

MENU

SEPT
EM
BER

ALL STUDENTS RECEIVE ONE FREE LUNCH DAILY

Menu subject to change without notice.

	Hot Ham & Cheese Sandwich Oven Roasted Ranch Potato Wedges Fresh Veggie Cup Chilled Fruit Cup Assorted 100% Fruit Juice	01	Homemade Assorted Stromboli Steamy Corn Baby Carrots w/LF Dip Fresh Veggie Cup Apple Slices Pretzels	02	Walking Taco w/Salsa and Cheese (or Soft Taco) Shredded Lettuce and Tomato Fiesta Beans w/ Roasted Corn Chilled Fruit Cup Assorted 100% Juice Churro	03	School is Closed	04	
Holiday School is Closed	07	Chicken Tenders/Breadstick Oven Roasted French Fries Fresh Veggie Cup Chilled Fruit Cup Assorted 100% Fruit Juice	08	Grilled Cheese Sandwich Tomato Soup Black Bean Salad Chilled Fruit Cup Goldfish Crackers	09	Chicken Bites with Gravy, Cheese and WG Dinner Roll Mashed Potatoes Buttery Corn Chilled Fruit Cup Oatmeal Cookie	10	Cheesy Pizza Slice Steamed Broccoli Fresh Veggie Cup Chilled Fruit Cup Assorted 100% Fruit Juice	11
Stuffed Cheese Sticks Marinara Sauce Green Garden Salad w/LF Dressing Fresh Veggie Cup Chilled Fruit Cup Goldfish Crackers	14	Mac & Cheese WG Garlic Breadstick Stewed Tomatoes Edamame Chilled Fruit Cup Assorted 100% Fruit Juice	15	Meatball Sub on WW Roll w/ Cheese Herb Seasoned Potato Wedges Baked Beans Baby Carrots w/LF Dip Chilled Fruit Cup Sidekicks	16	Chicken Nuggets w/ Dinner Roll Steamy Rice Buttery Corn Chilled Fruit Cup Assorted 100% Fruit Juice	17	Cheesy Pizza BBQ Baked Beans Fresh Veggie Cup Apple Slices Cheez It Crackers	18
Mountaineer Cheese Steak Sandwich Sauteed Onions & Peppers Carrot Sticks w/ LF Dip Garden Side Salad w/ LF Dressing Chilled Fruit Cup 1/2 oz Potato Chips	21	Hamburger/Cheeseburger on WW Bun Assorted Toppings- Lettuce, Tomato, Pickles Oven Roasted Tater Tots Black Bean Salad Chilled Fruit Cup/ Sidekicks	22	Twisty Chicken Alfredo or Pasta with Meat Sauce Fresh Baked Breadstick Steamed Broccoli Fresh Veggie Cup Chilled Fruit Cup Oatmeal Cookie	23	Cycle Menu Flex Day Chef's Choice will be posted in the cafeteria Harvest of the Month	24	Cheesy Pizza Slice Baby Carrot Sticks w/LF Dip Garden Side Salad w/LF Dressing Apple Slices Assorted 100 % Fruit Juice Cheez It Crackers	25
Breaded Chicken Patty on WW Bun (optional Hot Honey Sauce) French Fries Petite Peas Garden Salad w/LF Dressing Chilled Fruit Cup	28	Hot Ham & Cheese Sandwich Oven Roasted Ranch Potato Wedges Fresh Veggie Cup Chilled Fruit Cup Assorted 100% Fruit Juice	29	Homemade Assorted Stromboli Steamy Corn Baby Carrots w/LF Dip Fresh Veggie Cup Apple Slices Pretzels	30				

LF White Milk and Skim Chocolate Milk
Served Daily

Ala Carte items available for purchase.
Student must have funds available in their lunch accounts or cash to purchase items.

