

We Separate Our Recycling and Food Waste!



Cambridge Kids Care

We Separate Recycling and Food Waste



LIQUIDS



RECYCLE

EMPTY - NO FOOD

Plastic Cups
Sandwich Containers
Cereal Bowls
Bottles
Cans
Foil
Paper Bags
Boxes

TRASH

EVERYTHING ELSE

Forks, Spoons, Knives
Wrappers
Chip Bags
Milk Cartons, Juice Boxes
Yogurt Cups*
Mini Plastic Cups
Black Plastic Containers

*Too much food on it to recycle
it at school. At home, rinse and recycle it.

FOOD

All Food
(Napkins OK!)

COMPOSTABLE PAPER

Trays
Plates, Bowls
Napkins
Paper Towels
Waxed Paper

Thank you!
Together we are making a difference!

Let's Get Ready to Clean Up!

Before getting up from the table:

DRINK IT, OPEN IT

- Try to finish your drink.
- Make the opening bigger so it pours out faster.

EAT IT, UNWRAP IT, POUR IT, CHECK IT

- Try to eat all your food.
The best place for your food is your stomach!
- Take food out of wrappers.
- Pour food out of containers onto your tray so the container is ready for recycling.
- Check your foil. Foil recycles if clean.

PILE IT

- Put all trash items together -- forks, plastic wrappers, mini cups, straws, etc.
- Then you can grab them all at once and put them in the TRASH.

When it's time to clean up:



Start at
LIQUIDS

→ RECYCLE → TRASH → FOOD → COMPOSTABLE PAPER

Thank you!

You are making a difference!



Questions? Contact DPW:
617-349-4836
recycle@cambridgema.gov

**Try to drink all
your drink...**



**...and eat
all your
food.**



Make the opening
bigger so liquid
pours out faster.



Unwrap!

Take food out of wrappers and containers.

Put food on tray, put wrappers together.



Make a trash pile!

Pile all
the trash
items
together.



Then you can easily pick them
up and put them in the trash.

Have **unopened** food or drink from school lunch?
Have **uneaten** fruit from school lunch?

Put it on the Share Table!



Still hungry? Take what you need!



LIQUIDS

POUR IN THE BUCKET



LIQUIDS

POUR IN THE BUCKET



- Milk
- Juice
- Water
- Cereal Milk
- Ice
- Soup

♻️ RECYCLE ♻️

Containers must be EMPTY. No food.

Plastic Cups & Bowls



Bottles & Cans



Foil



Paper Bags & Boxes



RECYCLE

Containers must be EMPTY. No food.

Plastic Cups & Bowls



Bottles & Cans



Foil



Paper Bags & Boxes



Pour out all liquids.

Remember, it's got to be **EMPTY** to go in the recycling!

Containers must be empty



RECYCLE

EMPTY - NO FOOD

Plastic Cups
Cereal Bowls
Bottles
Cans
Foil
Paper Bags
Boxes

YES! Recycle This!





FOIL can go in recycling!

While at your table:

- Take food out of foil

If there's A LOT of food on it, put it
the TRASH.

What about the mini plastic cups? **TRASH**

They're too small to recycle.

What about yogurt cups? **TRASH**

They're too dirty at school. At home, rinse and recycle!

What about other plastic cups
with food on them? **TRASH**

They're too dirty at school.

At home, rinse and recycle!



BRUTE



TRASH

EVERYTHING ELSE



Utensils • Straws



Plastic Bags • Plastic Wrappers



Milk Cartons • Juice Boxes



Yogurt Cups • Smoothie Cups

*Too dirty at school.
At home, rinse and recycle it.



Condiment Packets Mini Plastic Cups





TRASH

EVERYTHING ELSE



Utensils • Straws



Plastic Bags • Plastic Wrappers



Milk Cartons • Juice Boxes



Yogurt Cups • Smoothie Cups

*Too dirty to recycle.
At home, rinse and recycle it.



Condiment Packets Mini Plastic Cups



ALL FOOD
goes in the
yellow
barrel.





FOOD



All Food



No liquids. No wrappers. No containers.

Napkins • Paper Towels



ONLY
FOOD

and...
napkins are OK!



✓ NO WRAPPERS

JUST FOOD

**FOOD**

All Food



Napkins • Paper Towels

No liquids. No wrappers. No containers.



and... napkins are OK!

UNWRAP

UNWRAP

UNWRAP

UNWRAP

UNWRAP

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UNWRAP

UNWRAP

unwrap

While at your table:

- ✓ Take food out of wrappers.



Take all food out of wrappers. It can't go into the FOOD barrel if it's wrapped up.



TAKE THE CHEESE STICK
OUT OF THE WRAPPER

- ✓ Put all the trash items together.



With all the trash items together you'll be able to easily grab them and put them in the trash.



After you have recycled and thrown out your trash, most of the time the only things left on your tray are your **FOOD** and **NAPKIN**.



TIP:

Put your tray
into the
barrel and
turn it
sideways...

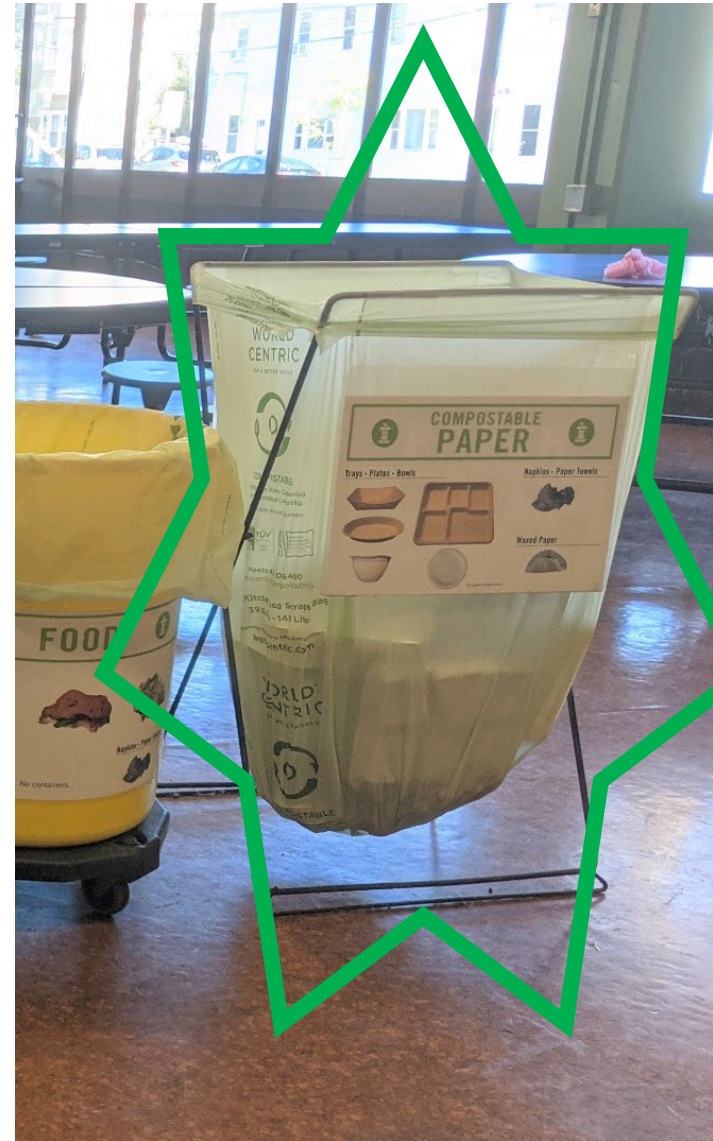


...and tap it
against the
side of the
barrel.

This helps
food come
off easily.



Then you can
put the tray in
**COMPOSTABLE
PAPER.**



All these items can go in!



COMPOSTABLE PAPER



Trays • Plates • Bowls



Napkins • Paper Towels



Waxed Paper



No plastic-coated items.

THANK YOU!



What happens to the food?

It's a special kind of composting. The food is used to make energy!

Food goes to a special kind of composting at a facility called an Anaerobic Digester.

Teeny tiny bugs called MICROBES eat the food. When they eat the food, they make gas.

The gas is used to make ENERGY!





Containers must be EMPTY. No food.

Plastic Cups & Bowls



Bottles & Cans



Foil



Paper Bags & Boxes

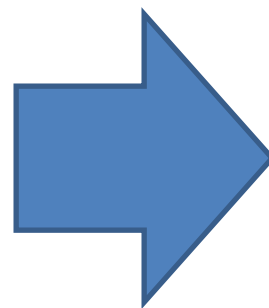


What happens to our recycling?

First, your recycling goes to be sorted. Different items are sorted by the material they are made from (metal, glass, paper, plastic).

Then, they are sold to companies. The companies use them to make new things, like metal cans, cereal boxes, and fleece jackets.

Watch a video of how your items get sorted [here](#).





Quiz
Time!

**Where's the BEST
place for your food?**

Where's the BEST place for your food?

IN YOUR STOMACH

Try and eat all your food and drink all your drink.

**What do you do with
whole fruit you haven't
taken a bite of, and food
and drinks you haven't
opened?**

What do you do with whole fruit you haven't taken a bite of, and food and drinks you haven't opened?

PUT THEM ON THE SHARE TABLE

Only items from school breakfast or lunch.
No items from home.

**What do you do with
trash items while
you're still at your
table?**

What do you do with trash items while you're still at your table?

PUT THEM IN A PILE

Then you can easily pick up all the trash items and put them in the trash can.

**Do you start at the
LIQUIDS first?**

Do you start at the LIQUIDS first?

YES!

Start at the LIQUIDS.

Deal with your drink first.

**Do your water and juice
cups and water bottles
need to be empty to go
in the recycling?**

Do your water and juice cups and water bottles need to be empty to go in the recycling?

YES!

It's got to be empty to go in the recycling!

**Do cartons go in the
recycling?**

Do cartons go in the recycling?

NO.

Cartons go in the trash. They aren't accepted in the recycling bins.

**Do we recycle yogurt
cups at school?**

Do we recycle yogurt cups at school?

NO.

Yogurt cups are too dirty at school, so they go in the trash.

At home, rinse them out and recycle them!

**Does food have to be
unwrapped?**

Does food have to be unwrapped?

YES!

Unwrap your food while at your table.
Then it's easy to put plastic wrappers
in the trash.

A green starburst graphic with a purple outline, containing text about a quiz and recycling.

**Thanks for taking
the quiz!**

Thanks for separating your
recycling and food waste!
You are making a difference!