

Lunch Menu

North Merrick Elementary Schools

September
2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

WELCOME
BACK TO
SCHOOL!

1 Cheesy Stuffed Bread Sticks
With Marinara Sauce Dip
Green Beans
Chilled Red Pepper Strips
Apple Slices

2 Wing Shack Chicken Wings
Wing Shack BBQ Style
Chicken Wings
Or Wing Shack Classic
Buffalo Chicken Wings
Whole Wheat Dinner Roll
Buttered Corn
Baby Carrots
Watermelon Slices



3 Classic Cheese Pizza
Pepperoni Pizza
Confetti Garbanzo Bean
Salad
Garden Salad
Cucumber Coins
Fresh Pear

4 SCHOOL
CLOSED
TODAY



8 Crispy Chicken Drumstick
Seasoned Rice
Green Beans
Spicy Garbanzo Bean Salad
Apple Slices



9 French Toast
Sausage Patty
Crispy Potato Puffs
Baby Carrots
Sliced Oranges
Pineapple



10 Chicken Lo Mein
Roasted Broccoli
Cherry Tomatoes
Sliced Oranges

11 Classic Cheese Pizza
Pepperoni Pizza
Garden Salad
Baby Carrots
Mixed Berry Cup

14 Mozzarella Sticks
With Marinara Sauce Dip
Cinnamon & Honey Roasted
Beans
Green Beans
Chilled Red Pepper Strips
Apple Slices



15 Nachos Grande
With Mild Salsa
And Sour Cream
Buttered Corn
Confetti Black Bean Salad
Fresh Banana

16 Baked Chicken Tenders
Scooby Doo Cinnamon
Graham Crackers
With BBQ Sauce
Or Hot Sauce
Roasted Butternut Squash
Celery
Sliced Oranges

STUDENT APPRECIATION DAY

17 Meatball Hero
Steamed Zucchini
Fresh Cucumber Salad
Apple Slices
Fresh Melon Cup

18 Classic Cheese Pizza
Pepperoni Pizza
Spinach Salad
Fresh Pear

21 SCHOOL
CLOSED
TODAY

22 Crispy Chicken Sandwich
Oven Baked Fries
Baby Carrots
Fresh Banana

23 Grilled Cheese Sandwich
Meltdown Café
Confetti Garbanzo Bean
Salad
Cherry Tomatoes
Fresh Pear



24 General Tso's Chicken
Vegetable Fried Rice
Roasted Broccoli
Cucumber Coins
Apple Slices

LUCKY TRAY DAY!

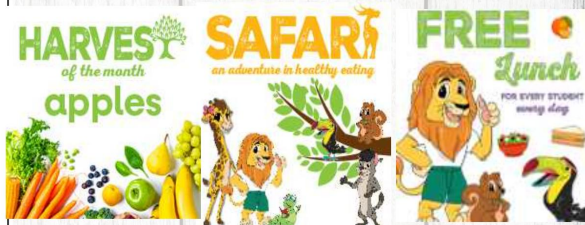
25 Classic Cheese Pizza
Pepperoni Pizza
Garden Salad
Celery
Fresh Pear

28 Homemade Mac & Cheese
Homemade Garlic Bread
Steamed Broccoli
Baby Carrots
Apple Slices



29 Soft Tacos
With Mild Salsa
And Sour Cream
Buttered Corn
Chilled Red Pepper Strips
Sliced Oranges

30 Cheeseburger
NY Beef Burger
Sweet Potato Fries
Baked Beans
Fresh Banana



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Each students is entitled to one complete breakfast and one complete lunch per day at no cost

Adult Lunch \$5.29 + Tax Lunch served with choice of grains, Meat/meat alternative assorted fruit choices and milk

Choice of FF 1% White Milk or Fat Free Chocolate with meal
Available Daily: Chicken Nuggets with WG Roll, Assorted Garden Salad w/ Grain & Shredded Cheese or Chicken, Assorted Sandwiches, Bagel or Pretzel Lunch w/ Cheese Stick & Yogurt. Fruity Yogurt Parfaits with Granola

Fresh Fruit (Apple, Orange, Pear) and 100% Fruit Juice (Apple, Fruit Punch, Orange Tangerine) Assorted Fresh Vegetables Assorted Condiments. Any Question or Concerns Please Call The School Lunch Office 1-516-282-1882

