



Smyrna High School Wellness Center
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Dear Students and Parents,

Summer is ending and we are gearing up for a new school year. The staff at the Bayhealth Wellness Center at Smyrna High School hopes that you have had a safe and enjoyable summer. We look forward to serving the students of our community in the future.

Bayhealth's Wellness Centers provide Delaware's teenagers with health services in cooperation with each teen's family physician. The center provides medical services, mental health counseling, nutritional counseling, and health education for its members. The goal of the Wellness Center is to promote healthy lifestyles, increase school attendance, and improve the student's ability to concentrate. All students in grades 9-12 are eligible to access Wellness Center services. Parents can request appointments for urgent care needs for their child by calling for an appointment if their child is ill during the school year.

To participate in the Wellness Center, please complete the parental consent and teen health history form. The forms can be returned via fax/e-mail. Forms are available on the Smyrna High School website under the Wellness Center tab (found under the Academics & Programs tab). Paper copies are available at the High School Main office, Guidance office, and in the Wellness Center.

The Division of Public Health has mandated that Wellness Centers submit claims to insurance companies. Parents and students, however, **will not** be expected to pay for traditional copays or be billed for any services rendered at the Wellness Center. No one is denied services based on insurance or ability to pay. Insurance information is, however, required at the time of registration.

The mission of Smyrna School High School is devoted to providing a safe and student-centered school family by creating opportunities for all students to be champions within the classroom, campus, and community by making connections and building dreams. The Wellness Center seeks to provide compassionate health care to help further this mission.

The Wellness Center at Smyrna High School will be open on some Tuesdays throughout the summer and August 4th and August 10th- 13th for sports and/or new student physicals. Our Nurse Practitioner and Mental Health Provider are here for you. You can reach the Wellness Center by calling 302-653-2399; messages are checked weekly and returned. You can also email us at wellness@smyrna.k12.de.us to set up an appointment. We look forward to serving you.

Sincerely, The Wellness Center Staff