

PARENT INFORMATION

Understanding Type 1 & Type 2 Diabetes



To support the health and well-being of all students, schools are required to provide families with information about **Type 1 and Type 2 diabetes** at the beginning of each school year.



1 WHAT ARE TYPE 1 AND TYPE 2 DIABETES?

TYPE 1 DIABETES



- An autoimmune disease in which the body stops producing insulin.
- Cannot be prevented and requires lifelong insulin therapy.

TYPE 2 DIABETES



- Occurs when the body does not use insulin effectively or does not produce enough insulin.
- Often develops gradually and may be influenced by genetics, lifestyle, and other health factors.

2 RISK FACTORS & WARNING SIGNS

Parents and guardians should be aware of common warning signs that may indicate diabetes.



Increased thirst



Frequent urination



Increased hunger



Unexplained weight loss



Fatigue or weakness



Blurred vision



Slow-healing cuts or sores



Frequent infections

3 WHAT SHOULD YOU DO?



If your child is displaying warning signs associated with diabetes, **consult your child's primary care provider** to determine whether immediate diabetes screening is appropriate.

4 DIABETES SCREENING AND STAGES



A healthcare provider may recommend screening through blood tests to measure blood glucose levels.

Early detection is important because diabetes can progress through different stages before symptoms become severe.

Timely diagnosis and treatment can help prevent serious health complications.

5 IF YOUR CHILD IS DIAGNOSED WITH DIABETES



If your child receives a diabetes diagnosis, **work with your child's primary care provider** to develop an appropriate treatment and management plan that supports your child's health and success at school.

6 SCHOOL SUPPORT FOR STUDENTS WITH DIABETES



North Carolina public schools are required to assist students with diabetes in accordance with guidelines adopted by the State Board of Education pursuant to **G.S. 115C-12(31)**.

Schools work with families and healthcare providers to help ensure students with diabetes can safely participate in school activities.



EARLY RECOGNITION AND TREATMENT OF DIABETES CAN MAKE A SIGNIFICANT DIFFERENCE IN YOUR CHILD'S HEALTH.

If you have concerns about your child's symptoms, please contact your healthcare provider promptly.

Thank you!



Together, we can keep our students healthy, safe, and ready to learn!



HEALTHY STUDENTS. STRONG SCHOOLS. BRIGHT FUTURES.

