



Halifax County Schools **Pre-K** Menus for August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change.	Breakfast includes choice of low-fat or fat-free milk, 100% fruit juice and fresh fruit. Daily Alternate Breakfast Entrée Option: Cereal or PopTart	Lunch includes choice of low-fat or fat-free milk. Fresh Fruit Options available daily at lunch. Daily Alternate Lunch Entrée Option: Deli Sandwich		
August 3	August 4	August 5	August 6	August 7
August 10	August 11	August 12	August 13	August 14
August 17	August 18	August 19	August 20	August 21
August 24 WG Cereal, Fruit Choice Spaghetti Green Beans Fresh Fruit or Fruit Cup Graham Crackers (wg)	August 25 Muffin, Fruit Choice Beef Taco w/ Tortilla Chips Corn Fresh Fruit or Fruit Cup Goldfish Crackers (wg)	August 26 Ham & Cheese Croissant, Fruit Choice Sloppy Joe Potato Smiles Fresh Fruit or Fruit Cup Mini Blueberry Loaf (wg)	August 27 Yogurt Cup, Fruit Choice Chicken Nuggets Broccoli Fresh Fruit or Fruit Cup Chex Snack Mix (wg)	August 28 Chicken Biscuit, Fruit Choice Pizza Baby Carrots w/ Ranch Fresh Fruit or Fruit Cup Pretzels (wg)
August 31 Ham & Cheese Croissant, Fruit Choice Cheese Sticks w/ Marinara, Green Peas Fresh Fruit or Fruit Cup Graham Crackers (wg)				

Families Making the Connection School Meals Make a Difference!

All public schools in North Carolina offer school lunch. Most also offer school breakfast. All students can participate in school meal programs.

Many students and their families depend on school meals. School meals offer a variety of lean proteins, whole grains, fruits, vegetables, lowfat or fat free dairy, and locally grown ingredients. School meals make a difference!

There are many benefits to school meals:

- Research shows that students who participate in school meal programs consume more whole grains, milk, fruits, and vegetables.
- Students who eat school meals have better attendance, more focus in class, and improved academic performance.
- Participation in School Nutrition Programs supports social emotional learning.
 - School meals are a nutritious, convenient choice for families.
- Eating school meals supports local School Nutrition Programs, farmers, and communities.