

MCKINNEY-VENTO NEWSLETTER



SEPTEMBER
2026



Changes in housing or family circumstances can make daily routines challenging. Creating simple routines for mornings, homework, meals, and bedtime can help students feel safe, supported, and ready to learn. Our school is here to help families stay connected and successful during times of transition.



- Keep a few important items together in one bag or backpack each night when possible (school papers, chargers, medications, extra clothes, hygiene items).
- Choose clothes and pack lunches/snacks the night before to reduce morning stress.
- Create a simple bedtime routine, even if your sleeping location changes. Reading, calming music, prayer, or quiet conversation can help children feel secure.
- Use alarms or phone reminders for wake-up times, school schedules, and appointments.
- Keep routines simple and flexible. Consistency matters more than perfection.
- If space is limited, use small bins or zip bags to help organize personal items for each child.
- Encourage calming activities before bed by limiting screens when possible.
- Reach out to the school if transportation, attendance, supplies, or other challenges are affecting routines

How can school help with routines?



Resources such as school breakfast and lunch, transportation assistance, information on before and after school programs, and academic support can help make mornings and evenings less stressful and keep students connected to learning. If your family needs support, please reach out to the school office or McKinney-Vento liaison for confidential assistance.

YOUR STORY MATTERS

Have you experienced homelessness and want to anonymously share your story or feel that your student should qualify under McKinney Vento use this QR Code



Contacts

Adams Central

Megan Ross-Espinosa
P)260.692.1122
E) rossespinosa@accs.k12.in.us

North Adams

Consortium Coordinator

Taylor Oliver
P) 260-724-3137
E) olivert@nadams.k12.in.us

South Adams

Sheila Graber
P)260.589.1102
E)sgraber@southadams.k12.in.us