

Argyle ISD SHAC Meeting Agenda

10-01-26

1. Welcome, Review

- Introductions
- Review of last year's efforts – Board Summary Report
- SHAC supports the district in the 6 Core Focus Areas. For 2026-2027 School year we are focusing on the first 3 areas in bold:
 - Mental, emotional, and social health**
 - Nutrition services and food environment**
 - School health environment, safety, and wellness**
 - Health education curriculum
 - Physical activity and physical education
 - Student, family, and staff well-being

2. Wellness Policy – Dr Jordan

3. Employee Health Clinic Update – Dr Jordan

4. Stock Albuterol

5. Focus Area #1: Mental, emotional, and social health

Goal: Strengthen everyday mental wellness, school culture

Discussion: monthly theme with 1 page handout, morning announcements, other ideas

6. Focus Area #2: Nutrition services and food environment

Goal: Improve student understanding of basic nutrition

Discussion: - section in Argyle ISD newsletter, 2 lessons- on slides or recorded video – in science or PE class, cafeteria signage, other ideas

7. Focus Area #3: School health environment, safety, and wellness

Goal: Reduce illness spread + improve school health practices

Discussion: “When to stay home” campaign, other ideas

8. Prioritization, Next Steps and Future date/time for meetings

9. Conclusion