



September 2026

High School/Middle School

MON

TUES

WED

THURS

FRI

Daily Breakfast Options:

Assorted Whole Grain Muffins

Made to Order Breakfast Sandwiches

Fruit Smoothies

Yogurt Parfaits w/Granola

Breakfast Includes:

Entree, Fresh Fruit, 100% Fruit Juice, 1% Unflavored Milk and Fat Free Chocolate Milk

		Homemade French Toast Crispy Sausage Links Fresh Fruit Cup 100% Orange Juice ²	Apple Strudel Fresh Banana 100% Apple Juice ³	Bagel Melt Fresh Melon Cup 100% Orange Juice ⁴
⁷ <u>Labor Day - SCHOOLS CLOSED</u>	⁸ Scrambled Eggs Whole Grain Biscuit Roasted Potatoes Apple Slices 100% Fruit Punch Juice	⁹ Homemade Waffles Crispy Potato Puffs Fresh Strawberries 100% Apple Juice	¹⁰ Sausage, Egg & Cheese Burrito Fresh Fruit Cup 100% Fruit Punch Juice	¹¹ Whole Grain Pancakes with Sausage Sliced Oranges 100% Apple Juice
¹⁴ Homemade Waffles Turkey Bacon Roasted Potatoes Fresh Strawberries 100% Orange Juice	¹⁵ Homemade French Toast Crispy Potato Puffs Fresh Banana 100% Fruit Punch	¹⁶ Homemade Waffles Scrambled Eggs with Cheese Fresh Fruit Cup 100% Apple Juice	¹⁷ Mini Cinnamon Pull Apart Roll Fresh Apples 100% Fruit Punch	¹⁸ Scrambled Eggs Crispy Potato Puffs Sliced Oranges 100% Appl Juice
²¹ <u>Yom Kippur - SCHOOLS CLOSED</u>	²² Homemade Waffles 100% Orange Juice Fresh Melon Cup	²³ Sausage, Egg and Cheese Burrito Fresh Fuit Cup 100% Fruit Punch	²⁴ Homemade French Toast Crispy Sausage Links Crispy Potato Puffs Fresh Strawberries 100% Apple Juice	²⁵ Fluffy Whole Grain Pancakes Fresh Apple 100 Fruit Punch
²⁸ Bacon, Egg and Cheese Wrap Fresh Banana 100% Fruit Punch	²⁹ Homemade Waffles Turkey Bacon Roasted Potatoes Fresh Fuit Cup 100% Apple Juice	³⁰ Bagel Melt Pineapple Chunks 100% Orange Juice		

Menus are subject to change.

Powering potential™



BREAKFAST

First Breakfast Free to Students



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September 2026

HIGH SCHOOL LUNCH MENU

September 2 - 4



Available Daily:
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing,
Margarine

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	MON	TUES	WED	THURS	FRI
GRILL			Italian Meatball Sub	Pepperoni & Cheese Stromboli	Chipotle Cheeseburger
ENTREE			Cheese Crunchers Mozzarella Cheese & Marinara Sauce inside Dinner Roll	Sweet & Sour Chicken Sauce %Toss Yellow Rice	Pasta & Meatballs in Marina Sauce
SANDWICH			Turkey BLT Sandwich	Vegetable Wrap Sandwich	Tuna Salad Sandwich
PIZZA	SCHOOL CLOSED		BBQ Chicken	Buffalo Roasted Cauliflower	Chicken Parm
FRUITS & VEGGIES	SCHOOL CLOSED		Sweet Potato Fries Caesar Salad Fresh Orange Fresh Fruit Cup	Roasted Broccoli Mixed Vegetables Fresh Peaches Fresh Fruit Cup	Sauteed Spinach Carrot Sticks Apple Slices Fresh Fruit Cup

Menus are subject to change.

AVAILABLE DAILY

- Assorted Pizza,
- Hamburger & Cheeseburger
- Grab & Go Sandwiches
- Deli & Salad Bar
- Parfaits & Made to Order Smoothies
- Nacho Bar
- Spicy & Regular Chicken Patty Sandwich

First Meal Free for Students

All Lunches Include:
Whole Grains, Meat/Meat
Alternative, Vegetables, Fresh
Fruit, 100% Fruit Juice and
1% White or Fat Free
Chocolate Milk
(no high fructose corn syrup)



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September 2026

HIGH SCHOOL LUNCH MENU

September 7th – 11th



Available Daily:
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing,
Margarine

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potential.

	MON	TUES	WED	THURS	FRI
GRILL	LABOR DAY SCHOOL CLOSED	Toasted Ham & Cheese Bagel Melt	Turkey Grilled Reuben Sandwich	Breaded Chicken Sandwich	Grilled Chicken Vegetable Wrap
ENTREE		BBQ Chicken Yellow Rice	Whole Grain Waffles with Sausage	Homemade Mac and Cheese	Classic Tex Mex Burrito
SANDWICH	LABOR DAY SCHOOL CLOSED	Ham, Caramelized Onion & Cheese Flatbread	Italian Sub Sandwich	Turkey, Ham and Bacon Club Sandwich	Sweet Chicken Teriyaki Sandwich
PIZZA		Sausage Pizza	Cheeseburger Pizza	Buffalo Chicken Pizza	Meatball Parm Pizza
FRUITS & VEGGIES	LABOR DAY SCHOOL CLOSED	Glazed Carrots Mixed Vegetables Fresh Peaches Fresh Fruit Cup	Oven Baked Fries Chickpea Salad Pineapple Chunks Fresh Banana	Roasted Broccoli Green Beans Fresh Green Grapes Fresh Melon Cup	Corn & Black Bean Salad Sofrito Pinto Beans Pineapple Chunks Fresh Fruit Cup

Menus are subject to change.

AVAILABLE DAILY

- Assorted Pizza
- Hamburger & Cheeseburger
- Grab & Go Sandwiches
- Deli & Salad Bar
- Parfaits & Made to Order Smoothies
- Nacho Bar
- Spicy & Regular Chicken Patty Sandwich

First Meal Free for Students

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Alternative, Vegetables, Fresh
Fruit, 100% Fruit Juice and
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Chocolate Milk
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September 2026

HIGH SCHOOL LUNCH MENU

September 14th – 18th



Available Daily:
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing,
Margarine

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	MON	TUES	WED	THURS	FRI
GRILL	Breaded Honey Mustard Chicken Melt	Philly Cheesesteak	Grilled Chicken with Avocado	Sausage Onions and Pepper Melt	Cuban Sandwich with Pork and Ham
ENTREE	Crispy Chicken Drumstick Buttermilk Biscuits	Seared Dumplings Vegetable Fried Rice	Cheesy Stuffed Bread Sticks	Crispy Tacos Seasoned Rice	Herb Roasted Chicken Mashed Potatoes Whole Grain Dinner Roll
SANDWICH	Egg Salad Sandwich	Asian Chicken Wrap	Turkey, Mushroom & Swiss Flatbread	Vegetable Hummus Wrap	Chicken Parmesan Flatbread
PIZZA	Vegetable Pesto Pizza	Meat Lover with Pork Sausage & Pepperoni Pizza	Chicken Bacon Ranch Pizza	White Pizza	Vegetable with Peppers and Mushrooms Pizza
FRUITS & VEGGIES	Sweet Potato Fries Chickpea Salad Mango Cup	Mixed Vegetables Steamed Carrots Sliced Oranges Fresh Fruit Cup	Roasted Potatoes Chickpea Salad Pineapple Chunks	Fiesta Corn Confetti Black Beans Salad Mango Cup	Cherry Tomato Salad Fresh Pear Fresh Fruit Cup

Menus are subject to change.

AVAILABLE DAILY

- Assorted Pizza
- Hamburger & Cheeseburger
- Grab & Go Sandwiches
- Deli & Salad Bar
- Parfaits & Made to Order Smoothies
- Nacho Bar
- Spicy & Regular Chicken Patty Sandwich

First Meal Free for Students

All Lunches Include:
Whole Grains, Meat/Meat
Alternative, Vegetables, Fresh
Fruit, 100% Fruit Juice and
1% or Fat Free Milk White or
Chocolate
(no high fructose corn syrup)



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September 2026

HIGH SCHOOL LUNCH MENU

September 21st – 25th



Available Daily:
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing,
Margarine

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GRILL

ENTREE

SANDWICH

PIZZA

FRUITS &
VEGGIES

	MON	TUES	WED	THURS	FRI
GRILL	YOM KIPPUR SCHOOL CLOSED	Two Cheese Grilled Cheese Meltdown	Grilled Cheese Cheeseburger	Meatball Melt	Turkey, Bacon and Cheese Wrap
ENTREE		Homemade Pasta & Meatballs in Marinara Sauce	Chicken Fajita Wrap	Nacho Grande Seasoned Rice	Chicken and Waffles
SANDWICH	YOM KIPPUR SCHOOL CLOSED	Grilled Chicken Salad Wrap	Sweet & Sour Chicken Wrap	Grilled Vegetable & Mozzarella Cheese	Tuna Salad Sandwich
PIZZA		Breaded Chicken & Pepperoni Pizza	Spicy Chicken Sausage Pizza	BBQ Chicken	Greek Pizza with Onions, Tomato and Black Olives
FRUITS & VEGGIES	YOM KIPPUR SCHOOL CLOSED	Sauteed Zucchini Sauteed Spinach Pineapple Chunks Fresh Fruit Cup	Sauteed onions & Pepper Spinach Salad Plums Fresh Delicious Apple	Seasoned Pinto Beans Sweet Corn Mango Cup	Cinnamon & Honey Roasted Beans Strawberries Fresh Fruit Cup

Menus are subject to change.

AVAILABLE DAILY

- Assorted Pizza
- Hamburger & Cheeseburger
- Grab & Go Sandwiches
- Deli & Salad Bar
- Parfaits & Made to Order Smoothies
- Nacho Bar
- Spicy & Regular Chicken Patty Sandwich

First Meal Free for Students

All Lunches Include:
Whole Grains, Meat/Meat
Alternative, Vegetables, Fresh
Fruit, 100% Fruit Juice and 1%
White or Fat Free Chocolate
Milk
(no high fructose corn syrup)



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September 2026

HIGH SCHOOL LUNCH MENU

September 28th – October 2nd



Available Daily:
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing,
Margarine

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GRILL

ENTREE

SANDWICH

PIZZA

FRUITS &
VEGGIES

MON

Grilled Chicken
Melt

Homemade Mac &
Cheese

Turkey BLT
Sandwich

Chicken Parm
Pizza

Green Beans
Cherry Tomatoes
Sliced Oranges
Fresh Fruit Cup

TUES

Philly
Cheesesteak

Nashville Hot
Kicking Chicken
Sandwich

Ham, Caramelized
Onion & Cheese
Flatbread

Buffalo Roasted
Cauliflower Pizza

Oven Baked Fries
Carrot Sticks
Fresh Banan
Watermelon Slices

WED

Tuscan Grilled
Flatbread with Pesto,
Mozzarella, Roasted
Peppers & Tomato

Country Popcorn
Chicken Potato Bowl
Warm Biscuit

Italian Sub
Sandwich

Sausage Pizza

Roasted Corn
Garbanzo Bean Salad
Fresh Melon Chunks

THURS

Chipotle
Cheeseburger

Homemade
French Toast Bar
Sausage Links

Sweet Chicken
Teriyaki Sandwich

Sauteed Onions &
Peppers Pizza

Tater Tots
Sweet Corn
Fresh Fruit Salad

FRI

Toasted Ham &
Cheese Bagel
Melt

Russet Baked Potato
Bar
Chili, Sour Cream &
Toppings

Chicken Parm
Flatbread

Vegetable Pesto
Pizza

Roasted Cauliflower
Sauteed Pinto
Beans
Apple Slices

Menus are subject to change.

Available Daily

- Assorted Pizzas
- Hamburger & Cheeseburger
- Grab and go Sandwiches
- Deli & Salad Bar
- Parfaits & Made to Order Smoothies
- Nacho Bar
- Spicy & Regular Chicken Patty Sandwich

First Meal Free for Students

All Lunches Include
Whole Grains, Meat/Meat
Alternative, Vegetables, Fresh
Fruit, 100 Fruit Juice and 1%
White or Fat Free Chocolate
Milk
(no high fructose corn syrup)



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