

September 2026

Lunch Menu

Lenape Regional School District

(all side items are available with every meal)

CAFÉ CONTACT INFO:

Food Service Director:

Sue Sarlo

len@nsfm.com

Phone: 856-983-5141

You can choose:

1 Entrée

1 or 2 Fruit Choices

1 or 2 Vegetable Choices

1 Milk Choice

You Must Choose

1 Fruit or Vegetable

FEATURED ENTRÉE

Monday 31

Tuesday 1

Wednesday 2

Thursday 3

Friday 4

POPCORN CHICKEN

TACO BAR ASSORTED MEATS

GRILLED CHEESE

STUFFED CRUST PIZZA

MASHED POTATOES
STEAMED MIXED VEGGIES
GRAVY/ROLL

LIME CILANTRO RICE
CORN
SEASONED BEANS

POTATO WEDGES
TOMATO SOUP
SEASONED GREEN BEANS

FRENCH FRIES
STEAMED GREEN PEAS

SCHOOL CLOSED

Monday 7

Tuesday 8

Wednesday 9

Thursday 10

Friday 11

SCHOOL CLOSED

TACO BAR
ASSORTED MEATS
LIME CILANTRO RICE
CORN
SEASONED BEANS

CHEESE QUESADILLA

FRENCH FRIES
SWEET GREEN PEAS

PASTA w/ MEAT SAUCE

GARLIC BREAD
ZESTY GREEN BEANS

PERSONAL PIZZA

CURLY FRIES
STEAMED CARROTS

Monday 14

Tuesday 15

Wednesday 16

Thursday 17

Friday 18

CHICKEN & WAFFLES

HASHBROWN
WARM CINNAMON FRUIT

TACO BAR
ASSORTED MEATS
LIME CILANTRO RICE
CORN
SEASONED BEANS

GRILLED CHEESE & HAM

CRINKLE CUT FRIES
TOMATO SOUP
SEASONED GREEN BEANS

CHICKEN ALFREDO PENNE PASTA

BREAD STICK
OVEN BAKED BROCCOLI

FRENCH BREAD PIZZA

SPIRAL FRIES
SEASONED CARROTS

Monday 21

Tuesday 22

Wednesday 23

Thursday 24

Friday 25

SCHOOL CLOSED

TACO BAR
ASSORTED MEATS
LIME CILANTRO RICE
CORN
SEASONED BEANS

FRENCH TOAST STICKS

SAUSAGE
TATOR TOTS
WARM CINNAMON FRUIT

MAC & CHEESE BAR

ASSORTED MEATS
STEWED TOMATOES
STEAMED BROCCOLI

PIZZA CRUNCHERS

WAFFLE FRIES
SWEET GREEN PEAS

Monday 28

Tuesday 29

Wednesday 30

Thursday

Friday

POPCORN CHICKEN

MASHED POTATOES
STEAMED CARROTS
GRAVY/ROLL

TACO BAR ASSORTED MEATS

LIME CILANTRO RICE
CORN
SEASONED BEANS

GENERAL TSO CHICKEN

LOMEIN NOODLES
STEAMED BROCCOLI

MILK CHOICES: 1% WHITE, NON-FAT CHOCOLATE, NON-FAT STRAWBERRY

ALL MEALS ARE SERVED WITH VEGETABLE, FRUIT & MILK

\$4.25

\$4.25

\$5.00

Fruit Choice

Vegetable Patch

FEATURE MEAL OF THE
DAY
CHICKEN PATTY
SPICY CHICKEN PATTY
CHEESEBURGER
HAMBURGER
SMUCKERS PB&J

ASST DELI
ASST SALAD PLATTERS
HUMMUS PLATTER
ASST WRAPS

PREMIUM MEAL OF THE
DAY
BIG DADDY'S PIZZA

\$5.50
PANZAROTTI MEAL

FRESH APPLE
FRESH ORANGE
ASST FRUIT CUP
ASST FRUIT JUICE

BABY CARROTS
BROCCOLI BITES
CHERRY TOMATOES
GREEN PEPPERS
CUCUMBERS
CORN SALAD
CHIC PEA SALAD

*Menu subject to change

This institution is an equal opportunity provider.

ADULT MEALS ADD \$1.00

STUDENT SECOND ENTRÉE \$2.75

If you are eligible for
Free/Reduced Lunch
Then You are eligible for
Free/Reduced Breakfast


NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz