

ROYAL OAKS ELEMENTARY SCHOOL

Mrs. Perez
Elementary School Counselor



COUNSELING SERVICES:

- Classroom lessons teaching SEL competencies.
- Peer to peer mediation.
- Small group counseling.
- Short term, solution focused individual counseling.
- Consultation with parents/guardians, teachers, and staff.
- Support Staff Referrals.
- School-Wide programming (Attendance Improvement, School Counseling Week, College & Career Fair)

WHAT DOES A SCHOOL COUNSELOR DO?
I work with ALL students to ensure a positive school climate. I facilitate restorative peer to peer conflicts and help students work through their problems to find solutions. I collaborate with teachers, staff, and parents to help students thrive socially, emotionally, & academically



CONTACT ME

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Confidentiality and your family's privacy are important to me. What you or your child discuss with a counselor is private except in cases required by law (when abuse or neglect are suspected).



A LITTLE BIT ABOUT me...

This is my first year at Royal Oaks Elementary. Go Bears!

This is my 8th year as a School Counselor. I have a Master's and PPS Credential in School Counseling.

When I am not busy with all things school counseling, I enjoy traveling, trying new food (especially chicken wings and ramen), and spending time with my family.

WILL I ALWAYS BE NOTIFIED WHEN MY CHILD SEES THE SCHOOL COUNSELOR ?

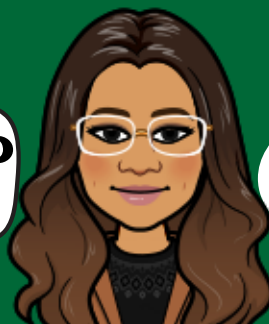
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Since the school counselor is here for all students, your child may pop in to chat about a small problem or for help with peer-related issues.

However, you will be always be notified if a) safety concern b) your child is receiving counseling consistently c) the problem is of significant concern

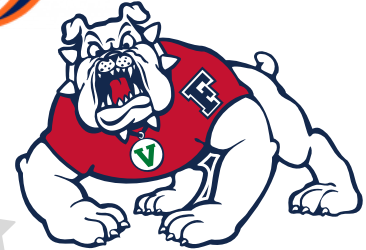
HOW DOES A STUDENT SEE THE SCHOOL COUNSELOR?

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- Available to ALL students
 - Self referral, teacher/staff referral or a parent referral

Mrs. P



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HOW DO STUDENTS BENEFIT FROM THE SCHOOL COUNSELING PROGRAM?



- Children learn best when they feel good about themselves and their relationships with others.
- Children who understand their feelings are able to manage their behaviors and emotions better.
- We know stress can affect focus and learning, but it's impact can be reduced with self-regulation strategies.
- Attitudes formed during elementary school shape future attitudes towards learning, self, and society.