

ADULT CONTINUING EDUCATION

ROSLYN • HERRICKS • EAST WILLISTON

FALL 2026



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ADULT CONTINUING EDUCATION

ROSLYN • HERRICKS • EAST WILLISTON

(516) 801-5091 • (516) 801-5095 (FAX)

www.roslynschools.org

ONLINE REGISTRATION BEGINS SEPTEMBER 8, 2026

Most classes begin the week of SEPTEMBER 28, 2026

All daytime classes will take place virtually. Most evening classes are in-person, some are virtual.

DIRECTOR

Cynthia Younker

PROGRAM COORDINATORS

Susanne Weiss (Roslyn)

Linda Weiershauser (Herricks)

ADULT EDUCATION ADVISORY COMMITTEE

Alan Flyer, *Chairperson*

Shirley Chefetz

Maryann Combs

Francine Fabricant

Rupila Kalra-Lall

Cheryl Lenowitz

Erica Rubrum

Jodi Stuhl

Ann Tountas

The Advisory Committee provides community input into the Adult Continuing Education program. It is the longest continuously active committee in the Roslyn School District.

Class Locations:

- **Herricks Community Center** 999 Herricks Road, New Hyde Park, NY 11040
 - **Roslyn High School** 475 Round Hill Road, Roslyn Heights, NY 11577
 - **Harbor Hill School** 3 Glen Cove Road, Greenvale, NY 11548
-

Dear Community Members,

We are excited to share the Fall 2026 Adult Education Program, offered in partnership with the Roslyn, Herricks, and East Williston school districts. This season's program features an exciting selection of new and returning courses, with both in-person and online options designed to meet the diverse interests and schedules of our community members.

Whether you're hoping to explore a new hobby, expand your knowledge, develop a skill, or simply enjoy a meaningful experience with others, our Adult Education offerings provide opportunities for learning at every stage of life. From fitness to cooking, technology, creative arts, pop culture lectures, and music, each course is designed to inspire curiosity, creativity, and connection.

At the heart of our program is a commitment to lifelong learning and community engagement. We invite you to join us this fall to discover something new, challenge yourself, and connect with fellow learners throughout our community.

We look forward to welcoming you to another season of exploration, enrichment, and discovery.

Warmly,

Allison Brown

Superintendent

Roslyn School District

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(This is NOT part of the Adult Education program)

Become a GOLD Card Member

A Gold Card entitles you to a discount on many of our adult education courses as well as discount tickets to our local school performances. See reflected gold card prices with each program in the listing. You must be a resident of the Roslyn, Herricks or East Williston school district & 60 years young or over.

**Call 516-801-5091
to sign up for a Gold Card.**

FALL 2026 Calendar

Classes begin the week of September 28

☒ No classes at Roslyn and Herricks*

☐ No Evening Classes (daytime virtual classes may be scheduled)

September 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

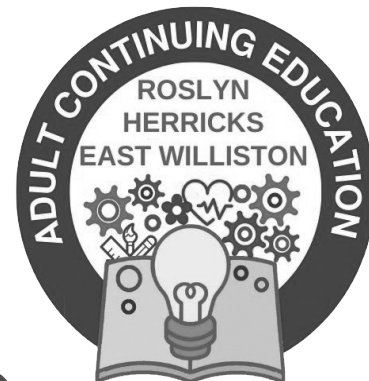
December 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

*PLEASE NOTE: There WILL be class at SPORTIME on Wednesday, November 11.

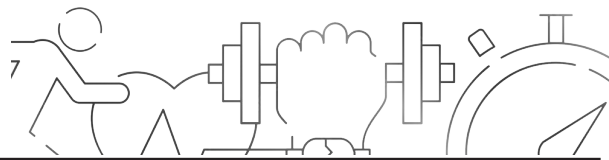
January 2027

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



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DATES ARE SUBJECT TO CHANGE



IMPORTANT: Those enrolling in exercise, fitness, dance or sports programs should make certain that specific course requirements and activities are appropriate for them. Check with your physician before participating in any program. The Roslyn School District relies on each individual to seek appropriate medical advice as to his/her capacity to participate, and will not be responsible for any injuries, damages or loss resulting from an individual's inability to do so.

INTERVAL TRAINING

Higher-Impact Workout (VIRTUAL)

Barbara Romeo

Start your day with an energetic workout in the privacy of your own home via Zoom. The class has a combination of low-impact aerobics (to increase cardiovascular endurance), weight training and resistance bands (to improve bone density and muscle tone), and abdominal and pelvic exercises (to strengthen and firm the lower back), done in four-minute intervals. You will need an exercise mat and weights.

These classes are virtual.

421 • INTERVAL TRAINING SECTION I (VIRTUAL)

Mondays: Oct. 5, 19, 26, Nov. 2, 9, 16, 23, 30, Dec. 7, 14, 21 and Jan. 4 from 8:30am to 9:45am (12-Sessions)

RESIDENT FEE: \$115 (GOLD CARD \$105)

NON-RESIDENT FEE: \$125

422 • INTERVAL TRAINING SECTION II (VIRTUAL)

Wednesdays: Oct. 7, 14, 21, 28, Nov. 4, 18, Dec. 2, 9, 16 and Jan. 6, 13, 20 from 8:30am to 9:45am (12-Sessions)

RESIDENT FEE: \$115 (GOLD CARD \$105)

NON-RESIDENT FEE: \$125

423 • INTERVAL TRAINING SECTION III (VIRTUAL)

Fridays: Oct. 9, 16, 23, 30, Nov. 6, 13, 20, Dec. 4, 11, 18 and Jan. 8, 15 from 8:30am to 9:45am (12-Sessions)

RESIDENT FEE: \$115 (GOLD CARD \$105)

NON-RESIDENT FEE: \$125

MINDFUL YOGA

Linda Cafiero (VIRTUAL)

Being fully present in the moment with all you experience in your mind, body and spirit with patience, compassion and a deeper understanding of your true nature. Wear loose clothing and use a yoga mat. Prior yoga instruction/experience is recommended. **This class is virtual.**

428 • MINDFUL YOGA (VIRTUAL)

Tuesdays: Sept. 29, Oct. 6, 13, 20, 27, Nov. 10, 17, 24 and Dec. 1, 8, 15, 22 from 9:30am to 11am (12-Sessions)

RESIDENT FEE: \$110 (GOLD CARD \$100)

NON-RESIDENT FEE: \$120

NON-IMPACT AEROBICS

Lower-Impact Workout (VIRTUAL)

Carin Sanders

If you are looking for a non-impact, low intensity workout, join us for an hour of fun and fitness. All exercises are performed seated in a chair or standing. Resistance bands and medicine balls are also utilized during the class.

This class is virtual.

400 • NON-IMPACT AEROBICS (VIRTUAL)

Mondays: Sept. 28, Oct. 5, 19, 26, Nov. 2, 9, 16, 23, 30 and Dec. 7, 14, 21 from 9am to 10am (12-Sessions)

RESIDENT FEE: \$115 (GOLD CARD \$105)

NON-RESIDENT FEE: \$125

CORE & BALANCE

Lower-Impact Workout (VIRTUAL)

Carin Sanders

Balance-targeted exercises to strengthen your core and abs, blended with elements of *capoeira*, a Brazilian-inspired system especially suited to building balance and core. A non-strenuous approach to improving your balance.

This class is virtual.

410 • CORE & BALANCE (VIRTUAL)

Thursdays: Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, Dec. 3, 10, 17 and Jan. 7 from 9:15am to 10am (12-Sessions)

RESIDENT FEE: \$100 (GOLD CARD \$90)

NON-RESIDENT FEE: \$110

STRETCH & TONE

Lower-Impact Workout (VIRTUAL)

Carin Sanders

Join us for a wonderful hour of safe, healthy, non-aerobic activity. This virtual class will offer stretching and muscle strengthening activities to music. You will improve both upper and lower body strength. It is advisable to consult your physician before beginning any exercise program. You will need a mat or large towel. **This class is virtual.**

405 • STRETCH & TONE (VIRTUAL)

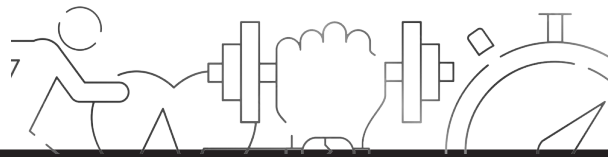
Thursdays: Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, Dec. 3, 10, 17 and Jan. 7 from 10am to 11am (12-Sessions)

RESIDENT FEE: \$115 (GOLD CARD \$105)

NON-RESIDENT FEE: \$125

IN-PERSON

Exercise & Fitness



TAI CHI

(IN-PERSON)

Christopher Trietsch

Discover the calming and restorative practice of Tai Chi in this low-impact course designed for adults of all experience levels. Through slow, flowing movements paired with deep breathing and mindful focus, participants will improve balance, coordination, flexibility, strength, and overall well-being. Each class begins with gentle Qigong (pronounced chee-gung) exercises to prepare the body and mind, followed by guided Tai Chi practice and a peaceful cool down. Safe, accessible, and easy on the joints, Tai Chi is an excellent way to reduce stress, increase mobility, and bring more energy and balance into daily life. ***This class is in-person.***



TAE KWON DO

(IN-PERSON)

Christopher Trietsch

Build confidence, improve fitness, and learn simple self-defense in this exciting Tae Kwon Do program for adults! Participants will learn the fundamentals of traditional Tae Kwon Do while exploring elements of Korean culture in a fun, supportive, and high-energy environment. Sessions include punching, kicking, and blocking drills, flexibility training, cardio-based workouts, and striking foam targets to help increase strength, coordination, balance, and endurance. No experience is necessary — beginners are welcome! **Please note: this is a non-contact course, and participants will not engage in sparring or fighting. This class is in-person.**



ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM 440 • TAI CHI (IN-PERSON)

Mondays: Sept. 28, Oct. 5, 19, 26 and Nov. 2, 9, 16, 23
from 5:30pm - 6:30pm (8-Sessions)

RESIDENT FEE: \$100 (GOLD CARD \$90)

NON-RESIDENT FEE: \$110

ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM 441 • TAE KWON DO (IN-PERSON)

Mondays: Sept. 28, Oct. 5, 19, 26 and Nov. 2, 9, 16, 23
from 6:45pm - 7:45pm (8-Sessions)

RESIDENT FEE: \$100 (GOLD CARD \$90)

NON-RESIDENT FEE: \$110



PILATES FOUNDATIONS

(IN-PERSON)

Dana Trakhtenberg

A welcoming, beginner-friendly mat Pilates class focused on core strength, posture, balance, flexibility, and functional movement. Participants will build a strong foundation through controlled exercises designed to improve stability, mobility, and overall body awareness. Plenty of modifications and layered options are provided, making this class appropriate for beginners as well as those returning to movement after injury or time away from exercise. Mats are provided but you may bring your own if you prefer. ***This class is in-person.***



PILATES SCULPT

(IN-PERSON)

Dana Trakhtenberg

A more energetic Pilates-based strength class combining core work, endurance training, and light weights for a full-body workout. This class focuses on strength, stability, posture, and mobility while maintaining the precision and control of Pilates. Participants can expect a dynamic, low-impact workout that leaves them feeling strong, energized, and challenged in a supportive environment. Mats and weights will be provided, but you're welcome to bring your own if you prefer.

This class is in-person.



ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM 435 • PILATES FOUNDATIONS (IN-PERSON)

Thursdays, October 1, 8, 15, 22, 29 and November 5, 12, 19
from 6:30pm to 7:25pm (8-Sessions)

RESIDENT FEE: \$110 (GOLD CARD \$100)

NON-RESIDENT FEE: \$120

ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM 436 • PILATES SCULPT (IN-PERSON)

Thursdays, October 1, 8, 15, 22, 29 and November 5, 12, 19
from 7:30pm - 8:25pm (8-Sessions)

RESIDENT FEE: \$110 (GOLD CARD \$100)

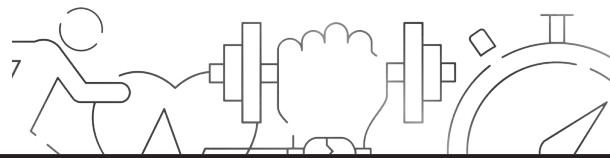
NON-RESIDENT FEE: \$120



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IN-PERSON

Exercise & Fitness



YOGA

All Levels Welcome

Mia Tojal

Open to students of all levels, this class draws from a range of yoga traditions including vinyasa, core strength vinyasa, and gentle flow. Explore the postures and fundamental principles of vinyasa yoga, pranayama (control of breath) and meditation. This foundation-building class will work every muscle through movement and breath at a moderate and intuitive pace. Come to learn, play, and perhaps even break a sweat in a supportive setting. No experience required, just your willingness to try and discover your potential. A yoga mat is required; blocks are optional. ***This class is in-person.***

HERRICKS COMMUNITY CENTER / GYM

AEH45 • YOGA (IN-PERSON)

Wednesdays: Sept. 30, Oct. 7, 14, 21, 28, Nov. 4, 18 and Dec. 2, 9, 16 from 6:45pm to 7:45pm (10-Sessions)

RESIDENT FEE: \$120 (GOLD CARD \$110)

NON-RESIDENT FEE: \$130

ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM

430 • YOGA (IN-PERSON)

Thursdays: Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, and Dec. 3, 10 from 5:15pm to 6:15pm (10-Sessions)

RESIDENT FEE: \$120 (GOLD CARD \$110)

NON-RESIDENT FEE: \$130

GENTLE YOGA/ STRETCHING

Lower-Impact Workout

Nandini Trivedi

This practice goes through a slow flow of forward bends, backbends and twists that are easier on the body. We will end with a guided relaxation. All levels are welcome!

This class is in-person.

ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM

427 • GENTLE YOGA/STRETCHING (IN-PERSON)

Wednesdays: Sept. 30, Oct. 7, 14, 21, 28, Nov. 4, 18 and Dec. 2, 9, 16 from 7pm to 8pm (10-Sessions)

RESIDENT FEE: \$120 (GOLD CARD \$110)

NON-RESIDENT FEE: \$130



ZUMBA-TONING®

All Levels Welcome

Amy Cordero

Zumba Toning takes Zumba to the next level, improving overall fitness by integrating muscle work and international rhythms via a combination of cardio and dynamic resistance exercises. And it's fun! Zumba Toning Sticks or light hand weights (2 pounds or less) are recommended, but optional. Dress in your favorite activewear, and bring a towel and water. All levels are welcome!

Materials fee (optional): \$20 (Toning Sticks)

This class is in-person.

HERRICKS COMMUNITY CENTER / CAFETERIA

AEH47 • ZUMBA-TONE (IN-PERSON)

Wednesdays: Sept. 30, Oct. 7, 14, 21, 28, Nov. 4, 18, Dec. 9, 16 and Jan. 6 (no class Dec. 2)

from 5:30pm to 6:30pm (10-Sessions)

RESIDENT FEE: \$120 (GOLD CARD \$110)

NON-RESIDENT FEE: \$130

Manage Your Pain!

The EGOSCUE® Method

All Levels Welcome

Lisa Weiner

The Egoscue Method is a posture alignment therapy designed to help reduce pain, improve mobility, and support long-term physical health through simple, personalized exercises. Rather than focusing solely on where pain is felt, we look at how your entire body is functioning to identify movement patterns and postural imbalances that may contribute to discomfort. By improving alignment, balance, strength, and flexibility, we help restore more efficient movement and reduce unnecessary stress on muscles and joints. The result is better mobility, greater stability, improved physical performance, and a body that feels stronger and moves more comfortably. Our goal is to address underlying movement dysfunctions — not just symptoms — so you can build a stronger foundation for lasting health, resilience, and well-being. A balanced body feels and functions better. It's that simple.

This class is in-person.



ROSLYN HIGH SCHOOL/ ADULT ED EXERCISE ROOM

420 • EGOSCUE (IN-PERSON)

Tuesdays: September 29 and October 6, 13 & 20 from 5:30pm to 6:30pm (4-Sessions)

RESIDENT FEE: \$60 (GOLD CARD \$50)

NON-RESIDENT FEE: \$70

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IN-PERSON

Sports & Dance



BASKETBALL

Chris Garry

Come play basketball! Get your cardiovascular exercise in a fun and engaging way. This course is designed to provide maximum participation in 3 to 4 person, half court or 5-person full court basketball.

MUST BE 18 years or older to play.

Class size limited. This class is in-person.

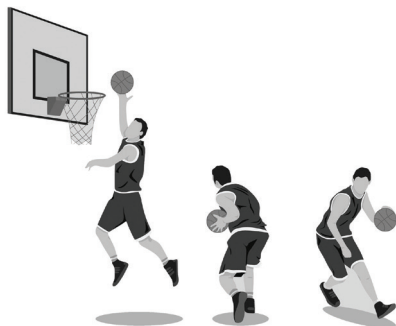


HERRICKS COMMUNITY CENTER / GYM
AEH41 • BASKETBALL (IN-PERSON)

Wednesdays: Sept. 30, Oct. 7, 14, 21, 28, Nov. 4, 18,
Dec. 2, 9, 16 and Jan. 6 & 13
from 8pm to 9:30pm (12-Sessions)

RESIDENT FEE: \$145 (GOLD CARD \$135)

NON-RESIDENT FEE: \$155



INTRODUCTION TO BOLLYWOOD DANCE

Siddhi Vaishnav

Nartan Rang Dance Academy

This dynamic genre combines classical Indian dance forms with contemporary influences, creating attractive and energetic performance art. Bollywood dance celebrates diversity and creativity. Let's explore the rich history, cultural significance, and various styles of Bollywood dances that continue to evolve and inspire with every beat!

This class is in-person.

HARBOR HILL SCHOOL / CAFETORIUM
439 • BOLLYWOOD DANCE (IN-PERSON)

Wednesdays: Sept. 30, Oct. 7, 14, 21 Nov. 18 and Dec. 2
from 7:30pm to 8:30pm (6-Sessions) no class Oct. 28 or Nov. 4

RESIDENT FEE: \$80 (GOLD CARD \$70)

NON-RESIDENT FEE: \$90



IN-PERSON

Culture



Flavorful Falafel Wraps with Tahini and Tasty UmAli

Naela Zeidan

Join us for an evening of delicious food and culture! Participants will have the opportunity to learn how to make Falafel Wraps (deep-fried chickpea or fava bean patties), with Tahini & Um Ali (a delicious traditional bread pudding).

ROSLYN HIGH SCHOOL/CAFETERIA
930 • COOKING DEMONSTRATION

Wednesday, October 21 from 6:30pm to 8:30pm

RESIDENT FEE: \$25 (GOLD CARD \$20)

NON-RESIDENT FEE: \$30



**COME HUNGRY!
LEAVE HAPPY!**

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Fantastic Female Icons: Happy 80th Birthday! Bette Midler, Sally Field, Dolly Parton, Cher & Liza Minnelli

Presented by Sal St. George

Thursday, October 29 at 7pm

Celebrate the remarkable women who helped define an era as they turn 80 years old in 2026! In this engaging and lively presentation, we will explore the fascinating backstories of Hollywood legends Cher, Sally Field, Dolly Parton, Liza Minnelli, and Bette Midler. Discover how each rose to fame, the challenges they faced, and the lasting impact they have made on film, television, and music. Through stories, clips, and conversation, we will revisit their most memorable performances and examine how their talent, resilience, and reinvention kept them relevant across decades. Join us for a program filled with nostalgia, inspiration, and lively discussion.

ROSLYN HIGH SCHOOL/LECTURE HALL B
947 • LECTURE: FANTASTIC FEMALE ICONS

Thursday, October 29 from 7pm to 8:30pm

RESIDENT FEE: \$25 (GOLD CARD \$20)

NON-RESIDENT FEE: \$30



The Golden Age of Holiday TV Specials

Presented by Sal St. George

Thursday, November 19 at 7pm

Enjoy memorable musical and comedic moments from classic Holiday Specials from the 60s and 70s with clips featuring stars such as Julie Andrews, Frank Sinatra, Lucille Ball, Ella Fitzgerald, Dean Martin, Fred Astaire, Danny Kaye, Bing Crosby, Nat King Cole, Perry Como, Jimmy Durante, and many more. Be prepared to rekindle your nostalgic memories with a program filled with great stars, great holiday music, and plenty of laughs!

ROSLYN HIGH SCHOOL/LECTURE HALL B
948 • LECTURE: HOLIDAY TV SPECIALS

Thursday, November 19 from 7pm to 8:30pm

RESIDENT FEE: \$25 (GOLD CARD \$20)

NON-RESIDENT FEE: \$30

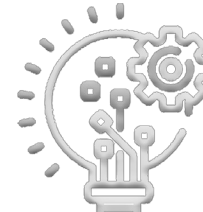


Sal St. George is an Award-winning playwright, comedy writer, theatrical director, and Hollywood historian, who captivates audiences with stories of America's greatest leaders, legends, and icons. Sal is a popular speaker on the subject of Classic American Comedy, 20th Century Pop Culture, and Motion Picture history. He is also an acclaimed Adjunct Professor at several colleges and universities.



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Computer & Tech Skills



MICROSOFT EXCEL

Terrylynn Bayon

This course will enable you to become more proficient in one of the most powerful software tools in use in business and at home. Join our expert instructor for a hands-on, in-depth class designed to help you build confidence and improve your Excel skills. You will learn more about entering data, formatting rows, columns and cells, inserting mathematical formulas, automatically filling cells, sorting, and creating charts. Learn how to use this universal product. You will make your home and professional life more efficient and productive. Basic knowledge of MS Excel is required.

Class size limited. This class is in-person.

**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
145 • EXCEL (IN-PERSON)**

Wednesdays: Sept. 30, Oct. 7, 14, 21, 28, Nov. 4, 18
and Dec. 2 from 6:30pm to 8:30pm (8-Sessions)

RESIDENT FEE: \$135 (GOLD CARD \$125)

NON-RESIDENT FEE: \$145

GETTING THE MOST OUT OF YOUR iPAD® & iPHONE®

Terrylynn Bayon

If you have an iPad but feel overwhelmed by all of its possibilities, our master computer teacher will help you get the most out of this amazing device. In this beginner class, learn to use maps and email, play music, search and browse the Internet, and find the best apps for your needs from among the many thousands available. Bring your iPad and/or iPhone along with your questions and let us show you what you've been missing! *Note: The class covers Apple devices only.*

Class size limited. This class is in-person.

**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
199 • iPAD & iPHONE (IN-PERSON)**

Thursdays: October 1, 8, 15, 22, 29 and November 5, 12, 19
from 6:30pm to 8:30pm (8-Sessions)

RESIDENT FEE: \$135 (GOLD CARD \$125)

NON-RESIDENT FEE: \$145

ChatGPT Made Easy PRACTICAL AI SKILLS

Terrylynn Bayon

Transform AI from intimidating to empowering. Learn how to use the most popular AI app, ChatGPT, in this in-person hands-on course. Learn how you can responsibly integrate AI (Artificial Intelligence) into your real-world tasks. This course introduces the basics of prompting and evaluating AI responses. Discover how, with ChatGPT, you can boost your productivity, creativity, and everyday problem-solving. You are welcome to bring your cell phone and use the ChatGPT app (that you've previously installed) or you can use one of our computers in our lab. **Class size limited.**

This class is in-person.

**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
136 • ChatGPT Made Easy (IN-PERSON)**

Tuesdays, October 20 & 27 from 6:30pm to 8:30pm
(2-Sessions)

RESIDENT FEE: \$50 (GOLD CARD \$45)

NON-RESIDENT FEE: \$55

Everything GOOGLE®



Terrylynn Bayon

You may already know how to "Google" to search the internet, and you may even have a Gmail account—but did you know that your Google account also gives you access to Google Drive, Google Docs, Google Meet, Google Voice, Google Contacts, Google Calendar, Google Maps, Google Translate, and YouTube? Join this introductory class to learn about many of the popular Google features available today. You will learn how to create a document in Google Docs, save it in Google Drive, and share it with others. This class is perfect for beginners who want to feel more comfortable using Google tools in everyday life. **Class size limited.**

This class is in-person.

**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
146 • EVERYTHING GOOGLE (IN-PERSON)**

Tuesdays, December 1 & 8 from 6:30pm to 8:30pm
(2-Sessions)

RESIDENT FEE \$50 (GOLD CARD \$45)

NON-RESIDENT FEE: \$55

SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

Computer & Tech Skills



INTRODUCTION TO ChatGPT, GEMINI & COPILOT (VIRTUAL)

Sharper Training Solutions

In this class, you will learn about the latest technology to hit mainstream; AI. Students will learn about the newest options, including ChatGPT, Google's Gemini and MS Copilot as well how to navigate the sites, and the benefits and precautions using AI. No prerequisites. **This class is virtual.**

A link will be emailed to you before the class begins.

112 • INTRODUCTION TO ChatGPT, Gemini and Copilot (VIRTUAL)

Wednesday, November 4 from 7pm to 8:30pm (1-session)

RESIDENT FEE \$35 (GOLD CARD \$30)

NON-RESIDENT FEE: \$40

USING A PASSWORD MANAGER (IN-PERSON)

Sharper Training Solutions

So many passwords, how do we keep track of them all? In this class you will learn how to best manage your passwords using a password manager, as well as learn the best practices for keeping all your accounts secure from identity theft. No prerequisites. Please bring your questions.

Class size limited. This class is in-person.

ROSLYN HIGH SCHOOL/ ROOM 134

111 • USING A PASSWORD MANAGER (IN-PERSON)

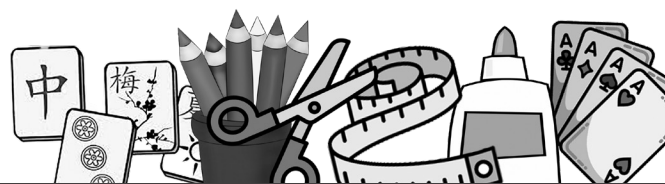
Wednesday, October 28 from 7pm to 8:30pm (1-session)

RESIDENT FEE: \$35 (GOLD CARD \$30)

NON-RESIDENT FEE: \$40

IN-PERSON

Crafts & Games

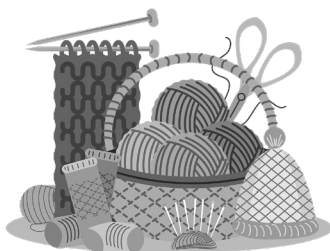


KNITTING FOR BEGINNERS

Pat Korn

For beginners or those who need a refresher, students will learn about the various yarns and equipment used as well as the basic stitches of knit, purl, cast on, bind off, increasing, decreasing, etc. Participants will produce combinations of patterns utilizing the basic stitches and will learn about color and textures and come away with a beginning understanding of reading patterns, adjusting gauge, and will knit a project suitable for their level of skill. Please bring to class 10" length aluminum knitting needles US sizes, 6, 7, and 8 Susan Bates Silvalume package. Bring one skein (small up to 200 yards) worsted weight no. 4 acrylic SMOOTH light colored yarn for practice. Other materials will be discussed in class. Come relax, meet new friends, laugh, and be inspired.

This class is in-person.



KNITTING ADVANCED

Pat Korn

For all the serious knitters out there who want to take a further step.. or two.. this is for those who completed the beginners knit or who are experienced to know all the basic stitches: cast on. Knit, purl, increase and decrease, binding off. We will start creating small projects from start to finish which can be completed during the length of the course. You will be taught how to interpret patterns including size and fit utilizing gauge.

Time permitting we will cover lace, cables and various combos of knit and purl. Lastly you will learn how to finish the project. Bring #7 and #8 10" needles and worsted weight yarn for practice. A tape measure and pins and large eyed needles are necessary. Come join us and make some friends.

This class is in-person.



ROSLYN HIGH SCHOOL / ENGLISH STUDY CENTER 660 • KNITTING BEGINNER (IN-PERSON)

Tuesdays: September 29, October 6, 13, 20, 27 and November 10, 17, 24 from 6:30pm to 8:30pm (8-Sessions)

RESIDENT FEE: \$120 (GOLD CARD \$110)

NON-RESIDENT FEE: \$130

ROSLYN HIGH SCHOOL / ENGLISH STUDY CENTER 661 • KNITTING ADVANCED (IN-PERSON)

Thursdays: October 1, 8, 15, 22, 29 and November 5, 12, 19 from 6:30pm to 8:30pm (8-Sessions)

RESIDENT FEE \$120 (GOLD CARD \$110)

NON-RESIDENT \$130

SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted



MAH JONGG STRATEGY HOW TO WIN MORE MAH JONGG GAMES

Lisa Kimoto

Come play this popular tile-based game of skill, strategy, calculation, and luck. This course is for anyone who knows the basics or took the beginner class and needs a refresher. We will focus on hand building, strategy and getting your game to the next level. Students must know how to play Mah Jongg or have taken a beginner course.

Bring your Mah Jongg set to class if you have one.

Class limit to 20 students

PLEASE NOTE: Students MUST bring a 2026 National Mah Jongg League card to each class - available for purchase at card stores or online (at www.nationalmahjonggleague.org)

Please do not purchase cards at Amazon.

This class is in-person.



MAH JONGG BEGINNER

Lisa Kimoto

This class is for a student who has never played Mah Jongg and wants to learn. Join the fast-growing trend and meet new friends while learning the exciting and thought-provoking game of American Mah Jongg. The course covers all aspects of the game including understanding the card, selecting a hand, and playing strategies which all lead to the ultimate Mah Jongg! By the second class, the games begin and the challenge is on! Bring your Mah Jongg set

to class if you have one. PLEASE NOTE: It is imperative that you attend the first 2 classes where the premise and rules of the game are explained! Class limit to 18 students.

PLEASE NOTE: Students MUST bring a 2026 National Mah Jongg League card to each class - available for purchase at card stores or online (at www.nationalmahjonggleague.org)

Please do not purchase cards on Amazon.

This class is in-person.

ROSLYN HIGH SCHOOL LIBRARY

637 • MAH JONGG STRATEGY (IN-PERSON)

Mondays: September 28, October 5, 19, 26 and November 2, 9, 16 from 5:45pm to 7:15pm (7-Sessions)

RESIDENT FEE: \$140 (GOLD CARD \$130)

NON-RESIDENT FEE: \$150

ROSLYN HIGH SCHOOL LIBRARY

635 • MAH JONGG BEGINNER (IN-PERSON)

Mondays: September 28, October 5, 19, 26 and November 2, 9, 16 from 7:15pm to 8:45pm (7-Sessions)

RESIDENT FEE: \$140 (GOLD CARD \$130)

NON-RESIDENT FEE: \$150

CANASTA BEGINNER

Deborah Faust

With step-by-step instructions, you will learn the basics of this card game while gaining the skills to play with others while having fun and making friends.

This class is in-person.

CANASTA INTERMEDIATE

Deborah Faust

This class is for those who have some game-playing experience. Continue reviewing the game and learning strategies. We'll have fun becoming even better Canasta players! ***This class is in-person.***

ROSLYN HIGH SCHOOL LIBRARY

632 • CANASTA BEGINNER (IN-PERSON)

Thursdays: October 1, 15, 22, 29 and November 5 & 12 from 5pm to 6:30pm (6-Sessions) *no class October 8*

RESIDENT FEE: \$140 (GOLD CARD \$130)

NON-RESIDENT FEE: \$150

ROSLYN HIGH SCHOOL LIBRARY

633 • CANASTA INTERMEDIATE (IN-PERSON)

Thursdays: October 1, 15, 22, 29 and November 5 & 12 from 7pm to 8:30pm (6-Sessions) *no class October 8*

RESIDENT FEE: \$140 (GOLD CARD \$130)

NON-RESIDENT FEE: \$150



SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

IN-PERSON

Music Workshops

Introduction to Music:

PIANO & MUSIC THEORY FOUNDATIONS



Jeremy Wexler

This introductory course is designed specifically for adult learners seeking a practical and engaging entry point into piano and music theory fundamentals, requiring no prior musical experience. In a relaxed, supportive environment, participants will learn essential keyboard techniques, note reading, rhythm, and hand position while exploring the foundational language of music, including scales, chords, intervals, and basic harmony. Through a combination of guided instruction, hands-on practice, and simple repertoire, students will develop the ability to read sheet music and understand how musical elements such as melody and rhythm work together. *This class is in-person.*



ROSLYN HIGH SCHOOL / ORCHESTRA ROOM

360 • INTRODUCTION TO MUSIC: PIANO & MUSIC THEORY FUNDAMENTALS (IN-PERSON)

Mondays, September 28, October 5, 19, 26, November 2, 9, 16, 23
from 6:30pm-8pm (8-Sessions)

RESIDENT FEE: \$160 (GOLD CARD \$150)

NON-RESIDENT \$170

IN-PERSON

Creative Arts



PAINTING WITH

WATERCOLOR & INK

George Black

Unleash your creativity using watercolor paint and ink together to create a finished painting. You will learn the different techniques associated with each one of these mediums. Join us for an inspiring journey into the world of vibrant watercolor and captivating ink artistry. This class is for both the beginner and intermediate student.

Class size limited. This class is in-person.

Supplies needed for the first class are as follows:

- Canson 11" x 15" white watercolor paper (40)
- Either a 2H or 3H drawing pencil.
- Watercolor Paints (Red, Ultramarine, Cobalt Blue).
- Kneaded Eraser.
- Round Nylon Brushes (Numbers 1, 4, 6)
- a Plastic Palette,
- a Piece of Cardboard Larger Than 11" x 15"
- Cup For Water
- Roll of Masking Tape, and a roll of paper towels.

A complete supply list will be given out at the first class.

**THIS PROGRAM IS SADLY
CANCELLED**

ROSLYN HIGH SCHOOL / ROOM 113

325 • WATERCOLOR & INK PAINTING (IN-PERSON)

Tuesdays: September 29, October 6, 13, 20, 27 and
November 10, 17, 24 from 6:30pm to 8:30pm (8-Sessions)

RESIDENT FEE: \$140 (GOLD CARD \$130)

NON-RESIDENT \$150



The Art of PAPER QUILLING: BEGINNER

Nalini Adele Cerciello

The class introduces students to the art of Paper Quilling - rolling, shaping and arranging narrow strips of paper to create decorative designs. Learn essential techniques for forming coils, teardrops, marquise shapes, and scrolls using simple tools like a slotted quilling tool and other stencils. Combine these elements to decorate cards, framed artwork, and other pieces of art. The process is relaxing and meditative, making the class enjoyable. By the end, students will complete their own quilled pieces of art, gain a deeper understanding of paper-filigree techniques and the confidence to experiment on their own. **Class size limited. This class is in-person. \$30 materials fee due in cash or Venmo to the instructor the night of the program**



The Art of PAPER QUILLING: INTERMEDIATE

Nalini Adele Cerciello

Take your paper quilling skills to the next level in this engaging Intermediate Paper Quilling class! Designed for students who have completed the Beginner Paper Quilling class, this course builds on foundational techniques and introduces more intricate designs, advanced shaping methods, and creative composition skills. Instruction will focus on refining technique, expanding design confidence, and developing the artistic eye needed to create more complex quilled pieces. Participants will explore how to combine coils, scrolls, and sculpted shapes into dimensional works of art, while learning tips for precision, symmetry, and professional finishing touches. **Class size limited. This class is in-person. \$30 materials fee due in cash or Venmo to the instructor the night of the program.**

ROSLYN HIGH SCHOOL / ROOM 115

324 • PAPER QUILLING: Beginner (IN-PERSON)

Thursdays, October 1, 8, 15, 22, 29 and November 5 from 6:30pm-8pm (6-Sessions)

RESIDENT FEE: \$80 (GOLD CARD \$70)

NON-RESIDENT FEE: \$90

ROSLYN HIGH SCHOOL / ROOM 115

323 • PAPER QUILLING: Intermediate (IN-PERSON)

Mondays, September 28, October 5, 19, 26 and November 2 & 9 from 6pm-8pm (6-Sessions)

RESIDENT FEE: \$85 (GOLD CARD \$75)

NON-RESIDENT FEE: \$95



SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

IN-PERSON

Creative Arts



BEADED JEWELRY WORKSHOP (four-part series)

Rekha Mehta

Learn the basic skills needed to create well-crafted jewelry. Each class will feature a new skill and you will take home a beautiful one of a kind quality piece of jewelry for yourself or as a gift. All materials will be provided at a reasonable cost payable to the instructor at the first class.

This class is in-person.



ROSLYN HIGH SCHOOL / ROOM 114

670 • BEADED JEWELRY WORKSHOP

Thursdays, October 1, 8, 15, 22 from 6pm to 8pm
(4-Sessions)

RESIDENT FEE: \$60 (GOLD CARD \$50)

NON-RESIDENT FEE: \$70

BEADED JEWELRY Workshop: Lariat Necklace (one class)

Rekha Mehta

Create a beautiful one-of-a-kind lariat in one session. A lariat necklace is an open-ended, rope-like chain without a clasp. Instead, it loops or threads through itself to create an elegant, Y-shaped drop. Its adjustable nature and draping silhouette give it a distinct meaning and purpose in jewelry styling. All materials will be provided at a reasonable cost payable to the instructor at the first class. ***This class is in-person.***



ROSLYN HIGH SCHOOL / ROOM 114

671 • JEWELRY WORKSHOP: LARIAT NECKLACE

Thursday, November 5 from 6pm to 8pm (1-Session)

RESIDENT FEE: \$25 (GOLD CARD \$20)

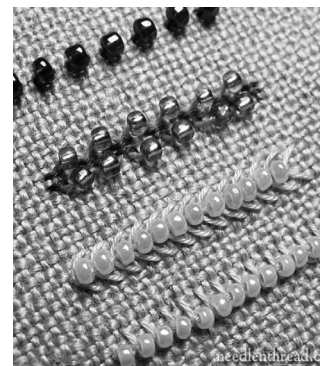
NON-RESIDENT \$30

BEGINNER BEAD STITCHING: Fabric Embellishment Workshop (one class)

Rekha Mehta

Simple bead embellishments are an easy, high-impact way to upgrade clothing, accessories, or home decor. Using basic techniques, you can add instant texture, color, and sparkle to your items. Learn the art of bead stitching. Bring a light weight article of clothing or piece of cloth that you would like to bring to life.

All materials will be provided at a reasonable cost payable to the instructor at the first class. ***This class is in-person.***



ROSLYN HIGH SCHOOL / ROOM 114

673 • BEAD STITCHING WORKSHOP

Thursday, November 12 from 6pm to 8pm (1-Session)

RESIDENT FEE: \$25 (GOLD CARD \$20)

NON-RESIDENT FEE: \$30



SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

Finance Programs



PLANNING FOR YOUR CHILD WITH SPECIAL NEEDS

Jeffrey R. Silverman

Parents have numerous issues to consider in planning for the long-term wellbeing of their children with special needs. With new tax laws and changes in government benefits, planning becomes even more important. This program will examine aspects that need to be considered in developing a life plan that will help to provide the best future possible. Topics will include: Creating financial security during uncertain times; Strategies to protect your child's assets; Special Needs Trusts; Government Benefits; Guardianship; and Future housing. ***This class is in-person.***

ROSLYN HIGH SCHOOL ROOM 137 880 • PLANNING SPECIAL NEEDS

Monday, October 19 from 6:30pm to 8:30pm (1-Session)

RESIDENT FEE: \$35 (GOLD CARD \$30)

NON-RESIDENT FEE: \$40

FLIP THIS HOUSE

William Adlman

Do you have a desire to get involved with flipping houses, but are not sure where or how to get started? This course will reveal what the instructor has learned in 21 years of buying, renovating, and "flipping" homes. You will learn everything from securing the cash you need to finance your venture, to finding undervalued properties, to negotiating the price so that you can sell the home at a profit. You will learn how to make profitable renovation decisions and how to market your property. The course will cover devising a successful flipping strategy, how to build your dream team, guesstimating the return on your investment, choosing your target market, prioritizing and planning your renovation, and selling. ***This class is in-person.***



ROSLYN HIGH SCHOOL, ROOM 134

535 • FLIP THIS HOUSE

Tuesdays, October 13 & 20 from 6:30pm to 8:30pm
(2-Sessions)

RESIDENT FEE: \$60 (GOLD CARD \$50)

NON-RESIDENT FEE: \$70

OUTSMARTING the SCAMMERS



Katherine Kanos, CFP

Learn how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or a loved one is targeted, and other steps attendees can take now to help protect themselves and loved ones. ***This class is in-person.***



ROSLYN HIGH SCHOOL ROOM 134

865 • OUTSMARTING THE SCAMMERS

Monday, October 26 from 7pm-8:30pm (1-Session)

Resident FEE: \$30 (Gold Card \$25)

Non-Resident FEE: \$35

AMERICA'S BOATING COURSE®: For new and experienced boaters

Thomas Peltier, Oyster Bay Sail Power Squadron

America's Boating Course: New York State Law requires: "all operators of motorized vessels, regardless of age," to obtain a safe boating certificate. The America's Boating Club®/United States Power Squadrons' course focuses on New and Experienced boater educational needs: rules of the road, proper seamanship navigational aids, know what's new before you go, nautical knots, using a marine radio /GPS

This 4-week, 8-hour course will be a blended learning experience. All Education Material will be distributed prior to the first class. After successfully completing the required NY State exam, students will receive their 'safe boating certification.' All classes are hosted by certified instructors.

*****Virtual sessions require students to have a computer, laptop, tablet or smartphone with a camera enabling them to participate via ZOOM.***

The squadron members of Long Island are always available to help you operate your boat safely.

For additional information contact
Thomas by email: OBSEO@boatoysterbay.net

**PLEASE COMPLETE A REGISTRATION FORM OR
REGISTER ONLINE TO RESERVE YOUR PLACE AND
MAIL YOUR \$65 CHECK TO OYSTER BAY POWER
SQUADRON**

P.O. Box 13, Oyster Bay, NY 11771
(contact OBSEO@boatoysterbay.net to pay with PayPal)

320 • AMERICA'S BOATING COURSE

- 3 Virtual sessions: Wednesdays, October 7, 14, 21 **
- 4th in-person class on Wednesday, October 28th at Syosset HS.
- Class times: 7:30 – 9:30 p.m.
- FEE: \$65 payable to Oyster Bay Power Squadron
- This Course is free for Qualified Veterans.

SECURE ONLINE REGISTRATION:

<https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover
and eChecks accepted

Senior Programs



ESTATE PLANNING & ELDER LAW: Protecting Your Assets

Michael J. Greenberg, Esq.

Learn how to legally avoid estate taxes and nursing home costs, as well as how to keep family assets from ultimately ending up in the hands of your children's spouses, all without surrendering control. Find out what needs to be done in order to pass assets to children free of estate taxes, how you can protect your home from future nursing home costs, how you can avoid in-laws from gaining access to your family's estate, and how to avoid problems that may arise out of the probate process. How trusts and other estate planning documents (Will, Living Will, Health Care Proxy, and Power of Attorney) can be used to accomplish these goals will be discussed as part of the presentation.

This class is in-person.

ROSLYN HIGH SCHOOL ROOM 134

885 • ESTATE PLANNING/ELDER LAW

Wednesday, October 21 from 7pm to 8:30pm (1-Session)

RESIDENT FEE: \$35 (GOLD CARD \$30)

NON-RESIDENT FEE: \$40

CREATING YOUR LIFETIME RETIREMENT INCOME PLAN

Jeffrey R. Silverman

Did you know that for many, retirement can span 30 or more years? How can you make sure that your income will continue to flow throughout your retirement years? Explore concepts that can help you to plan a retirement income strategy with the goal of maximizing income, minimizing taxes with the new tax laws, staying ahead of inflation with protective growth strategies, creating predictable lifetime income, maximizing social security benefits, and protecting your assets from the costs of long term care. If you are retired or thinking about retirement, you will not want to miss this program. ***This class is in-person.***



ROSLYN HIGH SCHOOL ROOM 137

887 • LIFETIME RETIREMENT INCOME PLAN

Tuesday, October 6 from 6:30pm to 8:30pm (1-Session)

RESIDENT FEE: \$35 (GOLD CARD \$30)

NON-RESIDENT FEE: \$40

SECURE ONLINE REGISTRATION:

<https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover and eChecks accepted

8,000 Days: Retirement Planning for WOMEN

Katherine Kanes, CFP



Retirement is no longer a relatively brief time of leisure after work ends. With today's increasing lifespans, women face roughly 20 or more years in retirement or about 8,000 days. Viewed this way, it becomes clear that retirement is not an end but a new, complex, and unpredictable phase of life filled with potential. Learn how to maximize Social Security payouts, prepare for potential long-term care, and plan for housing and healthcare. **This class is in-person.**

ROSLYN HIGH SCHOOL ROOM 134

883 • WOMEN'S RETIREMENT 8,000 Days

Monday, November 16 from 7pm to 8:30pm (1-Session)

RESIDENT FEE: \$30 (GOLD CARD \$25)

NON-RESIDENT FEE: \$35

HERRICKS COMMUNITY CENTER

999 Herricks Road, New Hyde Park

HERRICKS LEISURE CLUB

Coordinator – Rosalie Cooper | President – Ann Vendinello

Thursdays, starting at 9:30 am

516-741-8739

HERRICKS SENIOR COMMUNITY SERVICE CENTER (NUTRITION)

Transportation is available to & from center in local areas for a suggested donation of \$2.00.

The Herrick's Senior Community Service Center is non-denominational and open to Nassau County residents 60+. We operate on Monday, Tuesday & Friday from 9am to 2pm. We are a congregate meal site offering delicious hot or cold lunches (advanced registration) for a suggested donation of \$3.00. We offer aerobic exercise, exercise for arthritis, line dancing, yoga, Tai Chi, painting and ceramics classes for a suggested donation of \$2.00 each class. Nutrition education and informative programs are presented.

Come join us to stay active socially, physically, and mentally.

Our menu and activity schedule can be found at

www.herricks.org/scsc.

Please call Frank, Angela, or Lynn at 305-8976 or 305-8975 before attending for more information.

This program is supported by Herricks Community Fund, Herricks UFSD, NCOFA, US Admin on Aging and the TONH.

Note: Herricks senior programs are not part of Roslyn Adult Education. Online registration is not available for senior programs offered at Herricks Community Center.

General Information

REGISTER ONLINE *(preferred method)*:

See instructions on page 3

Visit: <https://roslynschools.revtrak.net/>

or **MAIL**: Send a completed registration form to:

Roslyn Adult Education
P.O. Box 367, Roslyn, NY 11576

or **FAX**: (516) 801-5095 Send a completed registration form

REGISTRATIONS ARE NOT ACCEPTED BY PHONE!

2 WAYS TO PAY:

CHARGE

American Express, Visa, Mastercard & Discover are accepted. Include account number, CVC number, expiration date, and signature (if using a registration form). Charge information must accompany fax registrations. E-checks are also accepted (online only).

CHECK

Payable to **Roslyn Public Schools** *(except Boating Safety)*.

Note: Accounts are debited electronically

ONE CHECK CAN BE USED FOR MULTIPLE CLASS REGISTRATIONS.

Register early!

Don't be shut out – **space in many classes is limited**. Avoid disappointment and send in your registration form as soon as possible.

Where space is limited, **preference is given to residents of the Roslyn, Herricks and East Williston School Districts**.

A **separate registration form** with check or credit card number is required for each person in each course. Be sure to include the correct course number and an email address.

Downloadable paper registration forms are also available online at: www.roslynschools.org

Please include all information required on the registration form.

Incomplete forms will not be processed.

We will contact you only if a class is ***not*** running or there's a change in schedule. If you don't hear from us, assume the class is running and attend the first session, as listed in the catalog.

REFUNDS & CREDITS

Non-attendance does not constitute withdrawal from a course. Request for a refund or credit must be made **in writing one week before the first class**. A \$5 cancellation fee will be charged if a payment has already been processed. There are **no refunds on processing fees, books or supplies**. **There is no provision for a partial fee for taking one session or part of a course.** Making up absences in another section of a course depends on space availability in that section.

CANCELLATIONS

Adult Education reserves the right to cancel any course for which there is insufficient enrollment and to withdraw or modify course offerings. In the event that Adult Education has to cancel a class session, we will make every effort to reschedule it. If the class cannot be rescheduled, we will provide a refund or credit. There are no credits or refunds for classes that are rescheduled as a result of "acts of God".

INCLEMENT WEATHER

Classes are canceled whenever the schools are closed. Announcements of school closings are posted online at www.roslynschools.org.

PROOF OF RESIDENCY

In classes with limited enrollment, preference is given to residents of the Roslyn, Herricks & East Williston School Districts, until one week prior to the first class. Proof of residency may be requested.

REGISTRATION

Instructions are on page 4. If you sign up for a class and don't hear from us, it means that the class will run as scheduled and that you are registered. We will only contact you if: a class is not running; there's a change in schedule; you're on a waiting list; or there is some unusual circumstance.

BOOKS AND MATERIALS

These costs are not included in the course fees unless specifically noted. No discounts are available on texts or materials. No refunds on books or supplies.

LIABILITY

The Board of Education of the Roslyn Union Free School District, its employees and agents hereby disclaim any and all responsibility for any injury, damage, or loss whatsoever in connection with any course offered by the Roslyn Adult Education program. All individuals take such courses at their own risk.

VISITORS

No auditors or visitors are permitted in any class.

YOUNG ADULTS

Children under 18 years old are not permitted in classes.

SENIOR CITIZEN DISCOUNT FOR RESIDENTS

A senior citizen discount is available for many courses and is listed with most course descriptions. There are no senior discounts for any trips, walking tours, or Zoom Webinars. Discounts apply to individuals 60 years or older who reside in the Roslyn, Herricks or East Williston School Districts. Please include your Gold Card number when you register. If you don't have a Gold Card, please call 516-801-5091.

PERSONAL ADVICE

Courses providing financial, legal or other professional information are offered for educational purposes only. Students waive any claim against the Roslyn Union Free School District for loss or damage which may result if such prohibition is violated and if students rely on such advice. Instructors are also prohibited from soliciting participants for the sale of professional services, books or other materials not specifically related to the class.

ADULT PROGRAMS AT THE BRYANT LIBRARY

Adult programs at the library are designed to serve the diversified needs, interests, and expressed desires of the community. Visit www.bryantlibrary.org.

Our Instructors

WILLIAM ADLMAN is a graduate of Hofstra University with an MBA from NYU. He was a national sales manager at various Fortune 500 companies and has been flipping houses for the past 21 years.

TERRYLYNN BAYON has a BS in computer science from Marist College and an MS in education from Dowling College. She was a computer science teacher at the LI School for the Gifted and has been teaching computer education classes for Roslyn Adult Education since 1992.

AMY CORDERO has been a licensed Zumba® instructor since 2012 and currently teaches Zumba, Zumba Gold, and Zumba Toning. A lifelong dancer, Amy loves the Zumba fitness format and really enjoys sharing it with her students. An IT Project Manager by day, Zumba, singing with her women's barbershop chorus, and her family make her life complete.

LINDA CAFIERO has more than 10 years of experience teaching, and therapeutic experience integrating Eastern and Western stress management practices. She has worked at senior and fitness centers, schools, corporations and health care facilities. She has a degree from the School of Visual Arts.

NALINI ADELE CERCIELLO enjoys teaching the art of Paper Quilling to inspire others, support personal growth and cultivating a welcoming, creative environment.

DEBORAH FAUST is an avid Canasta instructor with over 10 years of experience. Introduced to the game by her mom, Deborah is passionate and compassionate to teaching for everyone's level. When she isn't teaching the rules of melding and scoring, she enjoys playing and teaching mahjong as well.

CHRIS GARRY is a former Physical Education teacher for 30 years. He has worked as an athletic trainer at St. John's University in the 1980's and early 90's and has coached four different sports. In addition, Chris has umpired softball for more than three decades and plays in a recreational ice hockey league.

MICHAEL J. GREENBERG is the managing partner at Michael J. Greenberg, P.C., an Estate Planning and Elder Law boutique firm located in NYC. He serves as the Chair of the Legal Committee of the NYC Chapter of the Alzheimer's Association and as a Second Lieutenant/Judge Advocate in the New York Guard. He received his law degree from Emory University School of Law and is admitted to the bar in NY, NJ, Conn., and FL.

KATHERINE KANES is a financial advisor with Edward Jones and a CERTIFIED FINANCIAL PLANNER®. She has been working in financial services for over 30 years. Kathy runs a female focused practice and helps clients financially prepare for every stage of their life. She holds a Bachelor of Science in Finance and an MBA both from Fordham University. Kathy is a Herricks High School graduate and currently lives in Manhasset with her husband and two children.

LISA KIMOTO has been a continuing education teacher since 2008, most recently teaching Mah Jongg in neighboring districts and libraries. She has enjoyed teaching and sharing her knowledge of this strategic, fun, and social game for 20 years.

PATRICIA KORN has for the past 18 years taught knitting and crocheting in adult education programs. In 2005 while attending workshops at the Fashion Institute of Technology, she received a Certification by The Craft Yarn Council as a Teacher of Knitting. Pat enjoys designing and bringing people together by sharing her lifelong hobby.

REKHA MEHTA is an experience maker and designer of beaded jewelry who enjoys teaching her craft to the community.

BARBARA ROMEO is a certified step aerobics instructor, private trainer, and former instructor at Lucille Roberts. She has been teaching multiple exercise classes for Roslyn's Adult Education program for more than 30 years.

CARIN SANDERS is a graduate of Clark University, where she was in the Gerontology Certificate Program. She has a Masters in Special Education from Hunter College and numerous fitness certifications.

SHARPER TRAINING SOLUTIONS has been serving the Long Island and NYC areas since 2002. They provide hands-on computer training and technology classes to the community.

SAL ST. GEORGE is an Award-winning playwright, comedy writer, theatrical director, and Hollywood historian, Sal St. George captivates audiences with stories of America's greatest leaders, legends, and icons. Sal is a popular speaker on the subject of Classic American Comedy, 20th Century Pop Culture, and Motion Picture history. He is also an acclaimed Adjunct Professor at several colleges and universities.

JEFFREY R. SILVERMAN Jeffrey R. Silverman, JD CFP® is a Certified Financial Planner™ practitioner and attorney. His financial planning practice has offices in Syosset and Hauppauge.

Our Instructors continued

MIA TOJAL is a certified yoga instructor who has been practicing and teaching yoga for many years. She began her career in business where she utilized yoga as an integral part of managing stress and finding balance. She is a graduate of Adelphi University.

DANA TRAKHTENBERG is the founder of Journey Pilates, a Queens-based Pilates instructor teaching throughout communities in Queens and Long Island. Dana specializes in accessible, engaging movement for a wide range of ages and abilities, with a focus on strength, mobility, posture, balance, and stress relief. Her classes combine Pilates fundamentals with functional movement, thoughtful modifications, and a welcoming community-centered approach that helps participants feel both challenged and successful.

CHRISTOPHER TRIETSCH is the owner of C. Trietsch Martial Arts, Inc. and has been teaching martial arts since 2005. He earned his Bachelor of Science in Education and completed his student teaching in Roslyn and Herricks School Districts. His business provides quality martial arts programs to the community, serving Long Island and NYC.

NANDINI TRIVEDI is a 200-hour certified yoga teacher, certified in kids yoga, restorative yoga, chair yoga and silver sneakers. She has taught at: NYSC, UFC, LAFitness, Town of North Hempstead, Town of Hempstead, Commonpoint Queens, YMCA, YMHA, Great Neck Schools summer camp and more.

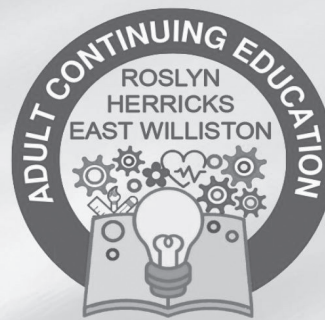
THE NARTAN RANG DANCE ACADEMY has been a staple in New York for over 30 years. Founded by choreographer Swati Vaishnav, the school has locations at Herricks/New Hyde Park and Hicksville located on Long Island, New York.

LISA WEINER is an advertising sales executive whose personal success as an Egoscue client inspired her to become a certified Postural Alignment Specialist. Her goal is to help others enhance their physical function and quality of life by eliminating pain. Lisa is excited to expand Egoscue to Long Island: she grew up in Roslyn and currently lives in Great Neck with her husband.

DR. JEREMY D. WEXLER is a composer, percussionist, and educator from New York, currently working as a Percussion Product Specialist for D'Addario & Co. Prior to completing his Ph.D. in Music Composition from UC Berkeley in 2023, he served as an artistic research fellow at the Krzysztof Penderecki Academy of Music in Krakow, Poland with funding from the Fulbright and Kosciuszko Foundation Research Fellowships where he studied electroacoustic composition.

NAELA ZEIDAN is a Mediterranean home chef based out of Long Island, New York. Her years feeding her family in New York while staying close to her culture has drawn the interest of many. She has been a part of the farmers market community since 2008. She also holds cooking classes to those who wish to create her food in their own homes, via zoom and public or community events.

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We are continuously looking for talented instructors with new ideas for our successful adult continuing education program.

For more information contact us at:

adulthood@roslynschools.org

TITLE IX & SECTION 504 OF THE REHABILITATION ACT

No person shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance, or be so treated on the basis of sex under most educational programs, or activities receiving federal assistance. For questions or issues concerning Title IX, contact the district's Title IX Coordinator, at 801-5020. Section 504 provides that: "No otherwise qualified individual with handicaps in the United States,...shall, solely by reason of her or his handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance..." For questions or concerns, contact Pupil Personnel Services, 801-5060.

EQUAL EMPLOYMENT OPPORTUNITY

The Board of Education, its officers and employees, will not discriminate against any employee or applicant for employment on the basis of race, color, national origin, creed or religion, marital status, sexual orientation, handicapping condition, gender or age.

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How to Register Online

Visit the Adult Education Web Store at:

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ONLINE REGISTRATION BEGINS TUESDAY, SEPTEMBER 8, 2026

ROSLYN, HERRICKS & EAST WILLISTON SCHOOL DISTRICT RESIDENTS PAY THE RESIDENT FEE FOR ALL COURSES

1. Click the **Adult Education** button located on the homepage.
2. Select a **category**, and then choose the **class** for which you want to register.
3. Select **Click Here to Register** to proceed with the registration process.
4. If this is the first time you are using Revtrak, select **Create and Account**. If you already have an account, select **Returning Customer**, login and skip to step 6. **(BE SURE THAT YOUR EMAIL ADDRESS IS UP-TO-DATE)**
5. **Answer all required questions** before continuing with registration.
6. Select the **exact person** you wish to register for the selected class.
NOTE: The selected participant MUST be the name of the person attending the class.
7. Select **Continue** if the person you are registering is yourself, OR, if you are registering someone else, select **A New Person** and fill out the requested information.
8. Select the **Continue to Shop OR Add to Shopping Cart** buttons at the bottom of the screen. *NOTE: Your class will be added to the cart if you press either button.*
9. Once you are in the **Checkout** screen, you can fill in your payment information and verify the billing address. (To continue to shop, click the "X" in the upper left corner of the window).
10. Click **Place Order**. Your payment will be processed and a receipt will also be emailed to the address in your account.

What happens after I register for a class?

When you sign up for a class online, via mail or fax, you will receive an email confirmation of your registration.

The Adult Education office will contact you if a class for which you registered will **not** be running, there's a change in schedule, or there's some unusual circumstance.

If you're in doubt about whether your registration was received, please call

516-801-5091

or email adulthood@roslynschools.org

American Express, Visa, MasterCard, Discover and eChecks accepted

REGISTRATION FORM

FORMS ARE AVAILABLE ON OUR WEBSITE: <https://www.roslynschools.org/community/adult-continuing-education>

ADULT CONTINUING EDUCATION



WAYS TO REGISTER

ONLINE: Please visit: <https://roslynschools.revtrak.net/>

MAIL: Roslyn Adult Education
P.O. Box 367, Roslyn, NY 11576

FAX: (516) 801-5095

Registrations are **NOT** accepted in-person or by phone.

PLEASE BE SURE REGISTRATION FORM IS COMPLETE

ONE FORM PER PERSON FOR EACH COURSE.

ONE CHECK FOR MULTIPLE REGISTRATIONS IS ACCEPTED

RESIDENTS OF THE ROSLYN, HERRICKS & EAST WILLISTON SCHOOL DISTRICTS PAY THE RESIDENT FEE
ASSUME YOU ARE ENROLLED IN A CLASS UNLESS OTHERWISE NOTIFIED

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone (home) _____ Phone (mobile) _____

Email _____

Course # _____ Course Title: _____

Date(s): _____ Time: _____ Location: _____
(specify VIRTUAL for classes online)

☐ Roslyn Resident ☐ Herricks Resident ☐ East Williston Resident ☐ Non-Resident ☐ Gold Card # _____

Course fee \$ _____ Payment method: ☐ check enclosed ☐ Visa ☐ Mastercard ☐ Discover ☐ Amex

* ONE CHECK CAN BE SUBMITTED FOR MULTIPLE CLASS REGISTRATIONS

Card # _____ *CVC # _____ Exp. date _____

Cardholder's name (print) _____ Signature _____

I acknowledge that I have read the policy on refunds and credits below. I also understand that, as an Adult Education student, instructors are prohibited from giving me personal advice, either in or outside of the classroom, and hereby waive any claim against the Board of Education, Roslyn Union Free School District, for loss or damage which I may incur if such prohibition is violated and I in any way rely on such personal advice.

REFUNDS & CREDITS

A written request for a refund or credit must be made one week before the first class. Trip refunds must be requested 30 days prior to departure date. For trip cancellations less than 30 days prior to departure, full or partial refunds are contingent upon the ability to sell the seat. There are no refunds on registration fees, books or supplies. There is no provision for a partial fee for taking one session or part of a course. Making up absences in another section of a course depends entirely on space availability in that section.

Classes are virtual or in-person. Please take note when registering.

Roslyn School District

FALL 2026

School Performances

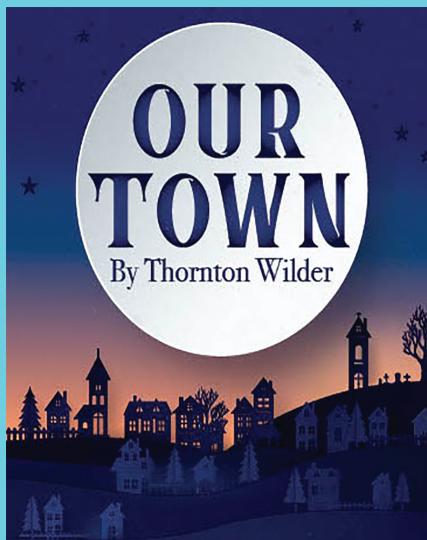
Please contact the school to purchase tickets.
THESE ARE NOT ADULT EDUCATION PROGRAMS.

ROYAL CROWN PLAYERS

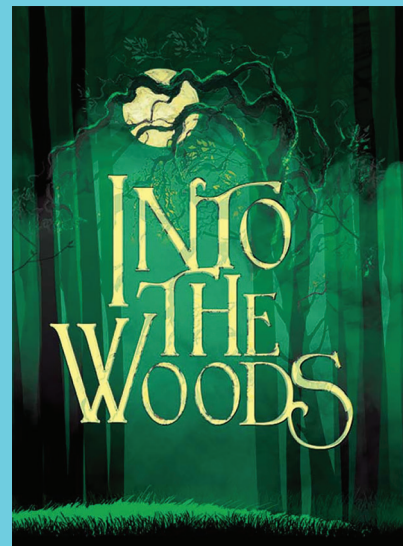
Performed by the Roslyn High School
Royal Crown Players

Roslyn High School:
475 Round Hill Rd., Roslyn Hts.

Call: 516-801-5100 for tickets



Thursday, November 19
Friday, November 20
Saturday, November 21



Thursday, March 18
Friday, March 19
Saturday, March 20

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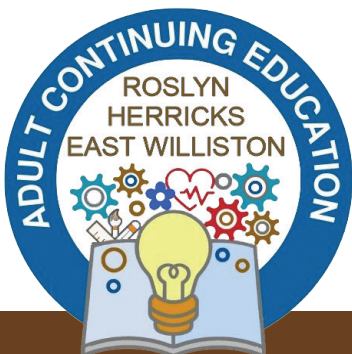
ADULT CONTINUING EDUCATION

ROSLYN • HERRICKS • EAST WILLISTON

FALL 2026

ONLINE REGISTRATION BEGINS SEPTEMBER 8, 2026

Most FALL courses begin the week of SEPTEMBER 28



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