

Avalon Menu

August 2026

Farm to School



ITEMS OF THE MONTH:
PEACHES

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



New Item

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.



MON



BREAKFAST

25

Chocolate Muffin
Blueberry Waffle

LUNCH

Boneless Wings w/Biscuit
Grilled Cheese Sandwich

BREAKFAST

31

Pizza Bagel
Cinnamon Waffle

LUNCH

Orange Chicken w/Rice
BBQ Turkey Sliders

TUE

BREAKFAST

Chocolate Muffin
Blueberry Waffle

LUNCH

Boneless Wings w/Biscuit
Grilled Cheese Sandwich

BREAKFAST:

- Fruit
- Whole Grain Cereals
- Yogurt with Granola
- String Cheese
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

WED

BREAKFAST

26

House-Baked Cinnamon Roll
Pizza Stick

LUNCH

Pancakes & Sausage
Chicken Tamale
Farm to School Peaches

OFFERED DAILY

LUNCH:

- Yogurt with Granola
- Low-Fat White Milk
- Nonfat Chocolate Milk
- Fruits & Vegetables
- Grades 6-12 only:
- 100% Fruit Juice
- Pizza
- Spicy Chicken Sandwich
- Sandwiches

THU

BREAKFAST

27

Bagel with Cream Cheese
Breakfast Bar

LUNCH

Mini Corn Dogs
Chicken Sandwich

FRI

BREAKFAST

28

House-Baked Cinnamon Roll
Bacon, Egg, & Cheese
Biscuit Sandwich

LUNCH

Chicken & Cheese Taquitos
w/Guacamole
Protein Snack Box

MEALS ARE
FREE
FOR ALL STUDENTS

