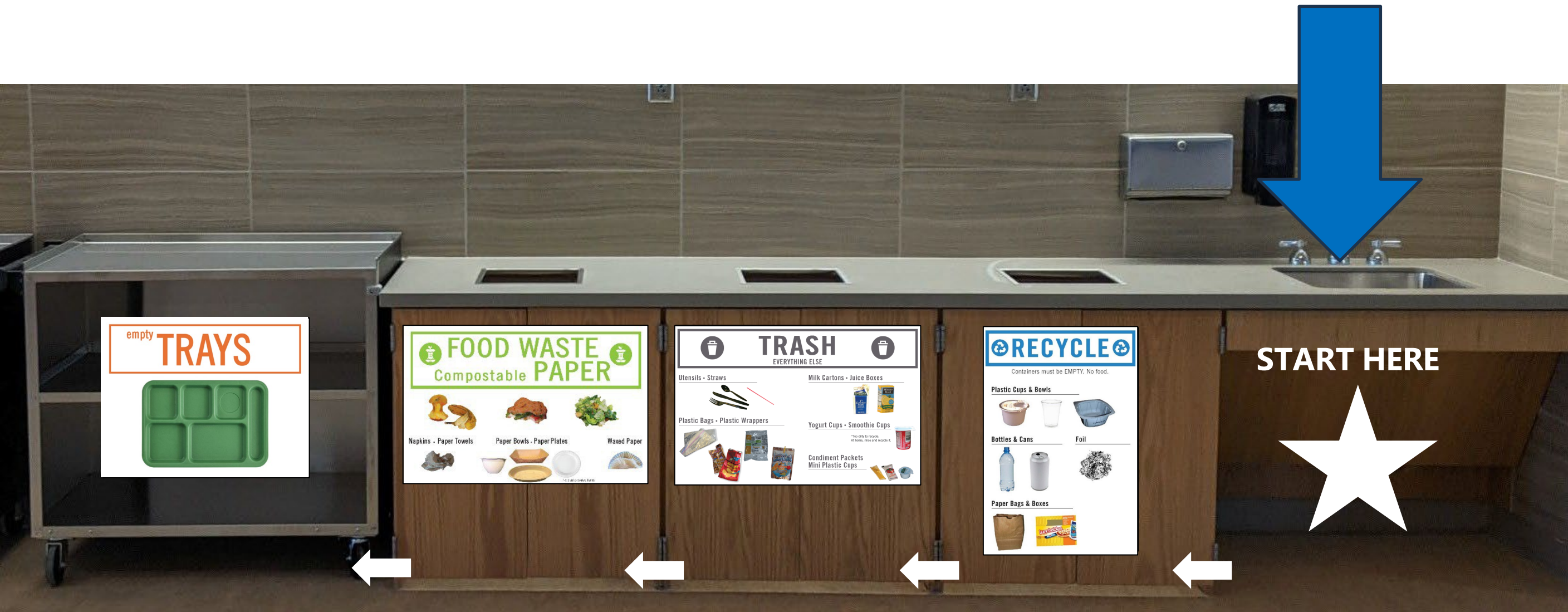
Pile!

Pile all
the trash
items
together.



Then you can easily pick them
up and put them in the trash.

Pour liquids here.



“It’s gotta be
empty to go in recycling!”

Pour in the sink:

LIQUIDS



- Milk
- Juice
- Water
- Cereal Milk
- Ice
- Soup

Recycling goes here.



“It’s gotta be
empty to go in recycling!”



Containers must be EMPTY. No food.

Plastic Cups & Bowls



Bottles & Cans



Foil



Paper Bags & Boxes



No liquids.

No food.

YES! Recycle This!





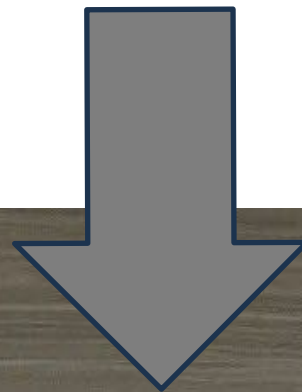
FOIL can go in recycling!

While at your table:

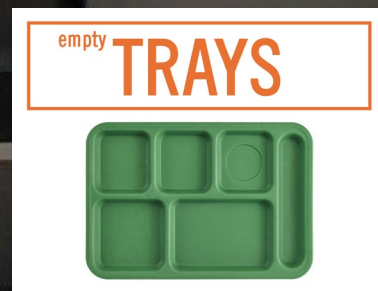
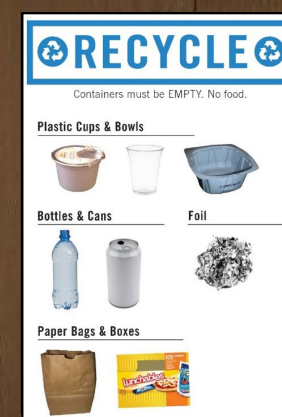
- Take food out of foil

If there's A LOT of food on it,
put it in the **TRASH**.

TRASH



START HERE





TRASH

EVERYTHING ELSE



Utensils • Straws



Plastic Bags • Plastic Wrappers



Milk Cartons • Juice Boxes



Yogurt Cups • Smoothie Cups

*Too dirty to recycle.
At home, rinse and recycle it.



Condiment Packets Mini Plastic Cups



Yogurt cups are too
dirty at school so they
go in the TRASH.

At home, rinse
and recycle!

What about other plastic cups with food
on them? **TRASH**



What about the **mini plastic cups**? **TRASH**

They're too small to recycle.

What about **condiment cups** like for syrup? **TRASH**

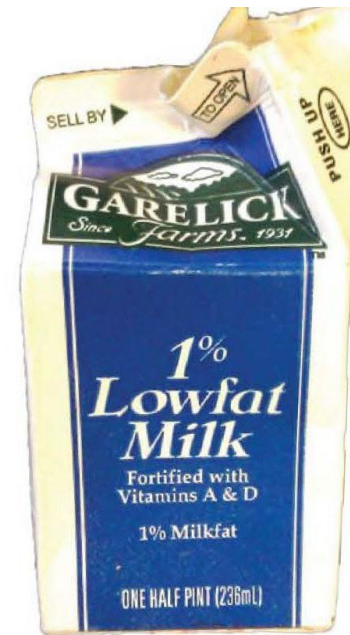
They're also too small to recycle AND they are covered in food.

Where does the syrup go? Isn't it a liquid?

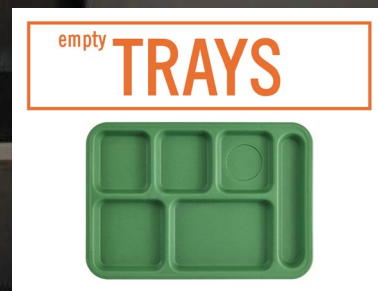
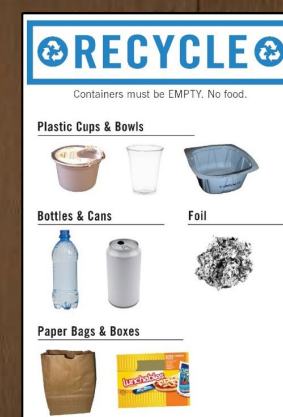
It's too messy so we put it in the **TRASH**.



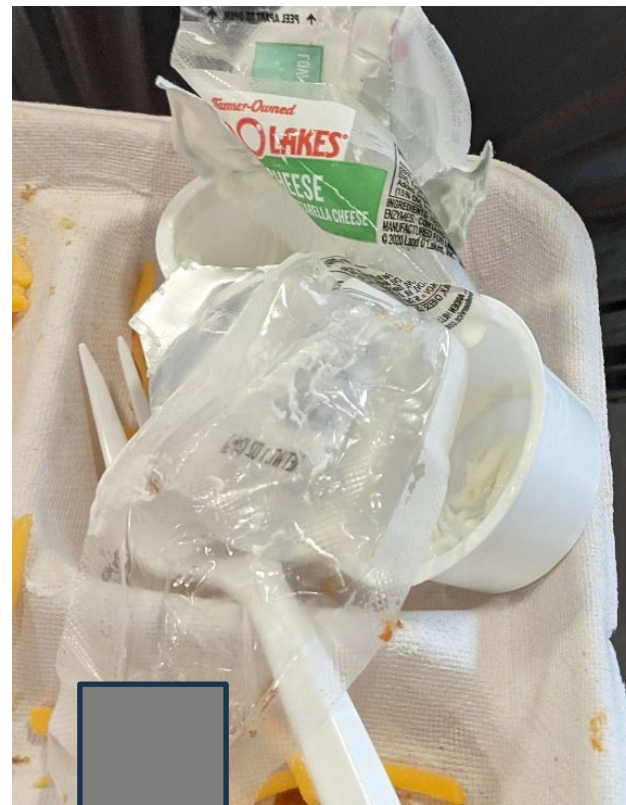
Cartons are **TRASH**



START HERE

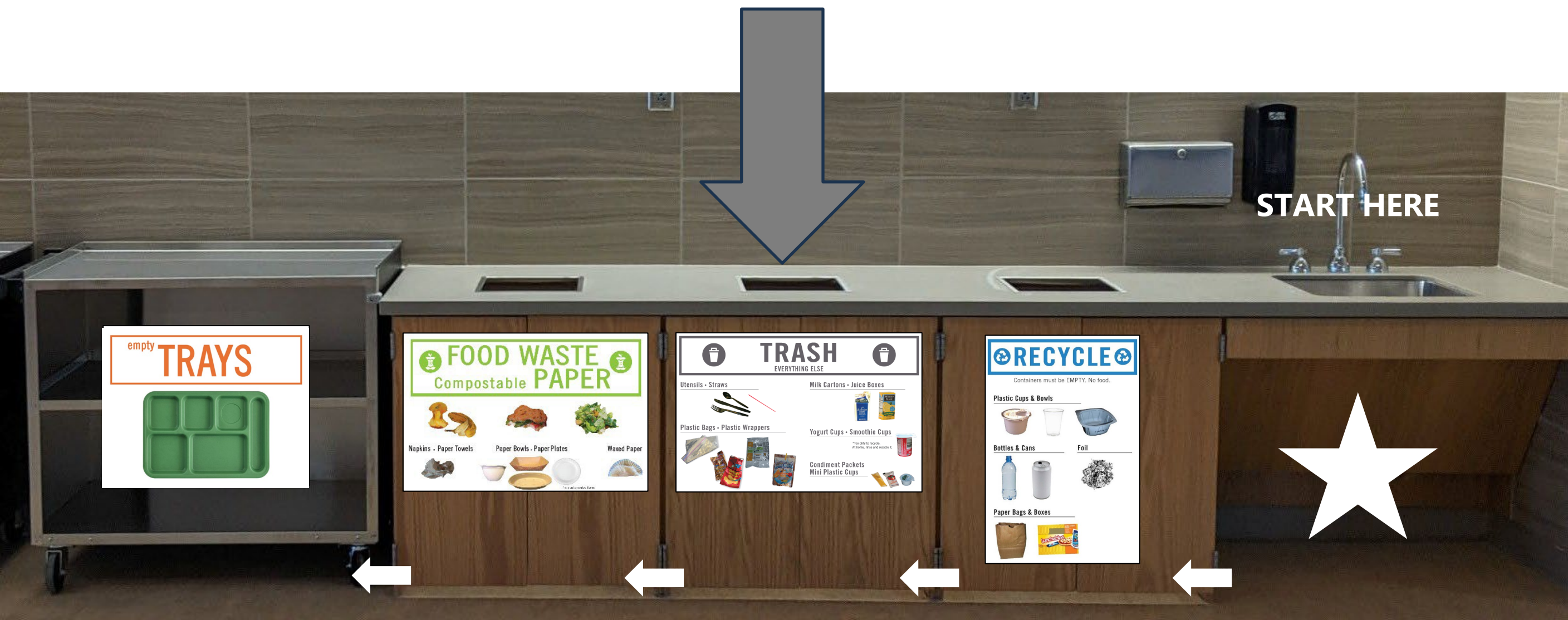


Plastic wrappers in trash.



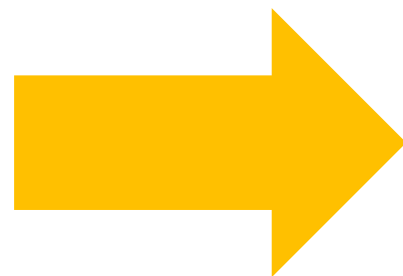
Take food out of wrappers.

Plastic wrappers in trash.



Reminder 😊

Put your trash in a pile before heading to the waste station.



Then it will be easy to grab it and put it in the trash.



FOOD WASTE

Compostable PAPER



Napkins • Paper Towels



Paper Bowls • Paper Plates



Waxed Paper



No plastic-coated items.

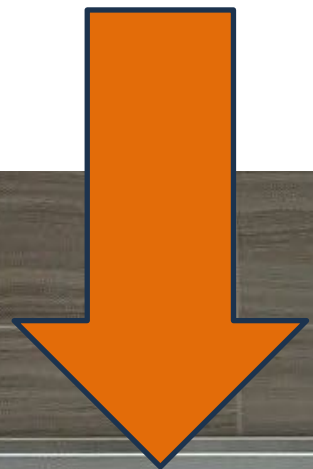
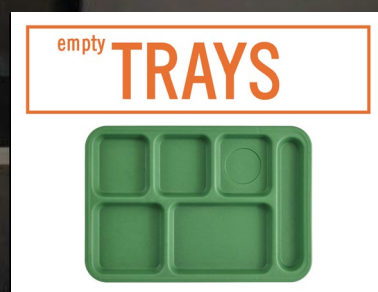
All food.

Napkins and paper towels.

Paper bowls and paper plates.



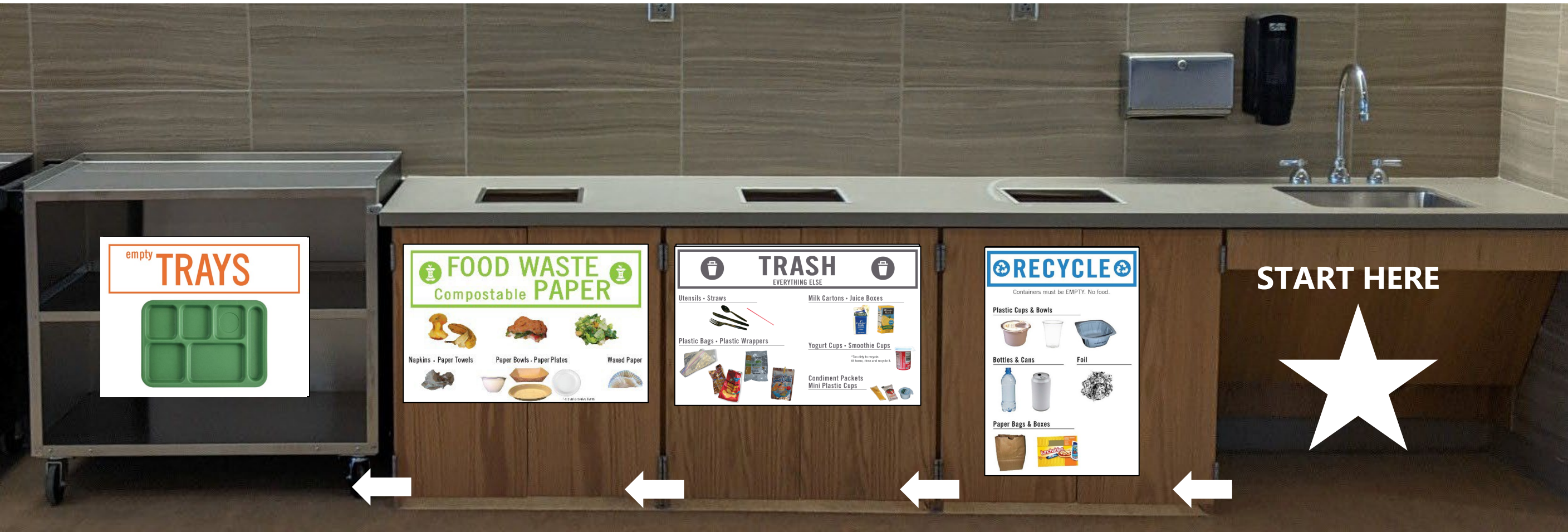
Trays go here!



START HERE



Stack trays neatly.



THANK YOU!

THANK YOU!



What happens to the food and compostable paper?

It's used to make energy!

It goes to a special place called an Anaerobic Digester.

Teeny tiny bugs called MICROBES eat it.

When they eat it, they make gas.

The gas is used to make ENERGY!





Containers must be EMPTY. No food.

Plastic Cups & Bowls



Bottles & Cans



Foil



Paper Bags & Boxes

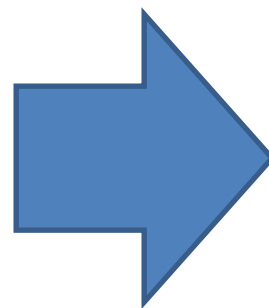


What happens to our recycling?

First, our recycling goes to be sorted. Items are sorted by the material they are made from (metal, glass, paper, plastic).

Then, they are sold to companies. The companies use them **to make new things** like metal cans, cereal boxes, and plastic pipes.

Watch a video of how your items get sorted [here](#).





Quiz
Time!

**Where's the BEST
place for your food?**

Where's the BEST place for your food?

IN YOUR STOMACH

Try and eat all your food and drink all your drink.

**What do you do with
whole fruit you haven't
taken a bite of, and food
and drinks you haven't
opened?**

What do you do with whole fruit you haven't taken a bite of, and food and drinks you haven't opened?

PUT IT ON THE SHARE TABLE

Only items from school lunch and breakfast. No items from home.
No peanut butter, thanks.

**What do you do with
trash items while
you're still at your
table?**

What do you do with trash items while you're still at your table?

PUT THEM IN A PILE

Then you can easily pick up all the trash items and put them in the trash can.

**Do you start at the
LIQUIDS first?**

Do you start at the LIQUIDS first?

YES!

Start at the LIQUIDS.

Deal with your drink first.

**Do your water and juice
cups and water bottles
need to be empty to go
in the recycling?**

Do your water and juice cups and water bottles need to be empty to go in the recycling?

YES!

It's got to be empty to go in the recycling!

**Do cartons go in the
recycling?**

Do cartons go in the recycling?

NO.

Cartons go in the trash. They aren't accepted in the recycling bins.

**Do we recycle yogurt
cups at school?**

Do we recycle yogurt cups at school?

NO.

Yogurt cups are too dirty at school, so they go in the trash.

At home, rinse them out and recycle them!

**Does food have to be
unwrapped?**

Does food have to be unwrapped?

YES!

Unwrap your food while at your table.
Then it's easy to put plastic wrappers
in the trash.



**Thanks for taking
the quiz!**

Thanks for separating your
recycling and food waste!
You are making a difference!